

Administered by Discovery Health

# **Remedi 2022 Approved Rules**

# **REMEDI MEDICAL AID SCHEME**

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# REMEDI MEDICAL AID SCHEME RULES

# 1. NAME

The name of the Scheme is Remedi Medical Aid Scheme, hereinafter referred to as the "Scheme". The above-mentioned name may be abbreviated to REMEDI.

### 2. LEGAL PERSONA

The Scheme, in its own name, is a body corporate, capable of suing and of being sued and of doing or causing to be done all such things as may be necessary for or incidental to the exercise of its powers or the performance of its functions in terms of the Medical Schemes Act and regulations and these rules.

#### 3. REGISTERED OFFICE

The registered office of the Scheme is situated at, 1 Discovery Place, Sandhurst, Sandton, 2196, but the Board may transfer such office to any other location in the Republic of South Africa, should circumstances so dictate.

#### 4. **DEFINITIONS**

In these rules, a word or expression defined in the Medical Schemes Act (Act 131 of 1998) bears the meaning thus assigned to it and, unless inconsistent with the context

- (a) A word or expression in the masculine gender includes the feminine;
- (b) A word in the singular number includes the plural, and *vice versa*; and
- (c) The following expressions have the following meanings:
- 4.1. **"Act"**, the Medical Schemes Act (Act No 131 of 1998), as amended and the regulations framed there-under.
- 4.2. **"Approval"**, prior written approval of the Board or its authorised representative, or as provided for in terms of these rules.



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- 4.3. "Auditor", an auditor registered in terms of the Public Accountants' and Auditors' Act, 1991, (Act No. 80 of 1991).
- 4.4. "Beneficiary", each individual Member and Dependant.
- 4.5. "Board", the Board of Trustees constituted to manage the Scheme in terms of the Act and these rules.
- 4.6. "Capitation agreement", means an arrangement entered into between the Scheme and a person whereby the Scheme pays to such person a prenegotiated fixed fee in return for the delivery or arrangement for the delivery of specified benefits to some or all of the Members of the Scheme.
- 4.7. "CDA", Chronic Drug Amount (monthly reference price) for a medicine class reimbursed from the chronic illness benefit. It only applies to non-formulary listed medication and allows for the reimbursement of non-formulary listed medicines to the equivalent level of the formulary listed medicines in the same drug class.
- 4.8. "CDL", the Chronic Disease List of Prescribed Minimum Benefit (PMB) chronic conditions
- "Child", a Member's natural Child, or a stepchild or legally adopted Child, or a 4.9. Child in the process of being legally adopted, or a Child in the process of being placed in foster care, or a Child for whom the Member has a duty of support, or a Child who has been placed in the custody of the Member, or his spouse, or partner and who is not a beneficiary of any other medical scheme.
- 4.10. "Condition-specific waiting period", a period during which a beneficiary is not entitled to claim benefits in respect of a condition for which medical advice, diagnosis, care or treatment was recommended or received within the twelvemonth period ending on the date on which an application for Membership was made.
- "Continuation Member", a Member who retains his Membership of the 4.11. Scheme in terms of rule 6.2 or a Dependant who becomes a Member of the Scheme in terms of rule 6.3.



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- 4.12. **"Contracted Fee"**, the fee determined in terms of an agreement between the Scheme and a service provider or group of providers in respect of payment of relevant health services.
- 4.13. **"Contribution"**, in relation to a Member, the amount, exclusive of interest, paid by or in respect of the Member and his registered Dependants if any, as Membership fees and shall include contributions to personal medical savings accounts.
- 4.14. "Council", the Council for Medical Schemes as contemplated in the Act.
- 4.15. **"Cost"**, in relation to a benefit, the net amount payable in respect of a relevant health service.
- 4.16 "Creditable coverage", means any period in which a Late Joiner was -
  - 4.16.1 A Member or a Dependant of a medical scheme;
  - 4.16.2 A Member or a Dependant of an entity doing the business of a medical scheme which, at the time of his or her Membership of such entity, was exempt from the provisions of the Act;
  - 4.16.3 A uniformed Employee of the South African National Defence Force;
  - 4.16.4 Or a Dependant of such Employee, who received medical benefits from the South African National Defence force;
  - 4.16.5 Or a Member or a Dependant of the Permanent Force Continuation Fund;

But excluding any period of coverage as a Dependant under the age of 21 years;

### 4.17 "Dependant",

- 4.17.1 A Member's spouse or partner who is not a Member or a registered Dependant of a Member of a medical scheme;
- 4.17.2 A Member's Dependent Child.
- 4.17.3 The immediate family of a Member in respect of whom the Member is liable for family care and support.

Any person who is recognised by the Board as a Dependant for purposes of these Rules.



- 4.18 **"Dependent"**, in relation to a Child, a Child who, due to a mental or physical disability, is Dependent upon the Member; or a Child who is not older than 26 years, who is a student at a recognized tertiary institution, who is Dependent upon the Member.
- 4.19 **"Designated service provider"**, a health care provider or group of providers selected by the Scheme as the preferred provider or providers to provide to the Members diagnosis, treatment and care in respect of one or more prescribed minimum benefit conditions.
- 4.20 **"Direct payment arrangements" (DPAs),** are specialist network arrangements whereby specialist providers contracted to and through Discovery Health agree to charge at or below the Remedi Rate for consultations and procedures.
- 4.21 **"Domicilium citandi et executandi"**, the Members chosen physical address at which notices in terms of Rules 11 and 13, as well as legal process or any action arising wherefrom may be validly delivered and served.
- 4.22 **"Emergency medical condition"**, the sudden and, at the time, unexpected onset of a health condition that requires immediate medical or surgical treatment, where failure to provide medical or surgical treatment would result in serious impairment to bodily functions or serious dysfunction of a bodily organ or part, or would place the person's life in serious jeopardy.
- 4.23 **"Employee"**, a person in the employment of an Employer.
- 4.24 **"Employer"**, Remgro Limited and any of its associated or subsidiary companies <u>nominated by it and any</u> former associated or subsidiary companies, <u>permitted by Remgro Limited to belong to the Scheme.</u>
- 4.25 **"Evidence-based medicine",** the conscientious, explicit and judicious use of current best evidence in making decisions about the care of Beneficiaries whereby individual clinical experience is integrated with the best available external clinical evidence from systematic research.



- 4.26 **"General Practitioner (GP) Network"**, the network of General Practitioners contracted to and through Discovery Health to provide relevant health care services to Remedi Members at the Remedi Rate.
- 4.27 **"General waiting period",** a period in which a beneficiary is not entitled to claim any benefits.
- 4.28 "Income", for the purposes of calculating contributions in respect of
  - 4.28.1 A Member who is an Employee;
     The remuneration of the Employee as determined by the Employer of such person and in terms of which contributions to the Scheme are made;
  - 4.28.2 A continuation Member;
    The income category at the time of retirement, less two income categories, as defined in the schedules to Annexure A, being Annexure A1, A2 and A3, provided that if such a Member is either on the lowest or the second lowest income category at retirement then the lowest income category shall apply;
  - 4.28.3 Where both the Member and the Member's spouse or partner are in the service of the Employer, the higher of Member's or spouse's or partner's remuneration;
  - 4.29 **"Late Joiner"**, an applicant or the adult Dependant of an applicant who, at the date of application for Membership or admission as a Dependant, as the case may be, is 35 years of age or older, but excludes any beneficiary who enjoyed coverage with one or more medical scheme as from a date preceding 1 April 2001, without a break in coverage exceeding three consecutive months since 1 April 2001.
  - 4.30 **"Managed health care",** clinical and financial risk assessment and management of health care, with a view to facilitating appropriateness and cost effectiveness of relevant health services within the constraints of what is affordable, through the use of rules-based and clinical management-based programmes.



- 4.31 **"Managed health care organisations",** a person who has contracted with the Scheme in terms of regulation 15A to provide a managed health care service.
- 4.32 **"Medical Advisory Committee",** the committee appointed by the Board to advise the Board of Trustees on Clinical matters.
- 4.33 **"Member"**, any person who is admitted as a Member of the Scheme in terms of these rules.
- 4.34 "Member family", the Member and all his registered Dependants.
- 4.35 **"Minimum benefits"**, the benefits in respect of relevant health services as prescribed by the Minister in terms of section 67(1) (g) of the Act.
- 4.36 **"Partner",** a person with whom the Member has a committed and serious relationship akin to a marriage based on objective criteria of mutual dependency and a shared and common household, irrespective of the gender of either party.
- 4.37 "Pre-existing sickness condition", a sickness condition for which medical advice, diagnosis, care or treatment was recommended or received within the twelve-month period ending on the date on which an application for Membership was made;
- 4.38 **"Preferred Provider"**, a health care provider or group of providers selected by the Scheme to provide diagnosis, treatment and care in respect of PMB or non-PMB conditions, because of preferential rates and / or other healthcare related services and benefits offered and provided to the Scheme. For chronic medicine a preferred provider is any pharmacy charging not more than the Single Exit Price for medicines, "SEP", and the dispensing fee equal to that charged by the DSPs.
- 4.39 "Prescribed minimum benefits", the benefits contemplated in section 29(1)(o) of the Act, and consist of the provision of the diagnosis, treatment and care costs of -
  - (a) The Diagnosis and Treatment Pairs listed in Annexure A of the Regulations, subject to any limitations specified therein; and
     (b) Any emergency medical condition.





- 4.40 **"Prescribed minimum benefit condition"**, a condition contemplated in the Diagnosis and Treatment Pairs listed in Annexure A of the Regulations or any emergency medical condition.
- 4.41 **"Protocol",** a set of guidelines in relation to the optimal sequence of diagnostic testing and treatments for specific conditions and includes, but is not limited to, clinical practice guidelines, standard treatment guidelines, disease management guidelines, treatment algorithms and clinical pathways.
- 4.42 **"Registrar**", the Registrar or Deputy Registrar/s of Medical Schemes appointed in terms of section 18 of the Act.
- 4.43 **"Remedi Rate",** the tariff fee / rate for the payment of relevant health services equal to the Discovery Health Rate / DH rate, as prescribed in the Guide to the Discovery Health Rate, or, the fee / rate as determined by Board of Trustees in terms of any agreement between Remedi and any service provider or group of service providers.
- 4.44 "**Remgro Limited**", refers to an incorporated business organisation registered under the present or the previous Companies Act, 2013 with registration number 1968/006415/06 or its predecessor or successor in title.
- 4.45 "**Retiree**", a Member who retires as an Employee (in terms of the rules of the applicable pension or provident fund, or, if the employee is not a member of a pension or provident fund, in terms of any written contract of service with the Employer) or withdraws, as the case may be, from the service of the Employer on or after normal retirement date, or on such earlier date prior to the Member's normal retirement date, as may be agreed between the Employer and the Employee.
- 4.46 **"Rules-based and clinical management-based programmes", a** set of formal techniques designed to monitor the use of, and evaluate the clinical necessity, appropriateness, efficacy of, health care services, procedures or settings, on basis of which appropriate managed health care interventions are made.
- 4.47 **"Spouse"**, the spouse of a Member to whom the Member is married in terms of any law or custom.

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REGISTRAR OF MEDICAL SCHEMES

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# 5. OBJECTS

The objects of the Scheme are to undertake liability, in respect of its Members and their Dependants, in return for a contribution —

- (a) To make provision for the obtaining of any relevant health service;
- (b) To grant assistance in defraying expenditure incurred in connection with the rendering of any relevant health service; and/ or
- (c) To render a relevant health service, either by the Scheme itself, or by any supplier or group of suppliers of a relevant health service or by any person in association with, or in terms of an agreement with, the Scheme.

# 6. MEMBERSHIP

# 6.1 Eligibility

- 6.1.1 Subject to rule 8, Membership of the Scheme is restricted to:
- 6.1.1.1 Employees or former employees of an Employer, irrespective of whether membership to the Scheme is voluntary or compulsory, depending on the Employee's conditions of employment provided that his/her Employer has contracted with the Scheme which contract shall regulate the terms of admission of its employees as Members of the Scheme including but not limited to the condition that all employees (present and prospective) and continuation Members or Retirees of the Employer may not belong to any other Scheme unless the Scheme in writing consents otherwise.
- 6.1.2 Loss of Eligibility
- 6.1.2.1 <u>Subject to 6.1.2.2, the eligibility of a person (employee / retiree) to join</u> or continue to belong to the Scheme shall be deemed to have been <u>lost if –</u>
  - 6.1.2.1.1 his/her Employer has terminated its contract as contemplated in Rule 6.1.1.1 with the Scheme provided that such termination shall only take effect if no less than 3 months written notice of such termination is given to the Scheme; or



- 6.1.2.1.2 Remgro Limited has in writing notified the Employer and the Scheme that it no longer permits the Employer to belong to the Scheme solely by virtue of the Employer no longer being part of Remgro Limited provided that the consequential termination of the contract as contemplated in Rule 6.1.1.1 shall only take effect if no less than 3 months written notice of such termination is given to the Scheme.
- 6.1.2.2 In the event that the notice as contemplated in Rule 6.1.2.1 has been provided, all existing Members who have lost eligibility, shall be required to terminate their membership to the Scheme before the commencement of the next calendar year or expiry of a 3 months' period after the cancellation of the contract coming into effect whichever is the later, failing which their membership shall be deemed to have lapsed on such date.
- 6.1.3 A Member in the service of the Employer who on secondment by the Employer is employed and resides together with his Dependants outside the Republic of South Africa, who elects upon written notice to the Scheme, given within thirty (30) days of such secondment, to continue with his Membership and that of his Dependants of the Scheme for relevant health care services to be provided to the Member and/or the Member's Dependants only in the Republic of South Africa, during such period of absence outside of the Republic of South Africa.
- 6.1.4 The Dependants of a Member who is employed and resides outside the Republic of South Africa, on secondment by the Employer, who remain in the Republic of South Africa. The Member must elect upon written notice for such Dependants to continue their Membership of the Scheme within thirty (30) days of the commencement of such secondment.
- 6.1.5 An Employee who proceeds, with permission of his Employer, to work for such Employer outside the Republic of South Africa and does not elect to continue with his Membership and/or that of his Dependants during such period of absence, shall on application, upon his return be entitled, along with his Dependants, to re-instated Membership without



the imposition of a waiting period or restrictions on account of health status, regardless of the age of the Member.

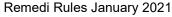
6.1.6 Where an Employer promotes an Employee to a status where Scheme Membership becomes a condition of employment, such an Employee and his/her Dependants are entitled to Scheme Membership without the imposition of a waiting period or restrictions on account of health status
s.co.za or age. Late Joiner Penalties will also not be applicable.

#### 6.2 Retirees/Continuation Members

- 6.2.1 A Member shall retain his Membership of the Scheme with his registered Dependants, if any, as a retiree / continuation Member, as the case may be, in the event of his
  - 6.2.1.1 Retiring from the service of his Employer;
  - 6.2.1.2 His employment being terminated by his Employer on account of age, ill-health or other disability.
- 6.2.2 The Scheme shall inform the Member of his right to continue his Membership and of the contribution payable from the date of retirement or termination of his employment. Unless such Member informs the Scheme in writing of his desire to terminate his Membership, he shall continue to be a Member.

#### 6.3 **Dependants of deceased members**

- 6.3.1 The Dependants of a deceased Member, who are registered with the Scheme as his Dependants at the time of such Member's death, shall be entitled to Membership of the Scheme without any new restrictions, limitations or waiting periods.
- 6.3.2 The Scheme shall inform the Dependant of his right to Membership and of the contributions payable in respect thereof. Unless such person informs the Scheme in writing of his intention not to become a Member, he shall be admitted as a Member of the Scheme.





- 6.3.3 Such a Member's Membership terminates if he becomes a Member or a Dependant of a Member of another medical scheme.
- 6.3.4 Where Child Dependants have been orphaned, the youngest Child may be deemed to be the Member, and any siblings, his Dependants.

# 7. REGISTRATION AND DE-REGISTRATION OF DEPENDANTS

## 7.1 **Registration of Dependants**

- 7.1.1 A prospective Member may apply for the registration of his Dependants at the time that he applies for Membership in terms of Rule 8.
- 7.1.2 If a Member applies to register a new born or newly adopted Child within 30 days of the date of birth or adoption of the Child, such Child shall thereupon be registered by the Scheme as a Dependant. Increased contributions shall then be due as from the first day of the month following the month of birth or adoption and benefits will accrue as from the date of birth or adoption.
- 7.1.3 If a Member, who marries subsequent to joining the Scheme, applies within 30 days of the date of such marriage to register his spouse as a Dependant, his spouse shall thereupon be registered by the Scheme as a Dependant. Increased contributions shall then be due as from the first day of the month following the month of marriage and benefits will accrue as from the date of marriage.
- 7.1.4 In the event of any person becoming eligible for registration as a Dependant other than in the circumstances set out in Rules 7.1.1 to 7.1.3, the Member may apply to the Scheme for the registration of such person as a Dependant, whereupon the provisions of Rule 8 shall apply *mutatis mutandis*.

### 7.2 **De-registration of Dependants**

7.2.1. A Member shall inform the Scheme within 30 days of the occurrence of any event which results in any one of his Dependants no longer satisfying the conditions in terms of which he may be a Dependant.



- 7.2.2. Should a member divorce, his former spouse shall no longer be eligible for membership and shall be withdrawn from the Scheme. Reduced contributions shall apply from the first day of the month following the withdrawal of the former spouse.
- 7.2.3. When a Dependant ceases to be eligible to be a Dependant, he shall no longer be deemed to be registered as such for the purpose of these Rules or entitled to receive any benefits, regardless of whether notice has been given in terms of these Rules or otherwise.

# 8. TERMS AND CONDITIONS APPLICABLE TO MEMBERSHIP

- 8.1 A minor may become a Member with the consent of his parent or guardian.
- 8.2 No person may be a Member of more than one medical scheme or a Dependant:
  - 8.2.1 Of more than one Member of a particular medical scheme; or
  - 8.2.2 Of Members of different medical schemes or;
  - 8.2.3 Claim or accept benefits in respect of himself or any of his Dependants from any medical scheme in relation to which he is not a Member or a Dependant of a Member.
- 8.3 Prospective Members shall, prior to admission, complete and submit the application forms required by the Scheme, together with satisfactory evidence of age, income, state of his health and the health of his Dependants and the Scheme may require of an applicant to provide it with a medical report in respect of any prospective beneficiary regarding any medical advice, diagnosis, care or treatment recommended or obtained within a period of 12 months immediately prior to the date on which application to the Scheme was made.
  - 8.3.1 The Scheme shall pay to the applicant or relevant healthcare provider the cost of any medical tests or examinations required by the Scheme for the purposes of compilation of such report.



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- 8.3.2 Proof of any prior Membership of any other medical scheme must also be submitted.
- 8.3.3 The Scheme may however designate a provider to conduct such tests or examinations.

# 8.4 Waiting Periods

On admission the Scheme may impose upon a person in respect of whom an application is made for Membership or admission as a Dependant, who was not a beneficiary of a medical scheme for a period of at least 90 days preceding the date of application -

- 8.4.1 A general waiting period of up to three months, during which period no insured benefits whatsoever shall accrue, but contributions shall be paid to the Scheme in full;
- 8.4.2 A condition-specific waiting period of up to 9 months on existing pregnancies in respect of pregnancy, confinement and related services; and
- 8.4.3 A condition-specific waiting of up to 12 months in respect of any condition contemplated in rule 8.3. If both a general waiting period and a condition-specific waiting period are imposed, they will run concurrently, but the provisions of the general waiting period shall predominate. No insured benefits shall accrue for services in respect of a condition for which a waiting period has been imposed, but contributions shall be paid to the Scheme in full.
- 8.5 The Scheme may impose upon any person in respect of whom an application is made for Membership or admission as a Dependant and who was previously a beneficiary of a medical scheme for a continuous period of up to 24 months, terminating less than 90 days immediately prior to the date of application.
  - 8.5.1 A condition-specific waiting period of up to 12 months, except in respect of any treatment or diagnostic procedures covered within the prescribed minimum benefits;
  - 8.5.2 In respect of any person contemplated in this sub-rule, where the previous medical scheme had imposed a general or condition-specific waiting period, and such waiting period had not expired at the time of termination, a general or condition-specific waiting period for the

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unexpired duration of such waiting period imposed by the former medical scheme

- 8.6 The Scheme may impose upon any person in respect of whom an application is made for Membership or admission as a Dependant, and who was previously a beneficiary of a medical scheme for a continuous period of more than 24 months, terminating less than 90 days immediately prior to the ate of application, a general waiting period of up to three months, except in respect of any treatment or diagnostic procedures covered within the prescribed minimum benefits.
- 8.7 No waiting period may be imposed on:
  - 8.7.1 A person in respect of whom an application is made for Membership or admission as a Dependant, and who was previously a beneficiary of a medical scheme, terminating less than 90 days immediately prior to the date of application, where the transfer of Membership is required as a result of-
    - 8.7.1.1 Change of employment; or
    - 8.7.1.2. an Employer changing or terminating a medical scheme of its Employees, in which case such transfer shall occur at the beginning of the financial year, or reasonable notice must been furnished to the scheme to which an application is made for such transfer to occur at the beginning of the financial year.

Where the former medical scheme had imposed a general or condition specific waiting period in respect of persons referred to in this rule, and such waiting period had not expired at the time of termination of Membership, the Scheme may impose such waiting period for the unexpired duration of a waiting period imposed by the former medical scheme.

8.7.2 A beneficiary who changes from one benefit option to another within the Scheme unless that beneficiary is subject to a waiting period on the current benefit option in which case the remaining period may be applied;



- 8.7.3 A Child Dependant born during the period of Membership.
- 8.8 The registered Dependants of a Member must participate in the same benefit option as the Member.
- 8.9 Every Member will, on admission to Membership, receive a detailed summary of these rules, which shall include contributions, benefits, limitations, the Member's rights and obligations. Members and their Dependants, and any person who claims any benefit under these Rules or whose claim is derived from a person so claiming are bound by these Rules as amended from time to time.
- 8.10 A Member may not cede, transfer, pledge or hypothecate or make over to any third party any claim, or part of a claim which he has against the Scheme or any right to a benefit which he may have from the Scheme, as the case may be. The Scheme may withhold, suspend or discontinue the payment of a benefit to which a Member is entitled under these rules, or any right in respect of such benefit or payment of such benefit to such Member, if a Member attempts to assign or transfer, or otherwise cede or to pledge or hypothecate such benefit.

# 9. TRANSFER OF EMPLOYER GROUPS FROM ANOTHER MEDICAL SCHEME

If the Members of a medical scheme who are Members of that scheme by virtue of their employment by a particular Employer, terminate their Membership of such scheme with the object of obtaining Membership of this Scheme, the Board will admit as a Member, without a waiting period or the imposition of new restrictions on account of the state of his health or the health of any of his Dependants, any Member of such first-mentioned scheme including a continuation Member by virtue of their past employment by the particular Employer and register as a Dependant, any person who has been a registered Dependant of such Member.

# 10. MEMBERSHIP CARD AND CERTIFICATE OF MEMBERSHIP

10.1 Every Member shall be furnished with a Membership card, containing such particulars as may be prescribed. This card must be exhibited to the supplier.



of a service on request. It remains the property of the Scheme and must be returned to the Scheme on termination of Membership.

- 10.2 The use of a Membership card by any person other than the Member or his registered Dependants, with the knowledge or consent of the Member or his Dependants, is not permitted and such use will be construed as an abuse of the privileges of Membership of the Scheme.
- 10.3 On termination of Membership or on de-registration of a Dependant, the Scheme must, within 30 days of such termination or at any time on request, furnish such person with a certificate of Membership and cover, containing such particulars as may be prescribed.

# 11. CHANGE OF ADDRESS OF MEMBER

A Member must notify the Scheme within 30 days of any change of address, including his *domicilium citandi et executandi*. The Scheme shall not be held liable if a beneficiary's rights are prejudiced or forfeited as a result of the Member's neglecting to comply with the requirements of this rule.

#### 12. TERMINATION OF MEMBERSHIP

#### 12.1 Resignation

- 12.1.1 A Member who, in terms of his conditions of employment is required to be a Member of the Scheme, may not terminate his Membership while he remains an Employee without the prior written consent of his Employer.
- 12.1.2 Where a Member in the service of the Employer is employed and resides outside the Republic of South Africa, his Membership of the Scheme and that of his Dependants shall be terminated for the duration of his absence, unless he elects to continue with his Membership and/or that of his Dependants, as provided in rule 6.1.2 and 6.1.3.
- REGISTERED BY ME ON Mpho Sehloho 03/03/2022 11:12032002723+02:00) Signed by Mpho Sehloho, m.sehloho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES
- 12.1.3 A Member who resigns from the service of the participating Employer shall, on the date of such termination, cease to be a Member and all

rights to benefits shall thereupon cease, except for claims in respect of services rendered prior thereto.

## 12.2 Voluntary termination of membership

- 12.2.1 A Member, who is not required in terms of his conditions of employment to be a Member, may terminate his Membership of the Scheme on giving 3 months written notice. All rights to benefits cease after the last day of Membership.
- 12.2.2 Such notice period shall be waived in substantiated cases where Membership of another medical scheme is compulsory as a result of a condition of employment.

### 12.3 **Death**

Membership of the Scheme terminates on the death of a beneficiary.

# 12.4 Failure to pay amounts due to the Scheme

If a Member fails to pay amounts due to the Scheme, his Membership may be terminated as provided in these rules.

# 12.5 Submission of fraudulent claims; committing of any fraudulent act and/or non-disclosure of material information (Sec 29 (2))

- 12.5.1 The Board may suspend or terminate the membership of a Beneficiary who submitted fraudulent claims, committed any fraudulent act or failed to disclose material information when applying for membership.
- 12.5.2 An applicant is obliged to disclose all material information to the medical scheme with regard to any matter concerning the state of health or medical history of the Member concerned or that of any of his or her Dependants, which arose or occurred during the period of 12 months preceding the date of application for membership.
- 12.5.3 In the case of termination of membership for non-disclosure of material information, Contributions, net of claims, will be refunded to the Member as from the date of inception. No refund of any Contribution



or any portion of a Contribution shall be made on termination of membership if such termination was due to fraudulent conduct.

## 13. CONTRIBUTIONS

- 13.1 The total monthly contributions payable to the Scheme by or in respect of a Member are as stipulated in Annexure A.
- 13.2 Contributions shall be payable monthly in arrears and although due to the Scheme by the 4th of each month shall be paid to the Scheme not later than the 7th day of the month. Where the contributions have not been paid within thirty (30) days of the due date, the Scheme shall have the right to suspend all benefit payments which have accrued to such Member irrespective of when the claim for such benefit arose, and to give the Member and/or the Employer notice that if contributions are not paid up to date within fourteen (14) days of such notice, Membership may be cancelled.
- 13.3 In the event that payments are brought up to date, benefits shall be reinstated without any break in continuity subject to the right of the Scheme to levy a reasonable fee to cover any expenses associated with the default and to recover interest at the prime overdraft rate of the Scheme's bankers. If such payments are not brought up to date, no benefits shall be due to the Member from the date of default and any such benefit paid may be recovered by the Scheme.
- 13.4 Unless specifically provided for in the rules in respect of savings accounts, no refund of any assets of the Scheme or any portion of a contribution shall be paid to any person where such Member's Membership or cover in respect of any Dependent terminates during the course of a month.
- 13.5 The balance standing to the credit of a Member in terms of any option which provides for a personal medical savings account belongs to the member and will be managed in terms of Regulation 10.
- 13.6 Where a Member has elected, in terms of rule 12.1.2, to remain a Member of the Scheme for the benefit only of those of his Dependents who remain in the



Rand monetary area, contributions shall be payable only in respect of such Dependants, but at the rates in the income band applicable to that Member.

#### 14. LIABILITIES OF EMPLOYER AND MEMBER

- 14.1 The liability of the Employer towards the Scheme is limited to any amounts payable in terms of any agreement between the Employer and the Scheme.
- 14.2 The liability of a Member to the scheme is limited to the amount of his unpaid contributions together with any sum disbursed by the Scheme on his behalf or on behalf of his Dependents which has not been repaid to the Scheme.
- 14.3 In the event of a Member ceasing to be a Member, any amount still owing by such Member is a debt due to the Scheme and recoverable by it.

#### 15. CLAIMS PROCEDURE

- 15.1 Every claim submitted to the Scheme in respect of the rendering of a relevant health service as contemplated in these Rules, must be accompanied by an account or statement.
- 15.2 If an account, statement or claim is correct or where a corrected account, statement or claim is received, as the case may be, the Scheme shall, in addition to the payment contemplated in Section 59 (2) of the Act, dispatch to the Member a statement containing at least the following particulars -
  - 15.2.1 The name and the Membership number of the Member;
  - 15.2.2 The name of the supplier of service;
  - 15.2.3 The final date of service rendered by the supplier of service on the account or statement which is covered by the payment;
  - 15.2.4 The total amount charged for the service concerned; and
  - 15.2.5 The amount of the benefit awarded for such service.
- 15.3 In order to qualify for benefits, any claim must, unless otherwise arranged, be signed and certified as correct and must be submitted to the Scheme not later than the last day of the fourth month following the month in which the service was rendered.

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- 15.4 Where a Member has paid an account, he shall, in support of his claim, submit a receipt.
- 15.5 Accounts for treatment of injuries or expenses recoverable from third parties, must be supported by a statement, setting out particulars of the circumstances in which the injury or accident was sustained.
- 15.6 Where the Scheme is of the opinion that an account, statement or claim is erroneous or unacceptable for payment, the Scheme shall notify the Member and the health care provider accordingly within 30 days after receipt thereof. The Scheme shall state the reasons why such claim is erroneous or unacceptable and afford such Member or provider the opportunity to return such corrected claim to the Scheme within sixty (60) days of the notice.
- 15.7 Particulars to be contained in claims

Every claim submitted by a Member to the Scheme in respect of the rendering of any service or the supply of any medicine, requirement or accommodation in a hospital or nursing home, shall contain the following particulars:

- 15.7.1. The surname and initials of the Member;
- 15.7. 2. The surname, first name and other initials, if any, of the patient;
- 15.7. 3. The name of the Scheme;
- 15.7. 4. The Membership number of the Member;
- 15.7.5. The name and practice code number, where applicable, of the supplier of the service;
- 15.7. 6. The date on which each service was rendered;
- 15.7. 7. The nature and the cost of each service;
- 15.7.8. The relevant diagnostic and other item code numbers that relate to the relevant health service;
- 15.7.9. Where the account is a photocopy of the original, certification by the supplier of the service by way of a rubber stamp or signature on such photocopy;
- 15.7. 10. The name of the referring practitioner;

The name, quantity, dosage and the net price payable by the Member in respect of each supply of medicine, requirement or

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apparatus and in the case where a pharmacist has prescribed and supplied such medicine, the diagnosis of the condition for which such medicine was prescribed;

- 15.7. 12 Mention of, in the case where an account or statement refers to the use of an operating theatre where an operation was performed on a Member or a Dependent of that Member
  - 15.7.12.1.The name and practice number of the practitioner who performed the operation concerned; and
  - 15.7.12.2.The name or names of the practitioner or practitioners who assisted at such operation;
- REGISTERED BY ME ON Mpho Sehloho 03/03/2022 11:16:59(k)TG+02:00) Signed by Mpho Settloho, m.sehloho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES
- 15.7. 13 In the case where a pharmacist supplied medicine on the strength of a prescription to a Member or a Dependant of a Member, as addendum to the account or statement, a photocopy of the original prescription, certified by the pharmacist connected with the pharmacy which supplied such medicine, as a true and exact copy or photocopy of such prescription.

#### 15.8 Orthodontic treatment

Where an account refers to a service that is to be rendered in respect of orthodontic treatment or other specialised dentistry, a statement containing the following information shall accompany the first account submitted to the Scheme –

- 15.8.1. The diagnostic and item code numbers that relate to the treatment;
- 15.8.2. A plan of treatment indicating the following
  - 15.8.2.1. The expected total amount in respect of the treatment;
  - 15.8.2.2. The expected duration of the treatment;
  - 15.8.2.3. The initial primary amount payable by the Member; and
  - 15.8.2.4. The monthly amount which the Member must pay.

#### 15.9 Extension of time for submission of claims

It shall be the duty of a Member to obtain accounts for all services rendered, from the supplier thereof. If, because of the extended nature of the treatment or for any other reason whatsoever, a Member is unable to obtain an account for services, or if he has in fact received an account but, because of special circumstances beyond his control, is unable to submit it within the period

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referred to in rule 15.3 and 15.6 above, the Board may, in its discretion, extend this period on condition that a written application for extension is received by the Principal Officer before the expiration of the said period.

#### 15.10 Claims for services rendered outside the Rand monetary area

Members submitting claims for services obtained outside the Rand monetary area must ensure that accounts are specified as detailed above, before submission to the Scheme. Such claims shall reflect the amount(s) in the equivalent South African currency and the rate of exchange used for conversion and shall bear a detailed description, in English, of each service rendered. Benefits on such claims shall be calculated as if the services had been rendered in the Republic of South Africa, and paid at the applicable rate of exchange ruling on the date the service was rendered failing which as recommended determined by the medical advisor, and approved by the Board.

#### 15.11 Certification of claims

The Board may require that, where possible, a claim be certified by the Member.

#### 15.12 Claim statements

On finalisation of a claim the Scheme shall send to the Member an advice regarding the benefit paid or the reason why a claim was rejected and if the full amount of any benefit is not paid out to the Member, the reason therefore. This advice should be kept and used for income tax purposes

#### 16. BENEFITS

- 16.1 Members are entitled to benefits during a financial year, as per Annexure B, and such benefits extend through the Member to his registered Dependants. A Member must, on admission, elect to participate in any one of the available options, detailed in Annexure B.
- 16.2 A Member is entitled to change from one to another benefit option subject to the following conditions:

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- 16.2.1 The change may be made only with effect from 1 January of any financial year. The Board may, in its absolute discretion, permit a Member to change from one to another benefit option on any other date.
- 16.2.2 Application to change from one benefit option to another must be in writing and lodged with the Scheme by not later than 30 September, or within such period as notified by the Scheme, prior to the year upon which it is intended that the change will take place; provided that the Member has had at least 30 days prior notification of any co.za
- 16.3 The Scheme shall, where an account has been rendered, pay any benefit due to a Member, either to that Member or to the supplier of the relevant health service who rendered the account, within 30 days of receipt of the claim pertaining to such benefit.
- 16.4 Any benefit option offered in Annexure B covers in full the cost of services rendered in respect of the prescribed minimum benefits rendered by a State hospital, without limitation or exclusions.
- 16.5 The Scheme may exclude services from benefits as set out in Annexure C.

# 17. PAYMENT OF ACCOUNTS

- 17.1 Payment of accounts or reimbursement of claims is restricted to the maximum amount of the benefit entitlement in terms of the applicable benefit and option elected.
- 17.2 The Scheme may, whether by agreement or not with any supplier or group of suppliers of a service, pay the benefit to which the Member is entitled, directly to the supplier or group of suppliers who rendered the service.
- 17.3 Where the Scheme has paid an account or portion of an account or any benefit to which a Member is not entitled, whether payment is made to the Member or to the supplier of service, the amount of any such overpayment is recoverable by the Scheme.

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- 17.4 Where such overpayment has not been paid within ninety (90) days of the date upon which it was corrected, and provided the Member has been advised in writing, the Scheme shall have the right to suspend all further benefit payments in respect of the Member, until such time as the debt has been paid. If such overpayment has not been repaid to the Scheme within such ninety (90) day period the Scheme shall be entitled to cancel the defaulting Member's Membership of the Scheme. Such cancellation may only be proceeded with where the Scheme has given the Member and the Employer (where applicable), fourteen (14) days written notice of the Scheme's intention to terminate such Membership in the event of non-payment by the end of such period.
- 17.5 Notwithstanding the provisions of this rule, the Scheme has the right to pay any benefit directly to the Member concerned.
- 17.6 Any benefit payment due to a Member referred to in 6.1.2 and 6.1.3 shall be paid in Rands into his bank account in the republic of South Africa.

# 18. GOVERNANCE

- 18.1 The affairs of the Scheme shall be managed according to these Rules by a Board consisting of twelve persons who are Members of the Scheme and who are fit and proper to be trustees.
- 18.2 Six of such trustees must be elected by Members from amongst Members to serve terms of office of five years each, terminating at the Annual General Meeting of the relevant year, provided that such trustees shall be elected by Members from Employer Group Companies, as follows:

18.2.1	Mediclinic Corporation Limited	Two Members
18.2.2	British American Tobacco SA (Pty) Ltd.	One Member
18.2.3	Distell Limited	One Member
18.2.4	Remgro Limited, and the remaining	One Member
10.2.1	Employer Group Companies	
18.2.5	Tracker Connect (Pty) Ltd	One Member



The other six trustees are appointed by the Employer Group Companies, to hold office until their appointment is terminated by any such Employer, as follows:

18.2.6.	Mediclinic Corporation Limited	Two Members
18.2.7.	British American Tobacco SA (Pty)Ltd.	One Member
18.2.8.	Distell Limited	One Member
18.2.9.	Remgro Limited, and the remaining	One Member
10.2.0.	Employer Group Companies	
18.2.10	Tracker Connect (Pty) Ltd	One Member

The Employer may appoint any Employee to act as an alternate trustee and it shall also be competent for an elected trustee on the Board to nominate an alternate, provided such alternate trustees are from the same Employer and are Members of the Scheme.

- 18.3 The following persons are not eligible to serve as Members of the Board:
  - 18.3.1 A person under the age of 21 years;
  - 18.3.2 A Director, Employee, Partner, representative, officer, consultant, contractor or agent of the administrator of the Scheme or the holding company, subsidiary, joint venture or associate of that administrator;
  - 18.3.3 A broker;
  - 18.3.4 The Principal Officer of the Scheme; and
  - 18.3.5 The Auditor of the Scheme.
- 18.4 Retiring Members of the Board are eligible for re-election.
- 18.5 Nominations to fill vacancies, signed by the candidate signifying his consent to stand for election must be proposed and seconded by a member of the Scheme and accepted by the nominee. The election will be carried out by secret ballot according to the election notice issued to members. The results of the election will be announced at the annual general meeting of the Scheme.
- The Board may fill by appointment by the remaining members of the Board, 18.6 any casual vacancy amongst elected trustees, which occurs during its term of



office. A person so appointed must retire at the first ensuing annual general meeting and that meeting must fill the vacancy for the un-expired period of office of the vacating Member of the Board.

- 18.7 The Board may co-opt a knowledgeable person to assist it in its deliberations provided that such person shall not have a vote.
- 18.8 Half of the Members of the Board plus one is a quorum at meetings of the Board.
- 18.9 The Board must elect from its number the Chairperson and Vice Chairperson.
- 18.10 In the absence of the chairperson and vice-chairperson, the Board Members present must elect one of their numbers to preside.
- 18.11 Matters serving before the Board must be decided by a majority vote and in the event of an equality of votes, the chairperson has a casting vote in addition to his deliberative vote.
- 18.12 A Member of the Board may resign at any time by giving written notice to the Board.
- 18.13 A Member of the Board ceases to hold office if
  - 18.13.1 He becomes mentally ill or incapable of managing his affairs;
  - 18.13.2 He is declared insolvent or has surrendered his estate for the benefit of his creditors;
  - 18.13.3 He is convicted, whether in the Republic or elsewhere, of theft, fraud, forgery or uttering of a forged document or perjury;
  - 18.13.4 He is removed by the court from any office of trust on account of misconduct;
  - 18.13.5 He is disqualified under any law from carrying on his profession;
  - 18.13.6 He ceases to be an appointee by the Employer, or he ceases to be

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a Member of the Scheme;

- 18.13.7 He absents himself from three consecutive meetings of the Board without the permission of the Chairperson; or
- 18.13.8 He is removed from office by the Council in terms of Section 46 of the Act.
- 18.14 The Board must meet at least once every three months or at such intervals as it may deem necessary.
- 18.15 The chairperson may convene a special Board meeting should the necessity arise. Any two Members of the Board may request the chairperson to convene a special meeting of the Board, stating the matters to be discussed at such meeting.

#### 19. **DUTIES OF BOARD OF TRUSTEES**

- 19.1 The Board is responsible for the proper and sound management of the Scheme, in terms of these rules.
- 19.2 The Board must act with due care, diligence, and skill and in good faith.
- 19.3 Members of the Board must avoid conflicts of interests, and must declare any interest they may have in any particular matter serving before the Board.
- 19.4 The Board must apply sound business principles and ensure the financial soundness of the Scheme.
- 19.5 The Board shall appoint a Principal Officer who is fit and proper to hold such office and may appoint any staff which in its opinion are required for the proper execution of the business of the Scheme, provided that the following persons are not eligible to be a Principal Officer -
  - 19.5.1 An Employee, director, officer, consultant or contractor of the administrator of the Scheme or of the holding company, subsidiary, joint venture or associate of that administrator.
  - 19.5.2 A broker.



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- 19.6 The Board shall determine the terms and conditions of service of the Principal Officer and of any person employed by the Scheme.
- 19.7 The Chairperson must preside over meetings of the Board and ensure due and proper conduct at meetings.
- 19.8 The Board must cause to be kept such minutes, accounts, entries, registers and records as are essential for the proper functioning of the Scheme.
- 19.9 The Board must ensure that proper control systems are employed by and on behalf of the Scheme.
- 19.10 The Board must ensure that adequate and appropriate information is communicated to the Members regarding their rights, benefits, contributions and duties in terms of the Rules.
- 19.11 The Board must take all reasonable steps to ensure that contributions are paid timeously to the Scheme in accordance with the Act and these Rules.
- 19.12 The Board must take out and maintain an appropriate level of professional indemnity insurance and fidelity guarantee insurance.
- 19.13 The Board must obtain expert advice on legal, accounting and business matters as required, or on any other matter of which the members of the Board may lack sufficient expertise.
- 19.14 The Board must ensure that the Rules, the operation and administration of the Scheme comply with the provisions of the Act and all other applicable laws.
- 19.15 The Board must take all reasonable steps to protect the confidentiality of medical records concerning any Member or Dependant's state of health.
- 19.16 The Board must approve all disbursements.

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19.17 The Board must cause to be kept in safe custody, in a safe or strong room at the registered office of the Scheme or with any financial institution approved by the Board, any mortgage bond, title deed or other security belonging to or

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held by the Scheme, except when in the temporary custody of another person for the purposes of the Scheme.

- 19.18 The Board must make such provision as it deems desirable, and with due regard to normal practice and recommended guidelines pertaining to retention of documents, for the safe custody of the books, records, documents and other effects of the Scheme.
- 19.19 The Board shall disclose annually in writing to the registrar, any payment or considerations made to Members of the Board in that particular year by the Scheme as prescribed.

#### 20. POWERS OF BOARD

The Board has the power —



- 20.1 To cause the termination of the services of any Employee of the Scheme;
- 20.2 To take all necessary steps and to sign and execute all necessary documents to ensure and secure the due fulfillment of the Scheme's obligations under such appointments as may be made by the Board;
- 20.3 To appoint a committee consisting of such Board Members and other experts as it may deem appropriate;
- 20.4 To appoint a duly accredited administrator on such terms and conditions as it may determine, for the proper execution of the business of the Scheme. The terms and conditions of such appointment must be contained in a written contract, which complies with the requirements of the Act and the regulations;
- 20.5 To contract with managed health care organisations subject to the provisions of the Act and its regulations;
- 20.6 To purchase movable and immovable property for the use of the Scheme or otherwise, and to sell it or any of it;
- 20.7 To acquire, hold, alienate, let or hire movable or immovable property;

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- 20.8 In respect of any monies not immediately required to meet current charges upon the Scheme and subject to the provisions of the Act, and in the manner determined by the Board, to invest or otherwise deal with such moneys upon security and to realise, re-invest or otherwise deal with such monies and investments;
- 20.9 With the prior approval of the Council, to borrow money for the Scheme from the Scheme's bankers against the security of the Scheme's assets for the purpose of bridging a temporary shortage;
- 20.10 Subject to the provisions of any law, to cause the Scheme, whether on its own or in association with any person, to establish or operate any pharmacy, hospital, clinic, maternity home, nursing home, infirmary, home for aged persons or any similar institution, in the interests of the Beneficiaries of the Scheme;
- 20.11 To donate to any hospital, clinic, nursing home, maternity home, infirmary or home for aged persons in the interests of all or any of the Beneficiaries of the Scheme;
- 20.12 To grant repayable loans to Members or to make *ex gratia* payments on behalf of Members, or to grant additional benefits to or on behalf of Members, in order to assist such Members to meet commitments in regard to any matter specified in Rule 5, in particular Rule 5b;
- 20.13 To contribute to any fund conducted for the benefit of Employees of the Scheme;
- 20.14 To reinsure obligations in terms of the benefits provided for in these rules in the prescribed manner;
- 20.15 To authorise the Principal Officer and/or such Members of the Board as it may determine from time to time, and upon such terms and conditions as the Board may determine, to sign any contract or other document binding or relating to the Scheme or any document authorising the performance of any act on behalf of the Scheme;

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- 20.16 To contribute to any association instituted for the furtherance, encouragement and co-ordination of medical schemes;
- 20.17 In general, do anything, which it deems necessary or expedient to perform its functions in accordance with the provisions of the Act and these rules.

#### 21. DUTIES OF PRINCIPAL OFFICER AND STAFF

- 21.1 The staff of the Scheme must ensure the confidentiality of all information regarding its Beneficiaries.
- The Principal Officer is the Executive Officer of the Scheme and as such shall 21.2 ensure that:
  - 21.2.1 He acts in the best interests of the Members of the Scheme at all times;
  - 21.2.2 The decisions and instructions of the Board are executed without unnecessary delay;
  - 21.2.3 Where necessary, there is proper and appropriate communication between the Scheme and those parties, affected by the decisions and instructions of the Board:
  - 21.2.4 He keeps the Board sufficiently and timeously informed of the affairs of the Scheme which relate to the duties of the Board as stated in section 57(4) of the Act;
  - 21.2.5 He keeps the Board sufficiently and timeously informed concerning the affairs of the Scheme so as to enable the Board to comply with the provisions of section 57(6) of the Act;
  - 21.2.6 He does not take any decisions concerning the affairs of the Scheme without prior authorisation by the Board and that he at all times observes the authority of the Board in its governance of the Scheme.
- 21.3 The Principal Officer shall be the Accounting Officer of the Scheme charged with the collection of and accounting for all moneys received and payments authorised by and made on behalf of the Scheme.





- 21.4 The Principal Officer shall ensure the carrying out of all of his duties as are necessary for the proper execution of the business of the Scheme. He shall attend all meetings of the Board, and any other duly appointed committee where his attendance may be required, and ensure proper recording of the proceedings of all meetings.
- 21.5 The Principal Officer shall be responsible for the supervision of the staff employed by the Scheme unless the Board decides otherwise.
- 21.6 The Principal Officer shall keep full and proper records of all moneys received and expenses incurred by, and of all assets, liabilities and financial transactions of the Scheme.
- 21.7 The Principal Officer shall ensure preparation of the annual financial statements and shall ensure compliance with all statutory requirements pertaining thereto.
- 21.8 The following persons are not eligible to be a Principal Officer:
  - 21.8.1 An Employee, director, officer, consultant or contractor of the administrator of the Scheme, or of the holding company, subsidiary, joint venture or associate of that administrator.
  - 21.8.2 A broker
- 21.9 The provisions of rules 18.13.1 – 18.13.5 apply mutatis mutandis to the Principal Officer.

#### 22. **INDEMNIFICATION & FIDELITY GUARANTEE**

- 22.1 The Board and any officer of the Scheme is indemnified by the Scheme against all proceedings, costs and expenses incurred by reason of any claim in connection with the Scheme, not arising from their negligence, dishonesty or fraud.
- 22.2 The Board must ensure that the Scheme is insured against loss resulting from the dishonesty or fraud of any of its officers (including Members of the Board



and Principal Officer) having the receipt or charge of moneys or securities belonging to the Scheme.

### 23. FINANCIAL YEAR OF THE SCHEME

The financial year of the Scheme extends from the first day of January to the 31st day of December of that year.

### 24. BANKING ACCOUNT

The Scheme must maintain a banking account with a registered commercial bank. All moneys received must be deposited to the credit of such account and all payments must be made either by electronic transfer or tape exchange under the joint signature of not less than two persons duly authorised by the Board. A separate account will be maintained by the Scheme to hold the personal medical savings account (PMSA) monies as referenced in Rule 13.5 of these Rules.

### 25. AUDITOR & AUDIT COMMITTEE

- 25.1 An auditor (who must be approved in terms of section 36 of the Act) must be appointed by resolution at each annual general meeting, to hold office from the conclusion of that meeting to the conclusion of the next annual general meeting.
- 25.2 The following persons are not eligible to serve as auditor of the Scheme:
  - 25.2.1 A Member of the Board;
  - 25.2.2 An Employee, officer or contractor of the Scheme;
  - 25.2.3 An Employee, director, officer or contractor of the Scheme's administrator, or of the holding company, subsidiary, joint venture or associate of the administrator;
  - 25.2.4 A person not engaged in public practice as an auditor; and
  - 25.2.5 A person who is disqualified from acting as an auditor in terms of the Companies Act, 1973.
- 25.3 Whenever for any reason an auditor vacates his office prior to the expiration of the period for which he has been appointed, the Board must within 30 days appoint another auditor to fill the vacancy for the unexpired period.

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- 25.4 If the Members of the Scheme at a general meeting fail to appoint an auditor required to be appointed in terms of this rule, the Board must within 30 days make such appointment, and if it fails to do so, the Registrar may at any time do so.
- 25.5 The auditor of the Scheme at all times has a right of access to the books, records, accounts, documents and other effects of the Scheme, and is entitled to require from the Board and the officers of the Scheme such information and explanations as he deems necessary for the performance of his duties.
- 25.6 The auditor must report to the Members of the Scheme on the accounts examined by him and on the financial statements laid before the Scheme in general meeting.
- 25.7 The Board must appoint an audit committee of at least five Members of whom at least two must be Members of the Board. The majority, of the Members of such committee, including the chairperson, shall be persons who are not officers of the Scheme or the administrator of the Scheme, the controlling company of the administrator or any subsidiary of its controlling company.

#### 26. **GENERAL MEETINGS**

#### 26.1 Annual general meeting

- The annual general meeting of Members must be held not later than 26.1.1 30 September of each year, by means of a physical or virtual meeting.
- 26.1.2 The notice convening the annual general meeting, containing the agenda, highlights of the annual financial statements as per the Council for Medical Schemes (CMS) guidelines and minutes of the previous meeting, advising the Members how the annual financial statements, auditor's and annual report may be obtained, must be furnished to Members at least 21 days before the date of the meeting. The non-receipt of such notice by a Member does not invalidate the proceedings at such meeting.
- 26.1.3 At least 30 Members of the Scheme present in person or virtually (subject to the Scheme's operational requirements on virtual participation in the given year) constitute a quorum. If a quorum is not

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present after the lapse of 30 minutes from the time fixed for the commencement of the meeting, the meeting must be postponed to a date determined by the Board with notice of such postponed meeting being re-issued in terms of rule 26.1.2 and Members then present shall be deemed to constitute a quorum.

- 26.1.4 The financial statements and reports specified in rule 26.1.2 must be laid before the meeting.
- 26.1.5 Notices of motions to be placed before the annual general meeting must reach the Principal Officer not later than seven days prior to the date of the meeting.

#### 26.2 Special general meeting

- 26.2.1 The Board may call a special general meeting of Members if it is deemed necessary.
- 26.2.2 The Board shall upon written request of at least 5% of the Members of the Scheme, cause a special general meeting to be called within 21 days from the date of the deposit of the request. The purpose of the meeting shall be set out in the request, which shall be signed by all the petitioners and lodged at the registered office of the Scheme. Only those matters forming the object of the meeting shall be discussed.
- 26.2.3 The notice convening the special general meeting, containing the agenda, must be furnished to Members at least 14 days before the date of the meeting. The non-receipt of such notice by a Member does not invalidate the proceedings at such a meeting.
- 26.2.4 At least 50 Members present in person or virtually (subject to the Scheme's operational requirements on virtual participation in the **REGISTERED BY ME ON** <u>given vear)</u> constitute a quorum. If a quorum is not present at a special general meeting after the lapse of 30 minutes from the time UTC+02:00 fixed for the commencement of the meeting, the meeting is regarded ehloho@medicalschemes.co.zas cancelled. R OF MEDICAL SCHEMES

#### **VOTING AT MEETINGS** 27.

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27.1 Every Member who is present at a general meeting of the Scheme and whose contributions are not in arrears, has the right to vote, or may, subject to this rule, appoint another Member of the Scheme as proxy to attend, speak and vote in his stead.

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- 27.2 The instrument appointing the proxy must be in writing, in a form determined by the Board and must be signed by the Member and the person appointed as the proxy.
- 27.3 The Chairperson must determine whether the voting must be by ballot or by a show of hands. In the event of the votes being equal, the chairperson, if he is a Member, has a casting vote in addition to his deliberative vote.

## 28. COMPLAINTS AND DISPUTES

- 28.1 Any member may lodge a complaint to the Scheme in terms of these Rules or in terms of the Act to the Registrar. These Rules deal with complaints lodged to the Scheme.
- 28.2 A "complaint" means a complaint as defined in the Act and for purposes of these Rules, a "complaint" and a 'dispute" bears the same meaning.
- 28.3 Members may lodge their complaints, in writing (whether by post, email or telefax), to the Scheme. The Scheme or its administrators shall also provide a dedicated telephone number which may be used for dealing with telephonic complaints.
- 28.4 A member lodging a complaint must do so within 2 years of alleged service failure that gave rise to the complaint; failing which the member's right to lodge such complaint shall prescribe.
- 28.5 A member lodging a complaint in respect of Prescribed Minimum Benefits must do so within 3 years of alleged service failure that gave rise to the complaint; failing which the member's right to lodge such complaint shall prescribe.
- 28.6 The Scheme shall endeavour to respond to all complaints received in writing within 30 days of receipt thereof, failing which, within a reasonable time.
- 28.7 If the Scheme finds that there is no merit in the complaint, it must notify the complainant in writing of its finding and the reasons for the finding.
- 28.8 If dissatisfied with the finding on the complaint the complainant may -



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- 28.8.1 within 60 days of receiving the relevant notice, refer the complaint in writing (by completing the appropriate Dispute Form) to the Principal Officer for consideration by the Scheme's Dispute Committee; or
- 28.8.2 refer the complaint to the Registrar for consideration in terms of the Act.
- 28.9 A Disputes Committee of three Members, who may not be Members of the Board, Employees of the administrator of the Scheme or officers of the Scheme, must be appointed by the Board to serve a term of office of 3 years. At least one of such Members shall be a person with legal expertise. Such person shall preside over the Dispute Committee meeting.
- 28.10 On receipt of a dispute in terms of this rule, the Principal Officer must convene a meeting of the disputes committee by giving not less than 21 days notice in writing to the complainant and all the Members of the Disputes Committee specifying:
  - 28.10.1 the date of the meeting which must not be less than 21 days from the date of submitting the notice or such earlier date as the Principal Officer and Member may agree to;
  - 28.10.2 the commencement time and venue for the meeting
  - 28.10.3 who will comprise the Disputes Committee
  - 28.10.4 the particulars of the complaint; and
  - 28.10.5 the procedures and Rules to be applied when considering the dispute which must include the right of the complainant to be heard in person or through a representative at the Dispute Committee meeting.
- 28.11 The parties to any dispute have the right to be heard at the proceedings, either in person or through a representative. The decision of the said Committee shall, subject to Rule 28.8, be final and binding unless overturned by the Council for Medical Schemes appeal process.
- 28.12 An aggrieved person has the right to appeal to the Council for Medical Schemes against the decision of the disputes committee. Such appeal must be in the form of an affidavit directed to Council and shall be furnished to the

Remedi Rules January 2021

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REGISTRAR OF MEDICAL SCHEMES

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Registrar not later than three months after the date on which the decision concerned was made or such further period as the Council may for good cause shown allow, after the date on which the decision concerned was made.

- 28.13 The operation of any decision which is the subject of any appeal under rule28.8 shall be suspended pending the decision of the Council on such appeal.
- 28.14 A Member may appeal to the Council against a decision of a review panel established in terms of Chapter 5 of the regulations to the Act.

## 29. TERMINATION OR DISSOLUTION

- 29.1. The Scheme may be dissolved by order of a competent court or by voluntary dissolution.
- 29.2. Members in a general meeting may decide that the Scheme must be dissolved, in which event the Board must arrange for Members to decide by ballot whether the Scheme must be liquidated. Unless the majority of Members decide that the Scheme must continue, the Scheme must be liquidated in terms of section 64 of the Act.
- 29.3. Pursuant to a decision by Members taken in terms of rule 29.2 the Principal Officer must, in consultation with the Registrar, furnish to every Member a memorandum containing the reasons for the proposed dissolution and setting forth the proposed basis of distribution of the assets in the event of winding up, together with a ballot paper.
- 29.4. Every Member must be requested to return his ballot paper duly completed before a set date. If at least 50 per cent of the Members return their ballot papers duly completed and if the majority thereof is in favour of the dissolution of the Scheme, the Board must ensure compliance therewith and appoint, in consultation with the Registrar, a competent person as liquidator.

### 30. AMALGAMATION AND TRANSFER OF BUSINESS

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30.1 The Scheme may, subject to the provisions of section 63 of the Act, ISTERED BY ME ON amalgamate with, transfer its assets and liabilities to, or take transfer of assets and liabilities of any other medical scheme or person. Before such event the Board must arrange for Members to decide by ballot whether the proposed amalgamation or transfer should be proceeded with or not.

30.2 If at least 50 per cent of the Members return their ballot papers duly completed and if the majority thereof is in favour of the amalgamation or transfer then, subject to section 63 of the Act, the amalgamation or transfer may be concluded.

## 31. RIGHT TO OBTAIN DOCUMENTS AND INSPECTION OF DOCUMENTS

- 31.1 Any beneficiary must on request and on payment of a fee of R 20.00 (twenty Rands), be supplied by the Scheme with a copy of the following documents:
  - 31.1.1 The rules of the Scheme;
  - 31.1.2 The latest audited annual financial statements, returns, Trustees reports and auditor's report of the Scheme; and
  - 31.1.3 The management accounts in respect of the scheme and all of its benefit options, or other such other information as may be prescribed by law.
- 31.2 A beneficiary is entitled to inspect free of charge at the registered office of the Scheme any document referred to in rule 31.1 and to make extracts there from.
- 31.3 This rule shall not be construed to restrict a person's right in terms of the Promotion of Access to Information Act, Act no 2 of 2000.

## 32. AMENDMENT OF RULES

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- 32.1 The Board is entitled to alter or rescind any rule or annexure or to make any additional rule or annexure.
- 32.2 No alteration, rescission or addition which affects the objects of the Scheme or which increases the rates of contribution or decreases the extent of benefits of the Scheme or of any particular benefit option by more than twenty-five percent during any financial year, is valid unless it has been approved by a majority of Members present in a general meeting or a special meeting or by ballot.

- 32.3 Members must be furnished with a copy of such amendment within 14 days after registration thereof. Should a Member's rights, obligations, contributions or benefits be amended, he/she shall be given 30 days' advance notice of such change.
- 32.4 Notwithstanding the provisions of rule 32.1 above, the Board must, on the request and to the satisfaction of the Registrar, amend any rule that is inconsistent with the provisions of the Act.
- 32.5 No alteration, rescission or addition shall be valid unless it has been approved and registered by the Registrar in terms of the Act.

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Remedi Rules January 2021



ANNEXURE A1

# **REMEDI MEDICAL AID SCHEME**

# **CONTRIBUTIONS EFFECTIVE 1 JULY 2022**

## **STANDARD OPTION**

INCOME (in Rand)	MEMBER:	ADULT (**) DEPENDANT:	CHILD (*) DEPENDANT:
0–3999	1595	1062	323
4000–5499	1671	1118	364
5500-6999	1752	1253	450
7000-7999	1884	1501	584
8000-8999	1884	1501	584
9000-9999	1884	1501	584
10000-10999	1884	1501	584
11000 +	1889	1504	585

Note:

- Contribution rates for children are only applied on the first three (3) children.
- No provision is made for members to contribute towards a Personal Medical Savings Account.

(\*) Child contributions are applicable where:

- A dependant is under the age of 21;
- A dependant is over the age of 21, but not over the age of 26 and a registered student at a University or recognised college for higher education and is not self-supporting;
- A dependant is over the age of 21, but not over the age of 26 and is dependent upon the principal member due to mental or physical disability.

(\*\*) Adult contributions are applicable where:

- A principal member's dependant is over the age of 21 and does not qualify for child contribution rates as set out above.

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**ANNEXURE A2** 

# **REMEDI MEDICAL AID SCHEME**

# **CONTRIBUTIONS EFFECTIVE 1 JULY 2022**

## **COMPREHENSIVE OPTION**

INCOME (in Rand)	MEMBER:	ADULT (**) DEPENDANT:	CHILD (*) DEPENDANT:
0–3999	3262	2471	761
4000–5499	3443	2638	810
5500-6999	3638	2811	887
7000-7999	3827	2891	967
8000-8999	4026	3051	1011
9000-9999	4249	3197	1062
10000-10999	4460	3358	1156
11000+	4701	3541	1220

Note:

- Contribution rates for children are only applied on the first three (3) children.
- The Personal Medical Savings Account is compulsory.
- The compulsory level of savings, as a percentage of the total contribution has been set at 10%, is included above.

(\*) Child contributions are applicable where:

- A dependant is under the age of 21;
- A dependant is over the age of 21, but not over the age of 26 and a registered student at a University or recognised college for higher education and is not self-supporting;
- A dependant is over the age of 21, but not over the age of 26 and is dependent upon the principal member due to mental or physical disability.

(\*\*) Adult contributions are applicable where:

- A principal member's dependant is over the age of 21 and does not qualify for child contribution rates as set out above.

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**ANNEXURE A3** 

# **REMEDI MEDICAL AID SCHEME**

# **CONTRIBUTIONS EFFECTIVE 1 JULY 2022**

## **CLASSIC OPTION**

INCOME (in Rand)	MEMBER:	ADULT (**) DEPENDANT:	CHILD (*) DEPENDANT:
0–3999	2560	1819	614
4000–5499	2709	1950	682
5500-6999	2855	2076	729
7000-7999	3003	2130	798
8000-8999	3166	2249	850
9000-9999	3329	2363	885
10000-10999	3507	2489	965
11000+	3685	2618	999

Note:

- Contribution rates for children are only applied on the first three (3) children.
- No provision is made for members to contribute towards a Personal Medical Savings Account.

(\*) Child contributions are applicable where:

- A dependant is under the age of 21;
- A dependant is over the age of 21, but not over the age of 26 and a registered student at a University or recognised college for higher education and is not self-supporting;
- A dependant is over the age of 21, but not over the age of 26 and is dependent upon the principal member due to mental or physical disability.

(\*\*) Adult contributions are applicable where:

- A principal member's dependant is over the age of 21 and does not qualify for child contribution rates as set out above.

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Remedi Rules Annexure A3 2022

# REMEDI MEDICAL AID SCHEME ANNEXURE B

## CONDITIONS APPLICABLE TO ALL BENEFIT OPTIONS

- 1. Members paying the contributions as specified in the relevant schedule of Annexure A shall be entitled to the benefits as set out in the corresponding schedule of benefits hereof, both for themselves and for their registered dependants.
- 2. Pre-authorisation shall be required before non-emergency hospitalisation, surgical procedures and other specified items may qualify for benefits. In the case of an emergency the Scheme must be notified thereof within 24 hours or on the first working day after such an emergency admission or treatment having been initiated, failing which paragraph 3.3 of this preamble will apply. Notwithstanding anything to the contrary, the Scheme shall not refuse such authorisation or pre-authorisation for a prescribed minimum benefit in a public hospital.
- 3. In respect of benefits set out in this Annexure the following principles will apply in all cases where pre-authorisation is required -
  - 3.1 If pre-authorisation is obtained and the treatment does not exceed the authorisation, the treatment will qualify for the benefits as stated;
  - 3.2 If pre-authorisation is obtained and the authorisation is exceeded, benefits will only accrue for the authorised treatment. The cost pertaining to the treatment in excess of that pre-authorised will be payable by the member. In exceptional cases the Board may agree to a retrospective authorisation, subject to such terms and conditions as the Board may determine;
  - 3.3 If treatment is undergone without pre-authorisation having been obtained, application may be made retrospectively for an authorisation. In the event of such authorisation being granted the benefit may (except in cases of emergency) be subject to a co-payment of the first R1000 per case. If authorisation is declined no benefits will accrue, provided that authorisation for



prescribed minimum benefits will not be refused, but shall be covered in full as provided for in rule 16.4;

- 4. Claims must be submitted in accordance with the instructions contained in Rule 15.
- 5. Maximum annual benefits shall be calculated from 1 January to 31 December each year, based on the services rendered during that year.
- 6. Unexpended benefits cannot be accumulated and are not transferable from one financial year to another or from one category to another.
- 7. In the case of treatment necessary for rape victims or needle stick injuries; benefits in respect of such treatment shall be payable at 100% of cost and not from a member's PMSA; and in respect of medicines, the benefit entitlement as for chronic medication shall apply, subject to paragraph 10.
- 8. The Scheme shall establish or cause to be established a programme to manage the treatment of immune deficiency related to HIV/AIDS. Benefit entitlement, in accordance with the treatment protocols governing the Chronic Illness Benefit programme and the HIV/AIDs management programme, as well as clause 10 and shall not be less than those for the regulated Prescribed Minimum Benefits.
- 9. The Scheme may establish or cause to be established, a designated hospital network, a designated pharmacy network, a hospital risk management programme, a chronic medicine risk programme, a disease risk management programme and any other programme, including without limitation, the establishment of treatment protocols, the use of formularies, capitation agreements and limitations on disease coverage which the Board may find appropriate for the management of the benefits detailed in these rules.





#### 10. PRESCRIBED MINIMUM BENEFITS (PMB'S)

To be read in conjunction with **Annexure D**.

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### 10.1 **Designated Service Providers**

The Scheme designates the following service provider(s) for the delivery of relevant health care services relating to the diagnosis, treatment and care of prescribed minimum benefit conditions to its beneficiaries:

- 10.1.1 A list of private hospitals that entered into tariff arrangements with the Scheme;
- 10.1.2 A list of pharmacies that entered into preferred provider arrangements with the Scheme, such as Dischem Pharmacies, Clicks Pharmacies and the Discovery Health Pharmacy Network, including Southern RX Pharmacies;
- 10.1.3 A list of specialists contracted on behalf of Remedi by Discovery Health in terms of direct payment arrangements (Classic Direct/Premier Rate/KeyCare Rate arrangements) who have agreed to charge for consultations and procedures at the Remedi Rate;
- 10.1.4 The Remedi Standard Option GP Network of general practitioners contracted through Discovery Health on behalf of the Scheme who have agreed to charge the Remedi Rate;
- 10.1.5 Optical Network (Preferred Provider negotiators, "PPN")
- 10.1.6 DRC (Dental Risk Company as the contracted dental management organisation) for members on the Standard Option;
- 10.1.7 SANCA, RAMOT or Nishtara for drug and alcohol, detoxification and rehabilitation;
- 10.1.8 ER24 as preferred provider for emergency services;
- 10.1.9 A list of hospitals to obtain services for Prescribed Minimum Benefits known as the PMB Hospital Network;
- 10.1.10 An in-hospital GP and Specialist Network for services related to PMB;
- 10.1.11 A Mental Health Network to obtain out-of-hospital services from a list of Psychiatrists and Social Workers who has entered into a preferred provider arrangement with the Scheme.

The above service provider(s) shall for the purposes of this Appendix be referred to as "designated service providers".

# 10.2 Prescribed Minimum Benefits obtained from designated service providers

Notwithstanding any other provisions in these rules, the Scheme will provide members and their dependants with cover at 100% of the cost, without copayments or the use of deductibles, or of the Remedi Rate, whichever is applicable in respect of diagnosis, treatment and care for conditions specified in the statutory prescribed minimum benefit, in at least one provider or provider network, designated by the Scheme, which shall at all times include the public hospital system.

### 10.3 **Prescribed minimum benefits voluntarily obtained from other providers**

A co-payment or deductible may be imposed on a member if a member or his or her dependant obtains such services from a provider other than a designated or preferred service provider, of not more than 30% or lower as determined by the Board of the cost of such services, provided that no co-payment or deductible shall be payable by a member if the service was involuntarily obtained from a provider other than a designated service provider.

#### 10.4 **Prescribed minimum benefits involuntarily obtained from other providers**

- 10.4.1 If a beneficiary involuntarily obtains diagnosis, treatment and care in respect of a prescribed minimum benefit condition from a provider other than a designated service provider, the medical scheme will pay 100% of the cost in relation to those prescribed minimum benefit conditions.
- 10.4.2 For the purposes of paragraph 10.4.1, a beneficiary will be deemed to have involuntarily obtained a service from a provider other than a designated service provider, if
  - 10.4.2.1 The service was not available from the designated service provider and would not be provided without unreasonable delay;
  - 10.4.2.2 Immediate medical or surgical treatment for a prescribed minimum benefit condition was required under circumstances or at locations which reasonably precluded the beneficiary from obtaining such treatment from a designated service provider; or



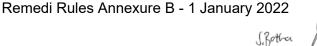
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- 10.4.2.3 There was no designated service provider within reasonable proximity to the beneficiary's ordinary place of business or personal residence.
- 10.4.3 Except in the case of an emergency medical condition, preauthorisation shall be obtained by a member prior to involuntarily obtaining a service from a provider other than a designated service provider in terms of this paragraph, to enable the Scheme to confirm that the circumstances contemplated in paragraph 10.4.2 are applicable.

### 10.5 Medication

- 10.5.1 Where a prescribed minimum benefit includes medication, the Scheme will pay 100% of the cost of the medication, if that medication is obtained from a designated service provider or is involuntarily obtained from a provider other than a designated service provider, *and* 
  - 10.5.1.1 The medication is included on the applicable formulary in use by the Scheme; or
  - 10.5.1.2 The formulary does not include a medicine that is clinically appropriate and effective for the treatment of that prescribed minimum benefit condition.
- 10.5.2 Where a prescribed minimum benefit includes medication, and that medication is voluntarily obtained from a provider other than a designated service provider, a co-payment equal to the difference between the actual cost of the medication and the cost that would have been incurred had the designated service provider been used.
- 10.5.3 Where a prescribed minimum benefit includes medication, and the formulary includes medication that is clinically appropriate and effective for the treatment of a prescribed minimum benefit condition suffered by a Beneficiary, and that Beneficiary knowingly declines the formulary medicine and opts to use another medicine instead, the Scheme will fund the medicine up to a Therapeutic Reference Price ("TRP") or the Chronic Drug Amount ("CDA"), which is applicable for that condition.



### 10.6 **Prescribed Minimum Benefits obtained from a public hospital**

Notwithstanding anything to the contrary contained in these Rules, the Scheme shall pay 100% of the costs of prescribed minimum benefits obtained in a public hospital, without limitation.

### 10.7 Diagnostic tests for all unconfirmed PMB diagnosis

Where diagnostic tests and examinations are performed but do not result in confirmation of a prescribed minimum benefit condition diagnosis, except for an emergency medical condition, such diagnostic tests or examinations are not considered to be a prescribed minimum benefit.

### 10.8 Co-payments

Co-payments in respect of the costs for PMB's may not be paid out of medical savings accounts, if a member is registered on the Comprehensive Option.

## 10.9 Chronic conditions

Any benefit option covers the full cost for services rendered in respect of the prescribed minimum benefits which includes the diagnosis, medical management and medication to the extent that it is provided for in terms of a therapeutic algorithm as prescribed for the specified chronic conditions.

### 10.10 Diagnosis

- 1. Addison's disease
- 2. Asthma
- 3. Bipolar mood disorder
- 4. Bronchiectasis
- 5. Cardiac failure
- 6. Cardiomyopathy disease
- 7. Chronic renal disease
- 8. Coronary artery disease
- 9. Chronic obstructive pulmonary disorder (COPD)
- 10. Crohn's disease
- 11. Diabetes insipidus
- 12. Diabetes mellitus type 1
- 13. Diabetes mellitus type 2
- 14. Dysrhythmias
- 15. Epilepsy

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Remedi Rules Annexure B - 1 January 2022

- 16. Glaucoma
- 17. Haemophilia
- 18. HIV and AIDS
- 19. Hyperlipidaemia
- 20. Hypertension
- 21. Hypothyroidism
- 22. Multiple sclerosis
- 23. Parkinson's disease
- 24. Rheumatoid arthritis
- 25. Schizophrenia
- 26. Systemic lupus erythematosus
- 27. Ulcerative colitis

#### 11. **Managed Care Programmes**

#### 11.1 **Patient Management Programmes**

Members registered on the Chronic Illness Benefit (CIB) and who have been diagnosed with Diabetes Type I and II, HIV, cardiac conditions or major depression have access to Patient Management Programmes and a premier basket of care when consulting with a contracted Premier Plus General Practitioner to manage their conditions. Additional consultations and formulary medicines as deemed clinically and medically appropriate are made available from a basket of care from these Patient Management Programmes.

#### 11.2 **Home Care**

Discovery Home Care provide quality nursing or care worker support in the member's home by professional nurses who are accredited by Discovery Health (Pty) Ltd and includes the following services:

11.2.1 End-of-life care

> End-of-life care is provided by nurses or care workers in partnership with the Hospice Palliative Care Association of South Africa and paid from the frail care and private nursing limits as set out in Annexures B1, B2 and B3.

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Oncology-related conditions are paid from the Advanced Illness Benefit (AIB) and members registered on the Oncology Management Programme have access to this comprehensive palliative care programme. This programme offers unlimited cover for approved care at home. The additional basket of services is only available once the member is authorised to be registered on the programme.

#### 11.2.2 **IV Infusions**

The administration of IV antibiotics, iron treatment, enzymes, steroids, rehydration fluids and immunoglobulins if a member's condition is stable and hospital admission is not required is authorised and paid from the hospital benefit as set out in Annexures B1, B2 and B3.

#### 11.2.3 Wound Care

Wound care for venous ulcers, diabetic foot ulcers, pressure sores and other moderate to severe wounds if a member's condition is stable and hospital admission is not required. This type of care is to be authorised and approved to be paid from the hospital benefit as set out in Annexures B1, B2 and B3.

#### 11.2.4 Postnatal Care

This service offers home visits for healthy mothers, and their babies, if they choose to be discharged a day early from hospital. This service includes three day visits by a midwife, within a six-week postnatal period. It is paid from the hospital benefit as set out in Annexures B1, B2 and B3 if authorised and approved.

The provisions of paragraphs 10.3, 10.4 and 10.5 and Annexure D is applicable.

#### 11.3 Spinal Care

The Spinal Care Programme offers a spinal surgery component for members needing spinal surgery, and a conservative care programme for those with

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severe back pain, but where surgery can be prevented through out-of-hospital care.

If spinal surgery is the only option to manage the back pain, members can access a facility within the Remedi Spinal Care Surgery Network. Members are covered for conservative back pain management, which includes consultations with physiotherapists or chiropractors who specialise in the management of back pain and are part of the conservative care network.

#### 11.4 Member Care Programme

This customised, outpatient programme helps members who have complex medical needs. The programme facilitates high-quality, planned, personcentred care and chronic condition management to achieve improved outcomes. Members that qualify for the programme are identified via a risk intelligence tool and the member care team. The team will contact members proactively to offer voluntary enrolment if they meet the clinical criteria.





# **STANDARD OPTION: BENEFITS 2022**

(Members and their dependants are entitled to the following benefits, subject to the provisions of these Rules and in particular paragraph 10 of Annexure B and Annexure D concerning the provision of the statutory Prescribed Minimum Benefits, "PMB's",)

	BENEFIT	RATE	LIMITS	COMMENTS
1.		Hospitals as well rocedures     Overall annual limit of: Per family: R 625 000       IE ON     ITC+02:00)		Subject to management of clinical risk by Discovery Health as contracted and use of defined DSP network of hospitals. <b>All non-emergency admissions are subject</b> <b>to pre-authorisation</b> . Emergencies must be authorised within 24 hours of admission or first working day after such emergency treatment or admission. A co- payment of R1 000 for failing to pre-authorise will apply. Da Vinci Robotic Assisted Prostatectomy is funded up to a maximum of the cost of a standard Prostatectomy, as determined by the Board, where prostate cancer confirmed by means of a histology report, regardless whether the member is registered on the Oncology Management Programme. Limited up to R113 000.00 and limited to one procedure per beneficiary and must be pre-authorised.
	<ul> <li>Hospital accommodation</li> <li>Accommodation in a general ward, intensive care unit, high care unit, maternity ward, as well as theatre and recovery costs</li> </ul>	100% of the Remedi Rate	Subject to overall annual limit <b>Pre-authorisation of admission required</b>	Annexures B and D has reference. The Scheme may require that a member be transferred to a PMB Network Hospital if admitted into a non-DSP following an emergency admission.
	<ul> <li>Surgery and medical procedures</li> <li>Surgery and medical procedures, which generally, but not necessarily, require hospitalisation</li> <li>Confinements and antenatal consultations</li> <li>Theatre fees and anaesthetics</li> <li>Treatment for renal dialysis</li> </ul>	100% of the Remedi Rate	Subject to overall annual limit <b>Pre-authorisation of admission required</b> No benefit for conservative dentistry under anaesthesia No benefit for maxillo-facial and oral surgery (excluding trauma-related surgery)	Benefits in respect of services for infertility, limited to the medical and surgical management of those procedures and interventions as defined under PMB Code 902M, subject to the provisions of Regulation 8(3) of the Medical Schemes Act, Act No 101 of 1998. Cosmetic surgery is a listed Scheme exclusion on Remedi

# Remedi Rules 1 January 2022 Standard Option

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BENEFIT	RATE	LIMITS	COMMENTS
<ul> <li>Hospital and surgical material/ equipment</li> <li>As per agreed list</li> </ul>	100% of the Remedi Rate	Subject to overall annual limit <b>Pre-authorisation of admission required</b>	Limits set in terms of charging policy for listed items, which may be agreed with DSP and other providers. Benefit for medicines to take home (TTO`s),
<ul> <li>Blood transfusions, blood products and transport of blood</li> <li>In-hospital visits</li> </ul>	100% of the Remedi Rate	Subject to overall annual limit	limited to 5 days.
General practitioners and specialists' visits during pre-authorised hospitalisation      REGISTERED BY ME ON      Mashilo Leboho()     Mashilo Leboho()     Millio Leboho()     Milli	100% of the Remedi Rate	Subject to overall annual limit	<ul> <li>For surgery, medical procedures and in-hospital visits/consultations Remedi will make payment in full directly to the DSP concerned. In such a case the Member will not be liable for any co-payment to such DSP.</li> <li>If such services are provided to a Member who chooses to use a non-DSP, except in the involuntary circumstances described in 10.4 read with 10.3 and/or 10.5 of Annexures B and Annexure D to the Rules, then such Member</li> <li>will be liable to pay the provider;</li> <li>will receive a benefit limited to 100% of the Remedi Rate;</li> <li>may be required to make co-payments to such provider for fees charged above the Remedi Rate</li> </ul>
<ul> <li>Readmission Prevention Benefit</li> <li>Homecare by a healthcare provider and/or qualified nurse for patients considered at high risk of readmission, when discharged from acute care</li> </ul>	100% of the Remedi Rate	Subject to overall annual limit	Basket of care as approved by Remedi
2. Hospitalisation in public hospitals as well as surgery and medical procedures performed by <i>public sector practitioners</i>	100% of Cost	Limited to Overall annual limit, subject to sub-limit of R 260 000 per family (M+) for treatment in public facilities. For involuntary admissions to Hospitals outside of the PMB Hospital Network, no limits on Prescribed Minimum Benefits (PMB's), as set out in the Medical Schemes Act;	Subject to the management of clinical risk by Discovery Health as contracted. All non-emergency admissions are subject to pre-authorisation. Emergencies must be authorised within 24 hours of admission or on the first working day after such emergency treatment or admission.
<ul> <li>Hospital accommodation</li> <li>Accommodation in a general ward, intensive care unit, high care unit, maternity ward, as well as theatre and recovery costs</li> </ul>	100% of Cost	Subject to overall annual limit Pre-authorisation of admission required	Benefits in respect of services for infertility, limited to the medical and surgical management of those procedures and interventions as defined under PMB Code 902M, subject to the provisions of Regulation 8(3) of the Medical Schemes Act, Act No 101 of 1998.

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	BENEFIT	RATE	LIMITS	COMMENTS
	<ul> <li>Surgery and medical procedures</li> <li>Surgery and medical procedures, which generally, but not necessarily, require hospitalisation</li> <li>Confinements and antenatal consultations</li> <li>Theatre fees and anaesthetics</li> <li>Treatment for renal dialysis</li> </ul> Hospital and surgical material/equipment <ul> <li>As per agreed list</li> </ul>	100% of Cost 100% of Cost	<ul> <li>Subject to overall annual limit</li> <li>Pre-authorisation of admission required</li> <li>No benefit for conservative dentistry under anaesthesia</li> <li>No benefit for maxillo-facial and oral surgery (excluding trauma-related surgery)</li> <li>Subject to overall annual limit</li> <li>Pre-authorisation of admission required</li> </ul>	Cosmetic surgery is a listed Scheme exclusion on Remedi REGISTERED BY ME ON Mashilo Leboho 24/12/2021 12/926/12/29TC+02:00) Signed by Mashilo Leboho, m.leboho@medica.schemes.co.za REGISTRAR OF MEDICAL SCHEMES
	<ul> <li>Blood transfusions, blood products and transport of blood</li> <li>In-hospital visits</li> <li>General practitioners and specialists' visits during pre-authorised hospitalization</li> </ul>	100% of Cost 100% of Cost	Subject to overall annual limit	Benefit for medicines to take home (TTO`s), limited to 5 days.
3.	Medicines Acute and Chronic Medicine	100% of the cost on approved drug list (DSP medicine formulary)/Medicine Rate/Therapeutic Reference Price ("TRP")	Unlimited, subject to: Fixed drug list/formulary/TRP – unlimited via DSP contracted network of providers, subject to paragraph 10 of Annexures B and Annexure D. A co-payment at non- DSP of 20% is applicable. Oral contraceptives are limited to a monthly limit of R165.00 per female beneficiary per month payable and subject to the overall annual limit. A co-payment of 20% is applicable if a member obtains oral contraceptives from a non-DSP pharmacy. Over-the-counter (OTC) medicine are limited to R165.00 per script and R335.00 per annum and subject to the overall annual limit. One influenza vaccine per beneficiary per year payable and subject to the OTC limit, where a member consult with a network provider.	Benefits for chronic medication relating to the treatment of PMB CDL and DTP conditions, shall be subject to pre-authorisation and paid in accordance with the treatment protocols, relating to the diagnosis, medical management and treatment for such conditions, including clinical entry criteria, in accordance with the Chronic Disease Programme managed by Discovery Health or the HIV/AIDS Programme, or the managed health care providers appointed by Remedi. Benefit for very expensive chronic medicines which have been "carved out" and not on fixed drug list / formulary are subject to approval of the Remedi Medical Advisory Committee. Influenza vaccines for high risk members and members > 65 years and/or members who are pregnant are funded from the Prevention and Screening Benefit. Clinical entry criteria is applicable.

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	BENEFIT	RATE		LIMITS		COMMENTS
4.	<ul> <li>Extended physiotherapy, occupational therapy, speech therapy and biokinetics Maintenance therapy (In and Out of Hospital)</li> <li>Extended physiotherapy, occupational therapy, speech therapy and biokinetics of a maintenance or conservative nature, based on an approved and preauthorised treatment plan, typically preceded by a rehabilitation programme and/or arising from a congenital defect of a mental or physical nature.</li> </ul>	100% of the Remedi Rate	R4 130 per family per annum.		This specifically excludes treatment of an acute/minor injury as determined by Remedi's Medical Advisory Committee.	
	<ul> <li>Rehabilitation therapy post hospitalisation</li> <li>Extended physiotherapy, occupational therapy, speech therapy and biokinetics of a rehabilitative nature that is preceded by hospitalisation; such treatment must be connected to an approved rehabilitative treatment plan and must commence within two weeks of discharge from hospital.</li> </ul>	100% of the Remedi Rate	Subject to Overall Annual Limit with a sub-limit: R4 130 per family per annum <b>Pre-authorisation required</b>		REGISTERED BY ME ON Mashilo Leboho(13/23) 24.12/2021 118:34(3) Signed by Mashilo Leboho, m Jeboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES	
5.	<ul> <li>Trauma recovery extender benefit</li> <li>Covering out of hospital treatment following a traumatic incident resulting in</li> <li>paraplegia, quadriplegia, tetraplegia and hemiplegia</li> </ul>	100% of the Remedi Rate	Pre-authorisation req Subject to the overall a limits		he following sub-	For PMB conditions, mental health treatment to be obtained from a service provider contracted to the Scheme's Mental Health Network.
	<ul> <li>conditions resulting from near drowning,</li> </ul>		Loss of limb per famil	у	R89 000	
	severe anaphylactic reaction, poisoning		Private nursing		R11 200	
	<ul> <li>and crime related injuries;</li> <li>severe burns;</li> </ul>		Prescribed medication :	M	R14 300	
	<ul> <li>certain external and internal head</li> </ul>			M + 1	R16 900	
	injuries and loss of limb, or part			M + 2	R20 100	
	thereof.			M + 3 or more	R24 300	
			External medical item	S	R34 000	
			Hearing Aids R16 100			
			Mental health benefit		R20 200	
6.	<ul> <li>Out-of-hospital benefit for</li> <li>general practitioners;</li> <li>dentistry;</li> <li>pathology and radiology (excluding MRI and CT scans) benefits</li> <li>Vacuum Assisted Breast Biopsy (VABB)</li> </ul>	100% of the Remedi Rate	<ul> <li>Out-of-hospital benefit unlimited via the DSP contracted network of practitioners</li> <li>general practitioner consultations, including small procedures;</li> </ul>		Excludes dentures and special dentistry. Point-of-care pathology testing is subject to meeting the Scheme's treatment guidelines and Managed Health Care criteria.	

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BENEFIT	RATE	LIMITS	COMMENTS
World Health Organisation (WHO) Global Outbreak Benefit for out-of- hospital management and appropriate	Save for Prescribed Minimum Benefits (PMB), up to a maximum of 100% of the Remedi Rate	<ul> <li>basic dentistry, viz. consultations, extractions and fillings, including resin fillings up to level 3, i.e. 3 surface fillings per tooth;</li> <li>basic x-rays, namely black and white x-rays of chest, abdomen, pelvis and limbs;</li> <li>pathology tests as limited by agreement, including point-of-care testing as authorised;</li> <li>VABB per beneficiary limited to two procedures per year at negotiated fees</li> <li>Funded out of a dedicated basket of care as set by the Scheme related to COVID-19 and limited to: <ul> <li>Unlimited screening consultations with a nurse or GP;</li> <li>Defined basket of pathology up to 3 tests per person per year, except where cover is PMB;</li> <li>Unlimited home-based care in lieu of hospitalisation</li> </ul> </li> </ul>	REGISTERED BY ME ON         Anashilo Leboho       Anashilo Leboho         Anashilo Leboho       Anashilo Leboho         Interview       Registran of Medicalschemes.co.za         REGISTRAR OF MEDICAL SCHEMES       Cover for the Scheme's preferred provider, protocols and the condition and treatment meeting the Scheme's clinical entry criteria and guidelines.         Cover for testing is subject to referral.         Long Covid activation of the benefit and basket of care provided by the Scheme for a period of 6 months from the date of diagnosis by the treating healthcare provider.
treatment	100% of the Remedi Rate or 100% of cost at the Designated Service Provider (DSP)	Unless PMB, subject to Overall Annual limit with a sub- limit for specialists working at a DSP or Preferred Provider network of hospitals and emergency treatment: Per Principal Member: R2 740 Per Adult dependent: R1 730 Per Child dependent: R 550 up to a maximum of 3 children All benefits will be limited to the above sub-limit after which the cost related to the diagnosis and medical management of a PMB chronic condition, including HIV/AIDS, will be unlimited. Access to the PMB Benefit is subject to referral by contracted DSP to a specialist	Including consultation for insertion of Mirena contraceptive device in gynaecologist's rooms, provided pre-approval obtained and subject to Scheme clinical protocols and guidelines. Excluding clinical psychologist and social workers. Remedi will make payment in full to a DSP providing relevant health care services to a Member without such Member being liable to make any co-payment to such DSP. If such services are provided to a Member who

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BENEFIT	RATE	LIMITS	COMMENTS
REGISTERED BY ME ON Mashilo Leboh 24/12/2021 11-16-49/07C+02:00) Signed by Mashilo Leboho, m.leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES		hospitals, subject to rules 10.3, 10.4 and 10.5 of Annexures B and D. Members diagnosed with HIV/AIDS are encouraged to register on the HIV/AIDS Management Programme and all benefits relating to the diagnosis, medical management and treatment of HIV/AIDS will, following diagnosis by the DSP contracted preferred provider, be payable in line with defined protocols/"baskets of care", subject to the provisions of 10.3 – 10.6 of Annexures B and D to the Rules.	<ul> <li>with 10.3 and/or 10.5 of Annexures B and D to the Rules, then such Member</li> <li>will be liable to pay the provider;</li> <li>will receive a benefit limited of maximum 100% of the Remedi Rate;</li> <li>may be required to make co-payments to such provider for fees charged above the Remedi Rate.</li> </ul>
<ul> <li>Maternity         <ul> <li>Pregnancy Scans, pregnancy related tests and antenatal consults</li> <li>Limited consultations, pregnancy scans and a specified range of pathology tests</li> </ul> </li> <li>Limited pregnancy scans antenatal consultations and a specified range of pathology tests</li> </ul>	Pregnancy Scans, pregnancy related tests and antenatal consults       100% of Remedi Rate.       Subject to Overall Annual Limit and the requirements prescribed for PMBs the maternity benefit/basket of care includes:         and a specified range of pathology tests       100% of Remedi Rate.       Subject to Overall Annual Limit and the requirements prescribed for PMBs the maternity benefit/basket of care includes:         usultations and a specified range of iology tests       100% of Remedi Rate.       Limited to 9 consultations at a Network GP, Midwife or Gynaecologist;         9 x urine dipstick tests;       1 x Nuchal Translucency (NT) and/or Non- Invasive Prenatal Test (NIPT) and T21 screening per pregnancy		<ul> <li>Managed by Discovery Health the Scheme provides benefits in the GP setting or the member's chosen Sonographer, and through the standard Pathology benefits allowed in terms of the negotiated contractual agreements.</li> <li>Remedi will make payment in full, subject to the applicable limit, to a specialist DSP providing relevant health care services to a Member without such Member being liable to make any co-payment to such DSP.</li> <li>NT and/or NIPT and T21 screening (Down Syndrome Screening Tests) to be made available in addition to available ultrasound scans. Clinical entry criteria will be applicable.</li> <li>If such services are provided to a Member who chooses to use a non-DSP, except in the involuntary circumstances described in 10.4 read with 10.3 and/or 10.5 of Annexures B and Annexure D to the Rules, then such Member</li> <li>will be liable to pay the provider;</li> <li>will be liable to pay the provider;</li> <li>may be required to make co-payments to such provider for fees charged above the Remedi Rate.</li> </ul>
8. Specialised dentistry Inlays, crown and bridgework, study models, dentures and the repair thereof, orthodontics, periodontics, prosthodontics and osseo- integrated implants		Nil Benefit	
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	BENEFIT	RATE	LIMITS	COMMENTS
9.	Optical <ul> <li>Eye tests</li> </ul>	100% of cost at Preferred Provider Optometrist	A composite consultation inclusive of refraction, a glaucoma screening, visual field screening and Artificial intelligence for the detection of diabetic retinopathy at Preferred Provider every 24 months is paid at 100% of cost per beneficiary.	Benefit available via DSP contracted Optometrist Network only.
	Spectacles		One pair of Clear single lenses up to R210 per beneficiary or one pair of Clear bifocal lenses up to R445 in per beneficiary every two years (Clear multifocal lenses m. covered up to the cost of bifocal lenses) or contact lenses in lieu of spectacles up to the value of R595 may be provided at Preferred Providers only.	122021 11:16.57(1076+02:00) ind by Masher Leona eboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES
	Frames and/or lens enhancements		Standard frame and/or lens enhancements up to R315 per beneficiary every two years at Preferred Providers only.	
	<ul> <li>Refractive eye surgery and Corneal Cross Linking</li> </ul>		Nil Benefit	
10.	<b>Oncology</b> Consultations, visits, treatment, medication and materials used in radiotherapy and chemotherapy, including PET-CT scans if pre-authorised	100% of the Remedi Rate up to R235 000 per beneficiary and thereafter funded at 80% of Remedi Rate. PMB treatment is funded at 100% of Cost/Remedi Rate.	Subject to overall annual limit and an Overall Oncology annual limit of R235 000 per beneficiary and family limit per annum over a 12 month rolling period from date of diagnosis. Benefit subject to the prescribed requirements for PMB`s.	Subject to pre-authorisation, an approved all- inclusive treatment plan and to the hospital risk management programme, where applicable. A co-payment of R3 350 is payable for PET-CT scans if not pre-authorised and services are not obtained at a designated service provider. Sub-limit may be increased, subject to approval of the Scheme's Medical Advisory Committee, where non-PMB level of care and will be increased automatically where PMB level of care and clinically appropriate. To read Annexure D in conjunction with this Rule.
11.	Frail care and private nursing Hospicare	100% of the Remedi Rate 100% of Cost	Unless PMB, subject to overall annual limit with a sub- limit of R14 400 per family. <b>Pre-authorisation required.</b>	Subject to the hospital risk management programme, prior approval of the Scheme and only available as an alternative to hospitalisation in a registered / approved / accredited facility.
	TOSPICALE			Sub-limit may be increased, subject to approval of the Scheme's Medical Advisory Committee.
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	BENEFIT	RATE	LIMITS	COMMENTS
				Where pre-authorisation is not obtained, no benefits will apply Advanced Illness Benefit (AIB) available upon application and pre-approval where clinically appropriate
	Sub-Acute facilities	100% of the Remedi Rate	Subject to overall annual limit Pre-authorisation required.	
12.	<ul> <li>Radiology and pathology</li> <li>Radiology: In hospital</li> <li>Pathology: In hospital</li> <li>MRI and CT scans in hospital</li> </ul>	100% of the Remedi Rate	Subject to overall annual limit and benefit confirmation to be obtained for MRI and CT scans. REGISTERED BY ME ON Mashilo Leboro 24/12/2021/2029/UTC+02:00) Signed by Mashilo Leboho, m.leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES	Remedi will make payment in full, subject to the applicable limit, to a specialist DSP providing relevant health care services to a Member without such Member being liable to make any co-payment to such DSP. If such services are provided to a Member who chooses to use a non-DSP, except in the involuntary circumstances described in 10.4 read with 10.3 and/or 10.5 of Annexures B and Annexure D to the Rules, then such Member • will be liable to pay the provider; • will receive a benefit limited to 100% of the Remedi Rate; • may be required to make co-payments to such provider for fees charged above the
13.	<ul> <li>Prevention and Screening Benefit Including blood glucose, blood pressure, cholesterol and body mass index screening tests, HIV, mammogram, pap smear, prostate specific antigen (PSA) test and influenza vaccine for identified high risk members, members who are pregnant and members above the age of 65</li> <li>Pneumococcal vaccine for identified high risk members.</li> <li>Preventative dentistry is provided through the contracted DSP.</li> </ul>	100% of the Remedi Rate	Subject to overall annual limit.	Remedi Rate Remedi will make payment in full, subject to the applicable limit, to a specialist DSP providing relevant health care services to a Member without such Member being liable to make any co-payment to such DSP. If such services are provided to a Member who chooses to use a non-DSP, except in the involuntary circumstances described in 10.4 read with 10.3 and/or 10.5 of Annexures B and Annexure D to the Rules, then such Member • will be liable to pay the provider; • will receive a benefit limited to 100% of the Remedi Rate; • may be required to make co-payments to such provider for fees charged above the Remedi Rate.

	BENEFIT	RATE	LIMITS		COMMENTS
	<ul> <li>Human Papillomavirus (HPV) vaccine for males between the ages of 11 and 21 and females between the ages of 11 and 26 years. HPV screening tests are limited to 1 x every 5 years if the member is HIV negative and one test every 3 years if the members is HIV positive. These tests are an alternative to pap smears.</li> <li>One LDL cholesterol screening is available per high risk beneficiary where clinically indicated at network pharmacy.</li> <li>HbA1c is funded from the Insured Out of Hospital benefit, where clinically appropriate.</li> <li>A group of age appropriate screening tests and additional screening assessments for members 65 years and older. (Senior Screening Tests)</li> <li>Colorectal screening limited to one fecal occult blood test or immunochemical test every 2 years per person for persons between the ages of 45 to 75 years. One colonoscopy where clinically appropriate.</li> </ul>		REGISTERED BY ME ON Mashio Leboh2021/12/23 24.12/2021 11:17:11/UTC+02:0 Signed by Mashilo Leboho, m.leboho@medicalschemes.co	0)	If the member has more than 1 HPV screening test before the 5 years' period expires, if HIV negative (or before the 3 years' period expires where the member is HIV positive) then: • the second and sub-sequent claims during that period will be paid from the member's insured out-of-hospital specialist benefit, if benefits are available and where the result of the screening test is abnormal or after treatment the follow-up tests will be funded yearly until normal. If the member has more than 1 HPV screening tests during the year after an abnormal HPV test result, the second and sub-sequent claims during that year will be paid from the member's insured out-of-hospital specialist benefit, if benefits are available for the member's account.
14.	Internal Prostheses and Devices	100% of the Remedi Rate	Subject to the Overall Annual Lin limits: Total hip replacement Revision hip Knee replacement Revision knee replacement Total shoulder replacement Spinal benefit (one procedure per year) first level two or more levels Bare metal cardiac stents max. 3 p.a. (each) Drug eluting cardiac stents (each) max. 3 p.a.	nit with the following sub- R39 300*** R46 500*** R30 900*** R39 300*** R36 200 ** ** **	<ul> <li>Subject to pre-authorisation and clinical protocols the prescribed requirements for PMB's.</li> <li>Spinal benefit limit: <ul> <li>applies to the prosthetic device only</li> </ul> </li> <li>PER LEVEL LIMIT (artificial disc replacement, interspinous process devices &amp; spinal fusion)</li> <li>Funding at network or non-network providers up to 100% of the Remedi Rate</li> </ul>

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	BENEFIT	RATE	L	IMITS	COMMENTS
	REGISTERED BY ME ON Mashilo Leboho 24,12/2021 1021/2016/2000 Signed by Mashilo Zeboho, m.leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES		Pacemaker with Leads Pacemaker Biventricular Cardiac valves (each) Artificial limbs (below kne Artificial Limbs (above kn Artificial eyes(prosthesis apparatus) All other internal prosthes and devices	R84 200       R42 600       re)       R25 600       nee)       R46 600       plus       R24 000	*Sub-limit may be increased, subject to approval of the Scheme's Medical Advisory Committee and where applicable the Scheme's Executive Committee. Funding of temporary and permanent Sacral nerve stimulators is specifically excluded. *** Negotiated reference price list is applicable. *** Hip and Knee Arthroplasty Procedures: The Scheme is contracted with Mediclinic as Designated Service Provider ("DSP") for these procedures. A R2 500.00 co-payment for voluntary non-DSP use will apply. The aforementioned co-payment will be waived for members who reside outside a thirty (30) kilometre radius from a Mediclinic hospital.
15.	External Prostheses and Appliances. (including the External components of external prosthesis, incontinence products, etc)	100% of the Remedi Rate	Subject to Overall Annual limits: Colostomy equipment Hearing aids Wheelchairs Oxygen appliances (includes oxygen) All other appliances	Limit with the following sub- R14 300 per beneficiary per annum R18 400 per beneficiary per annum R12 650 per beneficiary per annum R2 075 per beneficiary per month R3 400 per beneficiary per annum	Colostomy equipment can be obtained via Cancer Society. Oxygen benefit subject to registration for the use of oxygen on the Chronic Illness Benefit Programme managed by Discovery Health as contracted. Funding of Mirena contraceptive device payable from all other appliances, subject to pre- approval in line with Scheme clinical protocols and guidelines and provided inserted in gynaecologists' rooms. CPAP devices funded from the "all other appliances" limit as available, where deemed clinically appropriate and limited to the agreed/negotiated rates with preferred providers. Point-of-care devices for point-of-care testing are funded from the "all other appliances" limit as available, where deemed clinically appropriate.

	BENEFIT	RATE	LIMITS	COMMENTS
16.	Paramedical services			
	Ambulance	100% of the Remedi Rate	Subject to utilisation of preferred provider, viz. ER24 Emergency Response Service.	Transfers for same event subject to medical justification. <b>Pre-authorisation required with preferred</b> <b>provider</b> . If emergency transportation is obtained by service provider other than preferred provider the latter provider must be notified within 24 hours.
17.	Psychiatric benefit In hospital and in lieu of hospitalisation (including the treatment of alcoholism and drug dependency)	100% of the Remedi Rate	Subject to overall annual limit, limited to 21 days per annum in hospital or 15 days in an out-of-hospital setting or a combination of in- and out-of-hospital as prescribed in terms of Prescribed Minimum Benefits.	<b>Subject to pre-authorisation</b> and the management of clinical risk by Discovery Health as contracted and the prescribed requirements for PMB's and use of defined DSPs. Benefits may be granted for out-of-hospital consultations and/or treatment in lieu of hospitalisation. Services and treatment for PMB conditions to be obtained from a DSP (Mental Health Network provider) contracted with the Scheme and funding per Annexure D will be applicable. Benefit may be increased, subject to approval of the Remedi's Medical Advisory Committee.
18.	Out-of-area benefit (OOA) (when away from normal residence or nominated DSP contracted network service provider is unavailable after hours)	100% of the Remedi Rate	Limited to 3 visits per family (M+) to a maximum of R1 850 per family per annum.	For after-hours (Mon – Fri 08:00 to 17:00 and Sat 09:00 to 12:00) emergencies when nominated practitioner is not available and/or member is away from normal residence. If no DSP contracted service provider is available member may access Non-DSP Provider. No formulary is applied; payment is based on the Rand value and number of OOA visits per annum. Benefit managed by Discovery Health.
19.	(Including harvesting of organs, consultations/visits and post-operative anti- rejection medicines required by recipient)	PMB will be paid at 100% of Cost. Non-PMB is paid at 100% of the Remedi Rate	PMB unlimited at the DSP. Non-PMB will be subject to the Overall Annual Limit.	<b>Subject to pre-authorisation</b> and the management of clinical risk by Discovery Health as contracted. Provisions of Annexures B and D is applicable.
20.	Renal Failure & Dialysis (Including all services and materials associated with the cost of acute and chronic renal dialysis including consultations/visits and medicines)	100% of the Remedi Rate	Subject to Overall Annual Limit and the prescribed requirements for PMB`s.	Subject to pre-authorisation and the management of clinical risk by Discovery Health as contracted. Provisions of Annexures B and D is applicable.
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	BENEFIT	RATE	LIMITS	COMMENTS
21.	Other Health Care Services Chinese medicine & acupuncture, therapeutic aromatherapy, audiology, ayurvedics, chiropody/podiatry, chiropractics (including x- rays), dietetics, homeopathy, iridology, naturopathy, orthoptics, osteopathy, therapeutic reflexology, therapeutic massage therapy, phytotherapy and traditional healing.			REGISTERED BY ME ON Mashilo Leboho, 4.12/2021 HA113/30 TC+02:00) Signed by Mashilo Leboho, n Jeboho@medicalschemes.co.za

#### GLOSSARY / EXPLANATORY NOTES:

CDL	Chronic Disease List
DSP	A Designated Service Provider for the Prescribed Minimum Benefits - "PMBs" - selected by Remedi, being the contracted private hospitals, the KeyCare specialist network, Dental Risk Company (DRC) and Preferred Provider Negotiators (PPN) and the following providers for alcohol and drug dependency – The South African National Council on Alcohol and Drug Dependence (SANCA), SANCA's nominated providers and the Ramot Centre for Alcohol and Drug Dependency, as well as any other providers selected by Remedi from time to time.
Direct Payment Arrangements "DPAs"	Are the specialist arrangements concluded between Discovery Health and specialist providers who agree to charge at or below a set rate for consultations and procedures and by reason thereof have also agreed that such rates shall be applicable to Remedi.
GP Network	The network of General Practitioners contracted to and through Discovery Health to provide relevant health care services to Remedi at the Remedi Rate
CDA	Chronic Drug Amount (CDA) is an amount of money that has been allocated to each medicine category each month for a specific condition.
М	Member without dependants
M+	Member plus dependants
Pb/pa	per beneficiary per annum
Pf/pa	per family per annum
PMB/PMB`s	the Prescribed Minimum Benefit(s)
Pre-authorisation	the approval which has been given by the Scheme, or the Scheme`s contracted Managed Healthcare provider for relevant health services, as defined in the Act, to be provided to a beneficiary, in accordance with the protocols/treatment guidelines, accepted or determined by the Scheme.
Preferred Provider	a health care provider or group providers selected by the Scheme to provide diagnosis, treatment and care in respect of PMB or non-PMB conditions. For Chronic medicine any pharmacy charging not more than the SEP and the dispensing fee equal to that charged by the DSPs.
SAOA	South African Optometric Association
Remedi Rate	is the tariff fee / rate for the payment of relevant health services equal to the Discovery Health Rate / DH rate, as prescribed in the Guide to the Discovery Health Rate, or, the fee / rate as determined by Board of Trustees in terms of any agreement between Remedi and any service provider or group of service providers
SEP	Single Exit Price
PMB Hospital	A Mediclinic hospital contracted to or nominated by the Scheme established for the provision of services that relates to Prescribed Minimum Benefit (PMB) conditions. See
Network	also DSP.
Mental Health	A defined list of Psychologists and/or Social Workers contracted or nominated by the Scheme for purposes of providing treatment to members relating to mental health
Network	conditions. See also DSP
In-Hospital GP	A defined list of GP and specialist authorised by the Scheme to provide in-hospital services to members as part of the Scheme's Premier Practice, Remedi Standard GP
Network	Network and Classic DPA Specialist Networks.
Therapeutic	A reference price model applicable to all fixed NAPPI formularies, such as the Chronic Disease List ("CDL"), Out of Hospital Diagnostic Treatment Pairs Prescribed Minimum
Reference Price ("TRP")	Benefits ("OHDTPMB"), HIV and Oncology medicines, ensuring reimbursement of non-formulary products that link to the formulary drug classes on a generic and therapeutic level.

# **COMPREHENSIVE OPTION: BENEFITS 2022**

(Members and their dependants are entitled to the following benefits, subject to the provisions of these Rules and in particular paragraph 10 of Annexure B and Annexure D concerning the provision of the statutory Prescribed Minimum Benefits, "PMB's")

	BENEFIT	RATE	LIMITS	COMMENT
1.	Hospitalisation in private hospitals as well as surgery and medical procedures performed by private practitioners.		Unlimited Overall annual limit (OAL) per family per annum REGISTERED BY ME ON Mashilo Leboho 24/12/2021201-012423UTC+02:00) Signed by Mashilo Leboho, m.leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES	Subject to the management of clinical risk by Discovery Health as contracted and use of defined DSP network of hospitals. All non-emergency admissions are subject to pre- authorisation. Emergencies must be authorised within 24 hours of admission or first working day after an emergency treatment or admission. A co-payment of R1 000 for failing to pre-authorise will apply. Da Vinci Robotic Assisted Prostatectomy is funded at 100% of the Remedi Rate or negotiated hospital rate where prostate cancer confirmed by means of a histology report, regardless whether the member are registered on the Oncology Management Programme. Limited to one procedure per beneficiary and must be pre-authorised.
	<ul> <li>Accommodation in a general ward, intensive care unit, high care unit, maternity ward, as well as theatre and recovery costs</li> </ul>	100% of the Remedi Rate	Subject to overall annual limit Pre-authorisation of admission required	Annexures B and D has reference. The Scheme may require that a member be transferred to a PMB Network Hospital if admitted into a non-DSP following an emergency admission.
	Surgery and medical procedures			
	<ul> <li>Surgery and medical procedures, which generally, but not necessarily, require hospitalisation</li> <li>Confinements</li> </ul>	100% of the Remedi Rate	Subject to overall annual limit Pre-authorisation of admission required	Benefits in respect of services for infertility, limited to the medical and surgical management of those procedures and interventions as defined under PMB Code 902M, subject to Regulation 8(3) of the Medical Schemes Act, Act No 131 of 1998.
	Conservative dentistry under anaesthesia in patients not older than 7 years		Anaesthetics and hospitalisation subject to overall annual limit. Note: dentist accounts are payable from available Insured Out-of-Hospital benefit	Cosmetic surgery is a listed exclusion on Remedi.

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BENEFIT	RATE	LIMITS	COMMENT
Hospital and surgical material/ equipment as per agreed list	100% of the Remedi Rate	Subject to overall annual limit Pre-authorisation of admission required	Limits set in terms of charging policy for listed items, which may be agreed with DSP and other Providers Benefit for medicines to take home (TTO`s), limited to 5
Blood transfusions, blood products and transport of blood	100% of the Remedi Rate	Subject to overall annual limit	_ days.
<ul> <li>In-hospital visits</li> <li>General practitioners and specialists' visits during pre-authorised hospitalisation</li> </ul>	100% of the Remedi Rate	Subject to overall annual limit <b>REGISTERED BY ME ON</b> Mashilo Leb2020/12/23 24(12/2021 11:17:49(UTC+02:00)) Signed by Mashilo Leboho, m eboho@medicalschemes.co za	<ul> <li>For surgery, medical procedures and in-hospital visits/consultations Remedi will make payment in full directly to the DSP concerned. In such a case the Member will not be liable for any co-payment to be made to such DSP</li> <li>If such services are provided to a Member who chooses to use a non-DSP, except in the involuntary circumstances described in 10.4 read with 10.3 and/or 10.5 of Annexures B and D to the Rules, then such Member</li> <li>will be liable to pay the provider;</li> <li>will receive a benefit limited to 150% of the Remedi Rate;</li> <li>may be required to make co-payments to such provider for fees charged above the Remedi Rate.</li> </ul>
<ul> <li>Readmission Prevention Benefit</li> <li>Homecare by a healthcare provider and/or qualified nurse for patients considered at high risk of readmission, when discharged from acute care</li> </ul>	100% of the Remedi Rate	Subject to overall annual limit	Basket of care as approved by Remedi
Hospitalisation in public hospitals as well as surgery and medical procedures performed by <i>public sector practitioners</i>	100% of Cost	Limited to Overall annual limit, subject to sub- limit of R 565 000 per family (M+) for treatment in public facilities. For involuntary admissions to Hospitals outside of the PMB Hospital Network, no limits on Prescribed Minimum Benefits (PMB`s), as set out in the Medical Schemes Act;	Subject to the management of clinical risk by Discovery Health as contracted. All non-emergency admissions <b>are subject to pre-</b> <b>authorisation</b> . Emergencies must be authorised within 24 hours of admission or on the first working day after such emergency treatment or admission. A co-payment of R1 000 for failing to pre-authorise will apply.

BENEFIT	RATE	LIMITS	COMMENT
<ul> <li>Hospital accommodation</li> <li>Accommodation in a general ward, intensive care unit, high care unit, maternity ward, as well as theatre and recovery costs</li> </ul>	100% of Cost	Subject to overall annual limit Pre-authorisation of admission required	
<ul> <li>Surgery and medical procedures</li> <li>Surgery and medical procedures, which generally, but not necessarily, require hospitalisation</li> <li>Confinements and antenatal consultations</li> <li>Theatre fees and anaesthetics</li> <li>Conservative dentistry under anaesthesia in patients not older than 7 years</li> </ul>	100% of Cost	Subject to overall annual limit <b>Pre-authorisation of admission required</b> Anaesthetics and hospitalisation subject to overall annual limit. <u>Note</u> : dentist accounts are payable from available Insured Out-of-hospital benefit	Benefits in respect of services for infertility, limited to the medical and surgical management of those procedures and interventions as defined under PMB Code 902M, subject to Regulation 8(3) of the Medical Schemes Act, Act No 131 of 1998. Cosmetic surgery is a listed exclusion on Remedi.
<ul><li>Hospital and surgical material/equipment</li><li>As per agreed list</li></ul>	100% of Cost	Subject to overall annual limit Pre-authorisation of admission required	Benefit for medicines to take home (TTO`s), limited to 5 days.
Blood transfusions, blood products and transport of blood	100% of Cost	Subject to overall annual limit	
<ul> <li>In-hospital visits</li> <li>General practitioner and specialist visits during pre-authorised hospitalisation</li> </ul>	100% of Cost	Subject to overall annual limit	
Chronic medication PMB Conditions REGISTERED BY ME ON Leboho 21 11:17:52021/12/23 21 11:17:52021/12/23 Dy Mashilo Leboho, 0@medical schemes.co.za REGISTRAR OF MEDICAL SCHEMES	100% of Single Exit Price " SEP" plus a dispensing fee as agreed to with the defined DSP	Unlimited benefit, and further subject to a fixed drug list (formulary) Non-formulary drugs are funded up to the Chronic Drug Amount (CDA) for a registered drug class.	Benefits for the diagnosis, medical management and treatment of PMB CDL and DTP conditions – which shall not be less than those for the regulated Prescribed Minimum Benefits – shall subject to pre-authorisation be paid in accordance with the treatment protocols including clinical entry criteria and authorized "baskets of care" governing the Chronic Illness Benefit Programme and/or HIV/AIDS Programme, managed by Discovery Health as contracted, the managed health care provider appointed by Remedi.

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	BENEFIT	RATE	LIMITS	COMMENT
Mashi 24/12/ Signed m.lebo	Non-PMB Conditions REGISTERED BY ME ON C Leboho 2021 11:18:2021/12/2302:00) by Mashilo Leboho, ho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES	100% of Single Exit Price " SEP" plus a dispensing fee as agreed to with the defined DSP	Subject to Overall Annual Limit a maximum of R2 185 per month per registered beneficiary, based on individual needs.	Subject to registration on the Chronic Illness Benefit Programme managed by Discovery Health as the Managed Health Care Provider appointed by Remedi. Where chronic medication is obtained from a pharmacy other than a DSP a co-payment for any difference in dispensing fees and/or any related fees will be payable by the member directly to the pharmacy. Any such co-payment will not be refunded to the Member via any credit of the Member's Personal Medical Savings Account.
4.	<ul> <li>Extended physiotherapy, occupational therapy, speech therapy and biokinetics</li> <li>Maintenance therapy (In and Out of hospital)</li> <li>Extended physiotherapy, occupational therapy, speech therapy and biokinetics of a maintenance or conservative nature, based on an approved and preauthorised treatment plan typically preceded by a rehabilitation programme and/or arising from a congenital defect of a mental or physical nature.</li> </ul>	100% of the Remedi Rate	<b>Pre-authorisation required</b> Subject to Overall Annual Limit with sub-limit: R14 610 per family (M+) per annum	This specifically excludes treatment of an acute (minor) injury as determined by Remedi's Medical Advisory Committee.
	<ul> <li>Rehabilitation therapy post hospitalisation</li> <li>Extended physiotherapy, occupational therapy, speech therapy and biokinetics of a rehabilitative nature that is preceded by hospitalisation; such treatment must be connected to an approved rehabilitative treatment plan and must commence within two weeks of discharge from hospital</li> </ul>	100% of the Remedi Rate	Pre-authorisation required Subject to overall annual limit	

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	BENEFIT	RATE	LIMITS	COMMENT
5.	<ul> <li>Trauma recovery extender benefit</li> <li>Covering out of hospital treatment following a traumatic incident resulting in</li> <li>paraplegia, quadriplegia, tetraplegia and paraplegia</li> </ul>	100% of the Remedi Rate	<b>Pre-authorisation required.</b> Subject to the overall annual limit and the following sub-limits.	For PMB conditions, mental health treatment to be obtained from a service provider contracted to the Scheme's Mental Health Network.
	<ul> <li>hemiplegia</li> <li>conditions resulting from near drowning, severe anaphylactic reaction, poisoning and crime related injuries;</li> <li>severe burns;</li> <li>certain external and internal head injuries and loss of limb, or part thereof.</li> </ul>		M + 1 R36 30 M + 2 R42 30	0     REGISTERED BY ME ON       0     REGISTERED BY ME ON       0     REGISTERED BY ME ON       0     0       0     REGISTERED BY ME ON       0     0
6.	Insured Out-of-Hospital ("IOH") benefit for: Consultations, procedures, radiology (excluding MRI and CT scans) and pathology outside hospital, point-of-care testing as authorised, including in the outpatient department of a hospital and inclusive of the facility fee for outpatients	100% of the Remedi Rate or 100% of cost at the Designated Service Provider (DSP) /Medicine Rate	Subject to Overall Annual Limit and the followin sub-limits: Per Principal Member: R9 380 Per Adult Dependent:: R5 540 Per Child Dependent: R1 560 (up to a maximum of 3 children)	

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BENEFIT	RATE	LIMITS	COMMENT
<ul> <li>Specialists;</li> <li>General Practitioners;</li> <li>Acute and self-medication</li> <li>Dentistry;</li> <li>Physiotherapists;</li> <li>Biokineticists;</li> <li>Occupational Therapists;</li> <li>Speech Therapists</li> <li>Audiologists And Audiometrists</li> <li>Clinical Psychologists;</li> <li>Social Workers;</li> <li>Pathology and radiology (excluding MRI</li> </ul>	RATE	Costs relating to the diagnosis and treatment of Prescribed Minimum Benefit Chronic Disease List, "CDL" and Diagnosis and Treatment Pair, "DTP" conditions including HIV/AIDS, will be payable from risk subject to the conditions set out alongside. VABB per beneficiary is limited to two procedures per year at negotiated fees.	Point-of-care pathology testing is subject to meeting the Scheme's treatment guidelines and Managed Health Care criteria. Self-medication applies to medicines classified as Schedules 0, 1 and 2, which can be purchased over the counter without a doctor's prescription. Members will receive benefit in accordance with authorized "baskets of care" regarding the diagnosis, medical management and treatment of such PMB CDL and DTP related chronic diseases. If not registered then benefits will be subject to the conditions set out in 10.3, 10.4 and 10.5 of Annexures B and D to the Rules. Services and treatment for PMB conditions to be obtained
<ul> <li>Pathology and radiology (excluding MRI and CT scans) benefits</li> <li>Vacuum Assisted Breast Biopsy (VABB)</li> </ul>		REGISTERED BY ME ON Mashilo Lebolog /12/23 24/12/2021 11:18:21(UTC+02:00) Signed by Mashilo Leboho, In Jeboho@medicalschemes.co.za	<ul> <li>Services and treatment for PMB conditions to be obtained from a DSP (Mental Health Network provider) contracted with the Scheme and funding per Annexure D will be applicable.</li> <li>Remedi will make payment in full to a DSP providing relevant health care services to a Member without such Member being liable to make any co-payment to such DSP.</li> <li>If such services are provided to a Member who chooses to use a non-DSP, except in the involuntary circumstances described in 10.4 read with 10.3 and/or 10.5 of Annexures B and D to the Rules, then such Member</li> <li>will be liable to pay the provider;</li> <li>will receive a benefit limited to 100% of the Remedi Rate;</li> <li>may be required to make co-payments to such provider for fees charged above the Remedi Rate.</li> </ul>

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	BENEFIT	RATE	LIMITS	COMMENT
	<ul> <li>World Health Organisation (WHO) Global Outbreak Benefit for out-of-hospital management and appropriate supportive treatment of global World Health Organisation (WHO) recognised disease outbreaks:</li> <li>Out-of-hospital healthcare services related to COVID-19 includes: <ul> <li>Screening consultation with a nurse or a GP;</li> <li>Defined basket of pathology;</li> <li>Defined basket of x-rays and scans;</li> <li>Consultations with a nurse or GP;</li> <li>Supportive treatment;</li> <li>Vaccines and the administration of the vaccines;</li> <li>Home-based care in lieu of hospitalisation</li> <li>Treatment of complications and rehabilitation for Long Covid.</li> </ul> </li> </ul>	Save for Prescribed Minimum Benefits (PMB) up to a maximum of 100% of the Remedi Rate	<ul> <li>Funded out of a dedicated basket of care as set by the Scheme related to COVID-19 and limited to:         <ul> <li>Unlimited screening consultations with a nurse or GP;</li> <li>Defined basket of pathology up to 3 tests per person per year, except where cover is PMB;</li> <li>Unlimited home-based care in lieu of hospitalisation</li> </ul> </li> </ul>	Subject to the Scheme's preferred provider, protocols and the condition and treatment meeting the Scheme's clinical entry criteria and guidelines. Cover for testing is subject to referral. Long Covid activation of the benefit and basket of care provided by the Scheme for a period of 6 months from the date of diagnosis by the treating healthcare provider.
7.	<ul> <li>GP Benefit</li> <li>Limited GP consultations funded from major risk benefit once both Insured Out- of-hospital benefit and annual allocated PMSA for the year are exhausted</li> </ul>	Payment in full to DSP provider (Network GP)	Limited to the following number of consultations: M0: 3 additional GP consultations M+: 6 additional GP consultations	Additional consultations will only be funded for services provided by a practitioner in the GP Network.
8.	Maternity Limited pregnancy scans antenatal consultations and a specified range of pathology tests	100% of the Remedi Rate	<ul> <li>Subject to Overall Annual Limit and the requirements prescribed for PMBs the maternity benefit/basket of care includes:</li> <li>2 x 2D pregnancy scans;</li> <li>9 GP consultations at a Network GP, Midwife or Gynaecologist;</li> <li>9 x urine dipstick tests;</li> <li>2 x glucose strip tests;</li> <li>HIV Elisa, Rubella, RPR and TPHA and bHCG tests as deemed clinically appropriate;</li> <li>RH antigen, Haemoglobin, A B and O antigens as deemed clinically appropriate;</li> </ul>	The benefit allows for a defined range of services including the first two 2D ultrasound scans in gynecologists' rooms. Medical motivation is required for additional scans. NT and/or NIPT and T21 screening (Down Syndrome Screening Tests) to be made available in addition to available ultrasound scans. Clinical entry criteria will be applicable.

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	BENEFIT	RATE	LIMITS	COMMENT
			<ul> <li>1 x Nuchal Translucency (NT) and/or Non-Invasive Prenatal Test (NIPT) and T21 screening per pregnancy</li> </ul>	
9.	Specialised dentistry Inlays, crown and bridgework, study models, dentures and the repair thereof, orthagnathic surgery, orthodontics, periodontics, prosthodontics and osseo-integrated implants	100% of the Remedi Rate	Subject to Overall Annual Limit with sub-limits of: R21 950 per beneficiary and R44 000 per family	
10.	Optical Preferred Provider Optometrist	100% of cost at Preferred Provider Optometrist	<ul> <li>Subject to the requirements prescribed for PMB's and the Overall Annual Limit with the following limits: <ol> <li>Annual benefit cycle</li> <li>Beneficiary limited to R3 595 subject to overall family limit of R7 190</li> <li>The following sub-limits will apply within the overall beneficiary/family limit: <i>Consultations</i></li> <li>A composite consultation inclusive of refraction, a glaucoma screening, visual field screening and Artificial Intelligence for the detection of diabetic retinopathy at Preferred Provider Optometrist is paid at 100% of Cost.</li> </ol> </li> <li>And either Spectacles Frame limit/Lens Enhancements R1 765 toward the cost of a Frame and/or Lens enhancements paid to the Preferred Provider limited to OAL and Clear lens limit: <ol> <li>Single Vision lenses at Preferred Provider Optometrist R210 per lens;</li> <li>Bifocal lenses at R445 per lens or</li> <li>Base Multifocal spectacle lenses R770 per lens.</li> </ol> </li> </ul>	<ul> <li>Payment of any claim is subject to PMB's and Overall Annual Limit irrespective of confirmation of available benefits by either the Member or the selected optometrist.</li> <li>The spectacle lenses must be prescribed by an optometrist or a medical practitioner who is registered with the Health Professions Council of South Africa, to improve the patient's visual acuity.</li> <li>The contact lenses must be prescribed and dispensed by an optometrist or a medical practitioner who is registered with the Health Professions Council of South Africa to improve the patient's visual acuity</li> <li>Clinical Rules: Scripts less than 0.50 diopter will not be covered; No bifocal or multifocal lenses with a less than 1 Diopter add on will not be covered; No multifocals will be considered for payment for children under the age of 18.</li> <li>Claims for the following conditions will only be considered for payment when motivated and approved by the DSP motivations committee: bifocals/multifocals for beneficiaries under the age of 40; Contact lenses for children under the age of 18; Composite consultations for children under the age of 5; Vertical prism less than 1 Diopter.</li> <li>All clinical/prescribed information must be submitted on all claims to ensure payment.</li> <li>Co-payments may be applicable on services obtained from non-preferred provider optometrists.</li> <li>All claims must be submitted to PPN for adjudication and payment of benefits.</li> </ul>
	Non-Preferred Provider Optometrist	100% of the Remedi Rate	Subject to the requirements prescribed for PMB's and the Overall Annual Limit with the following limits: 1. Annual benefit cycle	<ul> <li>And payment of benefits.</li> <li>Member refunds may be applicable on services obtained from a non-preferred provider optometrist without an agreement for direct payment. All member refunds will be refunded up to the benefit limits of Non Preferred providers.</li> </ul>

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	BENEFIT	RATE	LIMITS	COMMENT
	REGISTERED BY ME ON Mashilo Lebop 912/23 24/12/2021 118/242 (UTC+02:00) Signed by Mashilo Leboho, m.leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES	2 m 22 M	<ol> <li>Beneficiary limited to R3 595 subject to overall family limit of R7 190</li> <li>The following sub-limits will apply within the overall beneficiary/family limit: <i>Consultations</i> A composite consultation inclusive of refraction, a glaucoma screening, visual field screening and Artificial Intelligence for the detection of diabetic retinopathy limited to R365. <u>And either Spectacles</u> Frame limit R1 325 towards the cost of a frame and/or lens enhancements and <u>Clear lenses limit</u>:         <ul> <li>Single vision lenses at R210 per lens or</li> <li>Bifocal lenses at R445 per lens or</li> <li>Multifocal lenses at R770 per lens. <u>Or</u> Contact lenses limited to the value of R2 390.</li> </ul> </li> </ol>	Members can obtain either spectacles or contact lenses within a benefit cycle not both
	Refractive eye surgery Members with severely restricted vision (Including Corneal Cross Linking)	100% of the Remedi Rate	Annual sub-limit of R29 900 per beneficiary	Pre-authorisation in accordance with approved clinical protocols is required. Where pre-authorisation is not obtained, no benefits will apply.
11.	Oncology Consultations, visits, treatment, medication and materials used in radiotherapy and chemotherapy, including PET-CT scans if pre-authorised	100% of the Remedi Rate up to R410 000 per beneficiary plus a further R600 000 per beneficiary at 80% of Remedi Rate for non- PMB treatment. PMB treatment is funded at 100% of Cost/Remedi Rate.	Subject to overall annual limit and R410 000 per beneficiary at 100% of the Remedi Rate and a further R600 000 per beneficiary at 80% of the Remedi Rate, limited to an overall Oncology annual limit of R1 010 000 per family per annum over a 12 month rolling period from date of diagnosis. Benefit subject to the requirements prescribed for PMB's	Subject to pre-authorisation, an approved all-inclusive treatment plan and to the management of clinical risk by Discovery Health as contracted and where applicable. A co- payment of R3 350 is payable for PET-CT scans if not pre- authorised and services are not obtained at a designated service provider. Sub-limit may be increased, subject to approval of the Remedi's Medical Advisory Committee, where non-PMB level of care and will be increased automatically where PMB level of care and clinically appropriate. To read Annexure D in conjunction with this Rule.
12.	Frail care and private nursing	100% of the Remedi Rate	Unless PMB, subject to the overall annual limit with a sub-limit of R41 050. Subject to pre-authorisation.	Subject to hospital risk management programme, prior approval of Remedi and only available as an alternative to hospitalisation.
	Hospice	100% of Cost	Unlimited	

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BENEFIT	RATE	LIMITS	COMMENT
Sub-Acute facilities	100% of the Remedi Rate	Subject to overall annual limit Subject to pre-authorisation	Sub-limit may be increased, subject to approval of Remedi's Medical Advisory Committee. Where pre-authorisation is not obtained, no benefits wi apply. Advanced Illness Benefit (AIB) available upon application and where pre-approved.
<ul> <li>Radiology and pathology</li> <li>Radiology: In hospital</li> <li>Pathology: In hospital</li> <li>MRI and CT scans in and out of hospital</li> </ul>	100% of the Remedi Rate	Subject to overall annual limit and benefit confirmation for MRI and CT scans. REGISTERED BY ME ON Ashilo Leboho 4/12/2021 11/2021/27/278C+02:00) Signed by Mashilo Leboho, m.leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES	Remedi will make payment in full, subject to the applicable limit, to a specialist DSP providing relevant health care services to a Member without such Member being liable to make any co-payment to such DSP. If such services are provided to a Member who chooses use a non-DSP, except in the involuntary circumstance described in 10.4 read with 10.3 and/or 10.5 of Annexures and D to the Rules, then such Member • will be liable to pay the provider; • will receive a benefit limited to 100% of the Remedi Rat • may be required to make co-payments to such provid for fees charged above the Remedi Rate.
<ul> <li>Prevention and Screening Benefit Including, blood glucose, blood pressure, cholesterol and body mass index screening tests HIV, mammogram, pap smear, prostate specific antigen (PSA) test and, influenza vaccine for identified high risk members, members who are pregnant and members above the age of 65.</li> <li>Pneumococcal vaccine for identified high risk members.</li> <li>One (1) preventative dental examination per beneficiary per annum, including the oral examination, infection control, prophylaxis, polishing and fluoride of adults and children</li> <li>Human Papillomavirus (HPV) vaccine for males between the ages of 11 and 21 and females between the ages of 11 and 26 years. HPV screening tests are limited to 1 x every 5 years if the member is HIV negative and one test every 3 years if the members is HIV positive. These tests are an alternative to pap smears.</li> </ul>	100% of the Remedi Rate	Subject to Overall Annual Limit	<ul> <li>Remedi will make payment in full, subject to the applicable limit, to a specialist DSP providing relevant health care services to a Member without such Member being liable to make any co-payment to such DSP.</li> <li>If such services are provided to a Member who chooses use a non-DSP, except in the involuntary circumstance described in 10.4 read with 10.3 and/or 10.5 of Annexures and D to the Rules, then such Member</li> <li>will be liable to pay the provider;</li> <li>will receive a benefit limited to 100% of the Remedi Rat</li> <li>may be required to make co-payments to such provid for fees charged above the Remedi Rate.</li> </ul>
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BENEFIT	RATE	LIMITS	COMMENT
<ul> <li>One LDL cholesterol screening is available per high risk beneficiary where clinically indicated at network pharmacy.</li> <li>HbA1c is funded from the Insured Out of Hospital benefit, where clinically appropriate.</li> <li>A group of age appropriate screening tests and additional screening assessments for members 65 years and older (Senior Screening Tests).</li> <li>Colorectal screening limited to one fecal occult blood test or immunochemical test every 2 years per person for persons between the ages of 45 to 75 years. One colonoscopy where clinically appropriate.</li> </ul>		REGISTERED BY ME ON Mashilo Leboto 1/12/23 24/12/2021 11:19:01/UTC+02:00 Signed by Mashilo Leboho, m Jeboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES	<ul> <li>If the member has more than 1 HPV screening test before the 5 years' period expires, if HIV negative (or before the 3 years' period expires, if HIV positive) then:</li> <li>the second and sub-sequent claims during that period will be paid from the member's day-to-day acute medicine benefit, if benefits are available and where the result of the screening test is abnormal or after treatment the follow-up tests will be funded yearly until normal.</li> <li>If the member has more than 1 HPV screening tests during the year after an abnormal HPV test result, the second and sub-sequent claims during that year will be paid from the member's day-to-day acute medicine benefit, if benefits are available.</li> </ul>

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	BENEFIT	RATE	LI	MITS		COMMENT
15.	Internal prostheses and devices	100% of the Remedi Rate	Subject to the Overall A sub-limits	nnual Limit with f	following	Subject to pre-authorisation and the hospital risk management programme and the requirements prescribed
	REGISTERED BY ME ON		Total hip replacement	R51	1 900***	for PMB's.
	REGISTERED BY ME ON		Revision hip		1 400***	
	(Ma)		Knee replacement		1 000***	Spinal benefit limit applies to the prosthetic device only-
	CECOLO		Revision knee replace		1 900***	Cervical spinal fusion; Cervical artificial disc replacement;
	Mashilo Lebo2021/12/23		Total shoulder replace	ement R	R47 800	Lumbar spinal fusion; Lumbar artificial disc replacement;
	24/12/2021 11:19:09(UTC+02:00) Signed by Mashilo Leboho, m. eboho@medicalschemes.co.za		Spinal benefit (one procedure per ye first level two or more levels		**	Interspinous devices. Clinical protocols apply - PER LEVEL LIMIT (artificial disc replacement, interspinous process devices & spinal fusion). Funding at network or non-network providers up to 100% of the Remedi Rate.
			Bare metal cardiac ste max. 3 p.a. (each)	ents	**	*Sub-limit may be increased, subject to approval of
			Drug eluting cardiac s (each) max. 3 p.a.		**	Remedi's Medical Advisory Committee. Include funding of temporary and permanent Sacral nerve stimulators, subject
			Pacemaker with Lead		R87 100	to clinical guidelines and protocols of Scheme.
			Pacemaker Biventricu		112 300	** Negotiated reference price list is applicable.
			Cardiac valves (each)		R58 300	*** Hip and Knee Arthroplasty Procedures: The Scheme is contracted with Mediclinic as Designated
			Artificial limbs (below	knee)	R33 500	Service Provider ("DSP") for these procedures. A R2 500.00 co-payment for voluntary non-DSP use will apply
			Artificial Limbs (above		R61 800	The aforementioned co-payment will be waived for members who reside outside a thirty (30) kilometre radius
		plus ap	Artificial eyes (prosthe	sis		from a Mediclinic hospital.
			plus apparatus) All other internal		R31 800 *	
			prostheses and device	es R	R26 900	
16.	External prostheses and appliances	100% of the Remedi	Subject to Overall Annu	al Limit with follo	wing	Colostomy equipment can be obtained via Cancer Society.
	(Including the external components of	Rate	sub-limits:			
	external prosthesis, incontinence products,		Colostomy	R27 600 per		Oxygen benefit subject to registration for the use of oxygen
	etc.)		equipment	beneficiary per	annum	on the Chronic Illness Benefit Programme managed by
			Hearing aids	R25 450 per		Discovery Health as contracted.
				beneficiary per	annum    Eunding of Mirona contra	Funding of Mirena contraceptive device payable from all
			Wheelchairs	* R19 000 per		other appliances, subject to pre-approval in line with
			Oxygen appliances	beneficiary per R2 075 per ben		Scheme clinical protocols and guidelines and provided
			(includes oxygen)	per month	lenciary	inserted in gynaecologists' rooms
			All other appliances	* R7 150 per		
				beneficiary per	annum	

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	BENEFIT	RATE	LIMITS	COMMENT
	REGISTERED BY ME ON			*Sub-limit may be increased, subject to approval of the Scheme's Medical Advisory Committee.
	Mashilo Leboty 12/23 24/12/2021 12/27/UTC+02:00) Signed by Mashilo Leboho,			CPAP devices funded from the "all other appliances" limit as available, where deemed clinically appropriate and limited to the agreed/negotiated rates with preferred providers.
	m.leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES	RUNICOM		Point-of-care devices for point-of-care testing are funded from the "all other appliances" limit as available, where deemed clinically appropriate.
				With effect from 1 May 2021, Continuous Glucose Monitors ("CGM"), where deemed clinically appropriate are funded from the "all other appliances" limit up to the agreed/negotiated rates with preferred providers.
17.	Paramedical services			
	Ambulance	100% of the Remedi Rate	Subject to utilisation of Preferred Provider, viz. ER24 Emergency Response Service.	Transfers for same event subject to medical justification. Pre-authorisation required with Preferred Provider. If emergency transportation is obtained by a service provider other than ER24, the latter provider must be notified within 24 hours by contacting their call centre.
18.	<b>Psychiatric benefit</b> (Including the treatment of alcoholism and drug dependency. In hospital and in lieu of hospitalisation)	100% of the Remedi Rate	Subject to overall annual limit, limited to 21 days per annum in hospital or 15 days in an out-of- hospital setting or a combination of in- and out- of-hospital as prescribed in terms of Prescribed Minimum Benefits.	Subject to pre-authorisation and the management of clinical risk by Discovery Health as contracted and the requirements prescribed for PMBs. Benefits may be granted for out-of-hospital consultations and/or treatment in lieu of hospitalisation only. Benefit may be increased, subject to approval of Remedi's Medical Advisory Committee.
19.	Organ Transplants (Including harvesting of organs, consultations/visits and post-operative anti- rejection medicines required by recipient)	PMB will be paid at 100% of Cost. Non- PMB is paid at 100% of the Remedi Rate	PMB unlimited at the DSP. Non-PMB will be subject to the Overall Annual Limit.	Subject to pre-authorisation and the management of clinical risk by Discovery Health as contracted. Provisions of Annexures B and D is applicable.
20.	Renal Failure & Dialysis			
	(Including all services and materials associated with the cost of acute and chronic renal dialysis including consultations/visits and medicine)	100% of the Remedi Rate	Subject to Overall Annual Limit and the requirements prescribed for PMB`s	<b>Subject to pre-authorisation</b> and the management of clinical risk by Discovery Health as contracted. Provisions of Annexures B and D is applicable.
21.	Other Health Care Services Chinese medicine & acupuncture, therapeutic aromatherapy, Ayurveda, chiropody/podiatry, chiropractics (including x-rays), dietetics, homeopathy, iridology, naturopathy,	100% of cost	Payable from PMSA	Payment for costs for services rendered will be made on condition that the persons rendering such services are registered as practitioners by the professional body

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Remedi Rules 1 January 2022

	BENEFIT	RATE	LIMITS	COMMENT
	orthoptics, osteopathy, therapeutic reflexology, therapeutic massage therapy, phytotherapy and traditional healing			recognised under enabling statute e.g. The Allied Health Professions Act, Act 63 of 1982.
22.	Overseas Treatment Benefit	80% of cost	Subject to Overall Annual Limit and limited to R680 000 per annum per beneficiary.	Conditions: To qualify the services must not be available or cannot be performed anywhere in South Africa, must be evidence- based medicine with sufficient peer-reviewed literature available to prove the treatment is clinically appropriate and indicated for the condition, must be provided by a suitable qualified and recognized medical healthcare professional and will require Scheme review to make sure the treatment meets the clinical criteria for funding.
23.	International Second Opinion Services at Cleveland Clinic	50% of cost	Subject to Overall Annual Limit.	Subject to pre-authorisation and pre-approval by the Scheme's contracted managed healthcare organization.
24.	<ul> <li>Personal Savings Account <ul> <li>a. *General practitioners</li> <li>b. *Medical specialists</li> <li>c. *Conservative dentistry</li> <li>d. Specialized dentistry</li> <li>e. *Prescribed acute medicine and injection material</li> <li>f. *Physiotherapy, speech therapy, and occupational therapy</li> <li>g. *Clinical psychologists</li> <li>h. *Social Workers</li> <li>i. Chiropractor, homeopath, osteopath, herbalist, naturopath or dietician</li> <li>j. *Eye tests, spectacles or contact lenses and refractory eye surgery</li> <li>k. *Radiology: Out of hospital (excluding MRI and CT scans)</li> <li>l. *Pathology: Out of hospital</li> <li>m. Medical costs in excess of the benefit amount under the Comprehensive Option</li> <li>n. Condoms and preventive medication for malaria. Appliances other than the Mirena and emergency pill.</li> <li>o. *Contraceptives</li> <li>p. Immunisations, except *influenza and pneumococcal vaccines where clinically indicated, which is funded from the Prevention and Screening Benefit and Human Pappilomavirus (HPV) vaccine</li> </ul> </li> </ul>	100% of cost	Annual benefit amount equals 10% of the total contribution payable to the Scheme.	* Initial benefit available from Comprehensive insured Benefit or OAL, as detailed above

Soto A Remedi Rules 1 January 2022 Comprehensive Option

	BENEFIT	RATE	LIMITS	COMMENT
	which is funded from Prevention and Screening Benefit first			
25.	Specialised Medication Benefit (SMB)	90% of Remedi Rate or cost/100% of Reference Price List	Cover up to R210 000 per beneficiary per annum for a defined list of the latest and most advanced clinically approved Specialised Medicine	Subject to pre-authorisation and pre-approval by the Scheme's contracted managed healthcare organization.

#### **GLOSSARY / EXPLANATORY NOTES:**

DSP Direct Payment	A Designated Service Provider for the Prescribed Minimum Benefits - "PMBs" - selected by Remedi, being contracted private hospitals, Clicks Pharmacies and Dis-Chem Pharmacies, Discovery Health Pharmacy Network, as well as specialists contracted by Discovery Health under Direct Payment Arrangements, General Practitioners in the GP Network, Dental Risk Company (DRC) and Preferred Provider Negotiators (PPN) and the following providers for alcohol and drug dependency – The South African National Council on Alcohol and Drug Dependence (SANCA), SANCA's nominated providers and the Ramot Centre for Alcohol and Drug Dependency, as well as any othe providers selected by Remedi from time to time Are the specialist arrangements concluded between Discovery Health and specialist providers who agree to charge at or below a set rate for consultations and procedures and by reason thereof have also agreed that such rates shall be applicable to Remedi.					
Direct Payment						
Arrangements "DPAs"						
GP Network	The network of General Practitioners contracted to and through Discovery Health to provide relevant health care services to Remedi at the Remedi Rate					
CDA	Chronic Drug Amount (CDA) is an amount of money that has been allocated for each medicine category each month for a specific condition.					
M	Member without dependants					
M+	Member plus dependants					
Pb/pa	per beneficiary per annum					
Pf/pa	per family per annum					
PMB/PMB`s	the Prescribed Minimum Benefit(s)					
Pre-authorisation	the approval which has been given by the Scheme, or the Scheme's contracted Managed Healthcare provider for relevant health services, as defined in the Act, to be provided to a beneficiary, in accordance with the protocols/treatment guidelines, accepted or determined by the Scheme.					
Preferred Provider						
SAOA	South African Optometric Association					
Remedi Rate	is the tariff fee / rate for the payment of relevant health services equal to the Discovery Health Rate / DH rate, as prescribed in the Guide to the Discovery Health Rate, or, the fee / rate as determined by Board of Trustees in terms of any agreement between Remedi and any service provider or group of service providers					
SEP	Single Exit Price					
PMB Hospital Network	A Mediclinic hospital contracted to or nominated by the Scheme established for the provision of services that relates to Prescribed Minimum Benefit (PMB) conditions. See also DSP.					
Mental Health Network	A defined list of Psychologists and/or Social Workers contracted or nominated by the Scheme for purposes of providing treatment to members relating to mental health conditions. See also DSP					
In-Hospital GP Network	A defined list of GP and specialist authorised by the Scheme to provide in-hospital services to members as part of the Scheme's Premier Practice, Remedi Standard GP Network and Classic DPA Specialist Networks.					
Hip and Knee Arthroplasty Network	Mediclinic Private Hospital Facilities as contracted for Designated Service Provider ("DSP") purposes           REGISTERED BY ME ON					
	Mashilo Leboho 24/12/2021 2021 2021 2021 2021 2021 2021 2					

REGISTRAR OF MEDICAL SCHEMES

Comprehensive Option

## **CLASSIC OPTION: BENEFITS 2022**

(Members and their dependants are entitled to the following benefits, subject to the provisions of these Rules and in particular paragraph 10 of Annexure B and Annexure D concerning the provision of the statutory Prescribed Minimum Benefits, "PMB's")

BENEFIT	RATE	LIMITS	COMMENT
Hospitalisation in private hospitals as well as surgery and medical procedures performed by private practitioners. REGISTERED BY ME ON Mashilo Leboho 4,12/2021 2021 2024 22(22) 24,12/2021 2024 22(22) Mashilo Leboho, m.leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES		Overall annual limit of: R2 150 000 per family (M+) per annum	Subject to the management of clinical risk by Discovery Health as contracted and use of defined DSP network of hospitals. All non-emergency admissions are subject to pre- authorisation. Emergencies must be authorised within 24 hours of admission or first working day after an emergency treatment or admission. A co-payment of R1 000 for failing to pre-authorise will apply. Da Vinci Robotic Assisted Prostatectomy is funded up to a maximum of the cost of a standard Prostatectomy where prostate cancer confirmed by means of a histology report, regardless whether the member is registered on the Oncology Management Programme. Limited to R113 000.00 up to one procedure per beneficiary and must be pre-authorised
Hospital accommodation			
<ul> <li>Accommodation in a general ward, intensive care unit, high care unit, maternity ward, as well as theatre and recovery costs</li> </ul>	100% of the Remedi Rate	Subject to overall annual limit Pre-authorisation of admission required	Annexures B and D has reference. The Scheme may require that a member be transferred to a PMB Network Hospital if admitted into a non-DSP following an emergency admission.
Surgery and medical procedures			
<ul> <li>Surgery and medical procedures, which generally, but not necessarily, require hospitalisation</li> <li>Confinements</li> </ul>	100% of the Remedi Rate	Subject to overall annual limit Pre-authorisation of admission required	Benefits in respect of services for infertility, limited to the medical and surgical management of those procedures and interventions as defined under PMB Code 902M, subject to Regulation 8(3) of the Medical Schemes Act, Act No 131 or 1998.
<ul> <li>Conservative dentistry under anaesthesia in patients not older than 7 years</li> </ul>		Anaesthetics and hospitalisation subject to overall annual limit. Note: dentist accounts are payable from available Insured Out-of-Hospital benefit	Cosmetic surgery is a listed Scheme exclusion on Remedi.
Hospital and surgical material/ equipment as per agreed list	100% of the Remedi Rate	Subject to overall annual limit Pre-authorisation of admission required	Limits set in terms of charging policy for listed items, which may be agreed with DSP and other Providers.Benefit for medicines to take home (TTO`s), limited to 5 days.

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	BENEFIT	RATE	LIMITS	COMMENT
	Blood transfusions, blood products and transport of blood	100% of the Remedi Rate	Subject to overall annual limit	
	In-hospital visits			
	General practitioners and specialists' visits during pre-authorised hospitalisation      REGISTERED BY ME ON      Ashilo Leboho      Mashilo Leboho      Mashilo Leboho      m.leboho@medicalschemes.co.za      REGISTRAR OF MEDICAL SCHEMES	100% of the Remedi Rate	Subject to overall annual limit	<ul> <li>For surgery, medical procedures and in-hospital visits/consultations Remedi will make payment in full directly to the DSP concerned. In such a case the Member will not be liable for any co-payment to be made to such DSP</li> <li>If such services are provided to a Member who chooses to use a non-DSP, except in the involuntary circumstances described in 10.4 read with 10.3 and/or 10.5 of Annexures B and D to the Rules, then such Member</li> <li>will be liable to pay the provider;</li> <li>will receive a benefit limited to 100% of the Remedi Rate;</li> <li>may be required to make co-payments to such provider for fees charged above the Remedi Rate.</li> </ul>
	<ul> <li>Readmission Prevention Benefit</li> <li>Homecare by a healthcare provider and/or qualified nurse for patients considered at high risk of readmission, when discharged from acute care</li> </ul>	100% of the Remedi Rate	Subject to overall annual limit	Basket of care as approved by Remedi
2.	Hospitalisation in public hospitals as well as surgery and medical procedures performed by <i>public sector practitioners</i>	100% of Cost	Limited to Overall annual limit, subject to sub-limit of R 550 000 per family (M+) for treatment in public facilities. For involuntary admissions to Hospitals outside of the PMB Hospital Network, no limits on Prescribed Minimum Benefits (PMB`s), as set out in the Medical Schemes Act;	Subject to the management of clinical risk by Discovery Health as contracted. All non-emergency admissions <b>are subject to pre-</b> <b>authorisation</b> . Emergencies must be authorised within 24 hours of admission or on the first working day after such emergency treatment or admission.

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	BENEFIT	RATE	LIMITS	COMMENT
	<ul> <li>Hospital accommodation</li> <li>Accommodation in a general ward, intensive care unit, high care unit, maternity ward, as well as theatre and recovery costs</li> </ul>	100% of Cost	Subject to overall annual limit <b>Pre-authorisation of admission required</b>	
	<ul> <li>Surgery and medical procedures</li> <li>Surgery and medical procedures, which generally, but not necessarily, require hospitalisation</li> <li>Confinements and antenatal consultations</li> <li>Theatre fees and anaesthetics</li> <li>Conservative dentistry under anaesthesia in patients not older than 7 years</li> </ul>	100% of Cost	Subject to overall annual limit <b>Pre-authorisation of admission required</b> Anaesthetics and hospitalisation subject to overall annual limit. <u>Note</u> : dentist accounts are payable from available Insured Out-of-hospital benefit	Benefits in respect of services for infertility, limited to the medical and surgical management of those procedures and interventions as defined under PMB Code 902M, subject to Regulation 8(3) of the Medical Schemes Act, Act No 131 of 1998. Cosmetic surgery is a listed Scheme exclusion on Remedi.
	<ul><li>Hospital and surgical material/equipment</li><li>As per agreed list</li></ul>	100% of Cost	Subject to overall annual limit Pre-authorisation of admission required	Benefit for medicines to take home (TTO`s), limited to 5 days.
	Blood transfusions, blood products and transport of blood	100% of Cost	Subject to overall annual limit	
	In-hospital visits     General practitioner and specialist visits     during pre-authorised hospitalisation	100% of Cost	Subject to overall annual limit	
3.	Chronic medication PMB Conditions REGISTERED BY ME ON Mashilo Lepon 24/23 24/22022 Mashilo Lepon 24/23 24/22022 Mashilo Lepon 24/23 24/22022 Mashilo Lepon 24/23 24/23 CHC+02:00) Signed by Mashilo Lebono, m.leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES	<ul> <li>100% of Single Exit Price " SEP" plus a dispensing fee as agreed to with the defined DSP</li> <li>100% of Single Exit Price " SEP" plus a dispensing fee as agreed to with the defined DSP</li> </ul>	Unlimited benefit, and further subject to a fixed drug list (formulary) Non-formulary drugs are funded up to the Chronic Drug Amount (CDA) for a registered drug class. Subject to Overall Annual Limit a maximum of R1 820 per month per registered beneficiary, based on individual needs.	Benefits for the diagnosis, medical management and treatment of PMB CDL and DTP conditions – which shall not be less than those for the regulated Prescribed Minimum Benefits – shall subject to pre-authorisation be paid in accordance with the treatment protocols including clinical entry criteria and authorized "baskets of care" governing the Chronic Illness Benefit Programme and/or HIV/AIDS Programme, managed by Discovery Health as contracted, the managed health care provider appointed by Remedi. Subject to registration on the Chronic Illness Benefit Programme managed by Discovery Health as the Managed Health Care Provider appointed by Remedi. Where chronic medication is obtained from a pharmacy other than a DSP a co-payment for any difference in dispensing fees and/or any related fees will be payable by the member directly to the pharmacy. Any such co- payment will not be refunded to the Member via any credit of the Member's Personal Medical Savings Account.

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	BENEFIT	RATE	LIMITS	COMMENT
4.	<ul> <li>Extended physiotherapy, occupational therapy, speech therapy and biokinetics</li> <li>Maintenance therapy (In and Out of hospital)</li> <li>Extended physiotherapy, occupational therapy, speech therapy and biokinetics of a maintenance or conservative nature, based on an approved and preauthorised treatment plan typically preceded by a rehabilitation programme and/or arising from a congenital defect of a mental or physical nature.</li> </ul>	100% of the Remedi Rate	<b>Pre-authorisation required</b> Subject to Overall Annual Limit with sub-limit: R13 880 per family (M+) per annum	This specifically excludes treatment of an acute (minor) injury as determined by Remedi's Medical Advisory Committee.
	<ul> <li>Rehabilitation therapy post hospitalisation</li> <li>Extended physiotherapy, occupational therapy, speech therapy and biokinetics of a rehabilitative nature that is preceded by hospitalisation; such treatment must be connected to an approved rehabilitative treatment plan and must commence within two weeks of discharge from hospital</li> </ul>	100% of the Remedi Rate	<b>Pre-authorisation required</b> Subject to overall annual limit	REGISTERED BY ME ON Mashilo Levond (12/23 24/12/2021 11:20:05(UTC+02:00) Signed by Mashilo Leboho, m.leboho@medicalschemes.co.za
5.	<ul> <li>Trauma recovery extender benefit</li> <li>Covering out of hospital treatment following a traumatic incident resulting in</li> <li>paraplegia, quadriplegia, tetraplegia and hemiplegia</li> <li>conditions resulting from near drowning, severe anaphylactic reaction, poisoning and crime related injuries;</li> <li>severe burns;</li> <li>certain external and internal head injuries and loss of limb, or part thereof.</li> </ul>	100% of the Remedi Rate	Pre-authorisation required.         Subject to the overall annual limit and the following sub-limits:         Loss of limb per family       R89 000         Private nursing       R11 200         Prescribed       M         M + 1       R16 900         M + 2       R20 100         M + 3 or       R24 300         more       R34 000         Hearing Aids       R16 100         Mental health benefit       R20 200	For PMB conditions, mental health treatment to be obtained from a service provider contracted to the Scheme's Mental Health Network
6.	Insured Out-of-hospital ("IOH") benefit for: Consultations, procedures, radiology (excluding MRI and CT scans) and pathology outside hospital, point-of-care testing as	100% of the Remedi Rate or	Subject to Overall Annual Limit and the following sub-limits: Per Principal Member: R8 320	Where the sub-limit is exceeded, benefits for non-PMB conditions to be paid by member.

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BENEFIT	RATE	LIMITS	COMMENT
authorised, including in the outpatient department of a hospital and inclusive of the facility fee for outpatients • General Practitioners • Acute and self-medication • Basic and Specialised dentistry; • Specialists; • Optical (including contact lenses) • Physiotherapists; • Doccupational Therapists; • Speech Therapists • Audiologists And Audiometrists • Clinical Psychologists; • Social Workers; • Pathology and radiology (excluding MRI and CT scans) benefits • Vacuum Assisted Breast Biopsy (VABB)	100% of cost at the Designated Service Provider (DSP)/ Medicine Rate	Per Adult Dependent: R4 910 Per Child Dependent: R1 380 (up to a maximum of 3 children) All out of hospital benefits will be limited to the above sub-limit after which benefit for costs relating to the diagnosis and medical management and treatment of Prescribed Minimum Benefit Chronic Disease List and Diagnosis and Treatment Pair, "DTP", "CDL", conditions and HIV/AIDS, will be payable from risk subject to the conditions set out in the comments alongside. VABB per beneficiary is limited to two procedures per year at negotiated fees REGISTERED BY ME ON Mashilo Leboho, Mashilo Leb	<ul> <li>Self-medication applies to medicines classified as Schedules 0, 1 and 2, which can be purchased over the counter without a doctor's prescription.</li> <li>Including consultation for insertion of Mirena contraceptive device in gynaecologist's rooms, provided pre-approval obtained and subject to Scheme clinical protocols and guidelines.</li> <li>All other oral contraceptives are funded up to a monthly limit of R165.00 per female beneficiary per month at 100% of the Remedi Medicine Rate if obtained from a DSP pharmacy and paid from Overall Annual Limit (OAL). ). A co-payment of 20% is applicable if a member obtains oral contraceptives from a non-DSP pharmacy.</li> <li>For members who are not high risk and who are &lt; 65 years or who are not pregnant, one influenza vaccine per beneficiary per year is payable from the IOH limit. Influenza vaccines for high risk members and members &gt; 65 years and/or members who are pregnant are funded from the Prevention and Screening Benefit. Clinical entry criteria are applicable.</li> <li>Point-of-care pathology testing is subject to meeting the Scheme's treatment guidelines and Managed Health Care criteria.</li> <li>Members will receive benefit in accordance with authorized "baskets of care" regarding the diagnosis, medical management and treatment of such PMB CDL and DTP related chronic diseases. If not registered then benefits will be subject to the conditions set out in 10.3, 10.4 and 10.5 of Annexures B and D to the Rules.</li> <li>Remedi will make payment in full to a DSP providing relevant health care services to a Member without such Member being liable to make any co-payment to such DSP.</li> <li>If such services are provided to a Member who chooses to use a non-DSP, except in the involuntary circumstances described in 10.4 read with 10.3 and/or 10.5 of Annexures B and D to the Rules, then such Member</li> <li>will be liable to pay the provider;</li> <li>will receive a benefit of maximum 100% of the Remedi Rate;</li> </ul>

Remedi Rules 1 January 2022 Classic Option

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BENEFIT	RATE	LIMITS	COMMENT
			• may be required to make co-payments to such provider for fees charged above the Remedi Rate.
<ul> <li>World Health Organisation (WHO) Global Outbreak Benefit for out-of-hospital management and appropriate supportive treatment of global WHO recognised disease outbreaks:</li> <li>Out-of-hospital healthcare services related to COVID-19 includes: <ul> <li>Screening consultation with a nurse or a GP;</li> <li>Defined basket of pathology;</li> <li>Defined basket of x-rays and scans;</li> <li>Consultations with a nurse or GP;</li> <li>Supportive treatment;</li> <li>Vaccines and the administration of the vaccines;</li> <li>Home-based care in lieu of hospitalisation;</li> <li>Treatment of complications and rehabilitation for Long Covid.</li> </ul> </li> </ul>	Save for Prescribed Minimum Benefits (PMB), up to a maximum of 100% of the Remedi Rate		Subject to the Scheme's preferred provider, protocols and condition and treatment meeting the Scheme's clinical entry criteria and guidelines. Cover for testing is subject to referral. Long Covid activation of the benefit and basket of care provided by the Scheme for a period of 6 months from the date of diagnosis by the treating healthcare provider. <b>REGISTERED BY ME ON</b> Mashilo Lebo2021/12/23 24 12 2021 11:20:21 UTC+02:00 Signed by Mashilo Lebono, m.eboho@medicalschemes.co.za

7.       Optical         Nembers have the option of obtaining Optical Beenfits, subject to the above sub-limits, for any claim is subject to available beenfits revolutions on the following conditions.       The following sub-limits is under to available beenfits revolution on the following conditions.         1.       An Annual Beenfits, subject to available beenfits revolution on the following conditions.       Payment of any claim is subject to available beenfits respondent on the sub- overall beenfits or models approximation the Mamber overall beenfits or models approximation in Mamber overall beenfits or models of provider and depense overall beenfits or models approximation in Mamber overall beenfits or models of provider and depense by an optionerist or a medical practitioner who is of South Africa. It improve the patient's visual acuty, or trackin, a glassicon a screening, vision field or detection of diabetic reinoparty at 100% or beenficiary per year.         Net bold approved by the PPN notivated and depense of approved by the PPN notivations committee manual approved by the PPN notivations committee and approved by the PPN notivations committee and approved by the PPN notivations committee.         At a non PPN notivation of a model and on PPN provider as follows: Single, Briton of bose follows: Single Vision ferms of thor pe	BENEFIT	RATE	LIMITS	COMMENT
Members with severely restricted vision (Including Corneal Cross Linking) 100% of the Remedi Rate of the Remedi Rate (Including Corneal Cross Linking) 100% of the Remedi Rate of the Remedi Rate (Including Corneal Cross Linking) 100% of the Remedi Rate of the Remedi Rate (Including Corneal Cross Linking) 100% of the Remedi Rate (Including Corneal Cross Linking) 1	REGISTERED BY ME ON book book book book book book book boo		<ul> <li>Benefits, subject to the above sub-limits, for services rendered by PPN and non-PPN network providers on the following conditions.</li> <li>An Annual benefit cycle.</li> <li>Beneficiary limited to R3 385 subject to overall family limit of R6 770</li> <li>The following sub-limits will apply within the overall beneficiary/family limit:</li> <li>Consultations         <ul> <li>A composite consultation inclusive of refraction, a glaucoma screening, vision field screening and Artificial Intelligence for the detection of diabetic retinopathy at 100% of cost for a PPN contracted network provider and up to R365 for a non-PPN network provider;</li> <li>and either Spectacles</li> <li>Frame Limit/Lens enhancements</li> <li>R1 115 toward the cost of a frame and/or Lens enhancements at a PPN provider per beneficiary per year.</li> <li>At a non PPN provider R1 115 towards a frame and/or lens enhancement per beneficiary is funded towards spectacles subject to the annual overall family limit</li> <li>Clear lens Limit:</li> <li>Single, Bifocal or base Multifocal lenses are funded at a PPN provider and non PPN provider as follows:</li> <li>Single Vision lenses at R210 per lens;</li> <li>Bifocal lenses at R770 per lens.</li> <li>Or Contact Lenses</li> <li>Contact lenses limited to the value of</li> </ul> </li> </ul>	<ul> <li>any optical benefits</li> <li>Payment of any claim is subject to available benefits irrespective of confirmation the Member or provider</li> <li>The spectacle lenses and contact lenses must be prescribed by an optometrist or a medical practitioner who is registered with the Health Professions Council of South Africa, to improve the patient's visual acuity.</li> <li>The contact lenses must be prescribed and dispensed by an optometrist or a medical practitioner who is registered with the Health Professions Council of South Africa, to improve the patient's visual acuity.</li> <li>Clinical Rules: Scripts less than 0.50 diopter will not be covered; No bifocal or multifocal lenses will be considered for payment for children under the age of 18.</li> <li>Claims for the following conditions will only be considered for payment when motivated and approved by the PPN motivations committee: bifocals/multifocals for beneficiaries under the age of 40; Contact lenses for children under the age of 5; Vertical prism less than 1 Diopter.</li> <li>All clinical/prescribed information must be submitted on all claims to ensure payment.</li> <li>Co-payments may be applicable on services obtained from non-preferred provider optometrists.</li> <li>All claims must be submitted to PPN for adjudication and payment of benefits.</li> <li>Member refunds may be applicable on services obtained from non-preferred provider optometrists without an agreement for direct payment</li> </ul>
	Members with severely restricted vision	100% of the Remedi Rate	Annual sub-limit of R26 700 per beneficiary	protocols is required. Where pre-authorisation is not

Remedi Rules 1 January 2022 Classic Option

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	BENEFIT	RATE	LIMITS	COMMENT
8.	Maternity Limited pregnancy scans antenatal consultations and a specified range of pathology tests REGISTERED BY ME ON Mashilo Leboho 24,12/2021 12020/1272BTC+02:00) Signed by Mashilo Leboho	100% of the Remedi Rate	<ul> <li>Subject to Overall Annual Limit and the requirements prescribed for PMBs the maternity benefit/basket of care includes:</li> <li>2 x 2D pregnancy scans;</li> <li>9 GP consultations at a Network GP, Midwife or Gynaecologist;</li> <li>9 x urine dipstick tests;</li> <li>2 x glucose strip tests;</li> <li>HIV Elisa, Rubella, RPR and TPHA and HIV Elisa endower definite the sector of the s</li></ul>	The benefit allows for a defined range of services including the first two 2D ultrasound scans in gynecologists' rooms. Medical motivation is required for additional scans. NT and/or NIPT and T21 screening (Down Syndrome Screening Tests) to be made available in addition to available ultrasound scans. Clinical entry criteria will be applicable
	REGISTRAR OF MEDICAL SCHEMES		<ul> <li>bHCG tests as deemed clinically appropriate;</li> <li>RH antigen, Haemoglobin, A B and O antigens as deemed clinically appropriate;</li> <li>1 x Nuchal Translucency (NT) and/or Non-Invasive Prenatal Test (NIPT) and T21 screening per pregnancy</li> </ul>	
9.	Oncology Consultations, visits, treatment, medication and materials used in radiotherapy and chemotherapy, including PET-CT scans if pre-authorised	100% of the Remedi Rate up to R410 000 per beneficiary plus a further R265 000 per beneficiary at 80% of Remedi Rate if non-PMB treatment. PMB treatment is funded at 100% of Cost/Remedi Rate.	Subject to overall annual limit and R410 000 per beneficiary at 100% of the Remedi Rate and a further R265 000 per beneficiary at 80% of the Remedi Rate, limited to an overall Oncology annual limit of R675 000 per family per annum over a 12 month rolling period from date of diagnosis. Benefit subject to the requirements prescribed for PMB's	Subject to pre-authorisation, an approved all-inclusive treatment plan and to the management of clinical risk by Discovery Health as contracted and where applicable. A co-payment of R3 350 is payable for PET-CT scans if not pre-authorised and services are not obtained at a designated service provider. Sub-limit may be increased, subject to approval of the Remedi's Medical Advisory Committee, where non-PMB level of care and will be increased automatically where PMB level of care and clinically appropriate. To read Annexure D in conjunction with this Rule.
10.	Frail care and private nursing Hospice Sub-Acute facilities	100% of the Remedi Rate 100% of Cost 100% of the Remedi Rate	Unless PMB, subject to the overall annual limit with a sub-limit of R39 100 per family. <b>Subject to pre-authorisation .</b> Unlimited Subject to overall annual limit <b>Subject to pre-authorisation</b>	Subject to hospital risk management programme, prior approval of Remedi and only available as an alternative to hospitalisation. Sub-limit may be increased, subject to approval of Remedi's Medical Advisory Committee. Where pre-authorisation is not obtained, no benefits will apply.

	BENEFIT	RATE	LIMITS	COMMENT
				Advanced Illness Benefit (AIB) is available upon application and where pre-approved
11.	Radiology and pathology <ul> <li>Radiology: In hospital</li> <li>Pathology: In hospital</li> <li>MRI and CT scans in and out of hospital</li> </ul> REGISTERED BY ME ON Mashilo Leboho, Mashilo Leboho, Mashilo Leboho, m.leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES	100% of the Remedi Rate	Subject to overall annual limit and benefit confirmation for <b>MRI and CT scans.</b>	<ul> <li>Remedi will make payment in full, subject to the applicable limit, to a specialist DSP providing relevant health care services to a Member without such Member being liable to make any co-payment to such DSP.</li> <li>If such services are provided to a Member who chooses to use a non-DSP, except in the involuntary circumstances described in 10.4 read with 10.3 and/or 10.5 of Annexures B and D to the Rules, then such Member</li> <li>will be liable to pay the provider;</li> <li>will receive a benefit limited to 100% of the Remedi Rate; may be required to make co-payments to such provider for fees charged above the Remedi Rate.</li> </ul>
12.	<ul> <li>Prevention and Screening benefit Including blood glucose, blood pressure, cholesterol and body mass index screening tests HIV, mammogram, pap smear, prostate specific antigen (PSA) test and, influenza vaccine for identified high risk members, members who are pregnant and members above the age of 65.</li> <li>Pneumococcal vaccine for identified high risk members.</li> <li>One (1) preventative dental examination per beneficiary per annum, including the oral examination, infection control, prophylaxis, polishing and fluoride of adults and children.</li> <li>Human Papillomavirus (HPV) vaccine for males between the ages of 11 and 21 and females between the ages of 11 and 26 years. HPV screening tests are limited to 1 x every 5 years if the member is HIV negative and one test every 3 years if the members is HIV positive. These tests are an alternative to pap smears.</li> </ul>	100% of the Remedi Rate	Subject to Overall Annual Limit	<ul> <li>Remedi will make payment in full, subject to the applicable limit, to a specialist DSP providing relevant health care services to a Member without such Member being liable to make any co-payment to such DSP.</li> <li>If such services are provided to a Member who chooses to use a non-DSP, except in the involuntary circumstances described in 10.4 read with 10.3 and/or 10.5 of Annexures B and D to the Rules, then such Member</li> <li>will be liable to pay the provider;</li> <li>will receive a benefit limited to 100% of the Remedi Rate;</li> <li>may be required to make co-payments to such provider for fees charged above the Remedi Rate.</li> <li>If the member has more than 1 HPV screening test before the 5 years' period expires, if HIV negative (or before the 3 years' period expires, if HIV positive) then:</li> <li>the second and sub-sequent claims during that period will be paid from the member's day-to-day acute medicine benefit, if benefits are available and where the result of the screening test is abnormal or after treatment the follow-up tests will be funded yearly until normal.</li> </ul>

Remedi Rules 1 January 2022 Classic Option Szotra find f

	BENEFIT	RATE	LIMITS		COMMENT
	One LDL cholesterol screening is available per high risk beneficiary where clinically indicated at network pharmacy. HbA1c is funded from the Insured Out of Hospital benefit, where clinically appropriate. A group of age appropriate screening tests and additional screening assessments for members 65 years and older (Senior Screening Tests). Colorectal screening limited to one fecal occult blood test or immunochemical test every 2 years per person for persons between the ages of 45 to 75 years. One colonoscopy where clinically appropriate		REGISTERED BY ME ON Mashilo Lebytyg/12/23 24/12/2021 11:20:56(UTC+02:00) Signed by Mashilo Leboho, m.leboho@medicalschemes.co za REGISTRAK OF MEDICAL SCREMES		If the member has more than 1 HPV screening tests during the year after an abnormal HPV test result, the second and sub-sequent claims during that year will be paid from the member's day-to-day acute medicine benefit, if benefits are available.
13.	Internal prostheses and devices	100% of the Remedi Rate	Subject to the Overall Annual Limit w sub-limits: Total hip replacement Revision hip Knee replacement Revision knee replacement Total shoulder replacement Spinal benefit (one procedure per year) first level two or more levels Bare metal cardiac stents max. 3 p.a. (each) Drug eluting cardiac stents (each) max. 3 p.a. Pacemaker with Leads Pacemaker Biventricular Cardiac valves (each)	rith following R44 600 R52 600 R35 000 R44 600 R41 000 *** *** *** R73 800 R95 100 R49 300	Subject to pre-authorisation and the hospital risk management programme and the requirements prescribed for PMB's. Spinal benefit limit applies to the prosthetic device only- Cervical spinal fusion; Cervical artificial disc replacement; Lumbar spinal fusion; Lumbar artificial disc replacement; Interspinous devices. Clinical protocols apply - PER LEVEL LIMIT (artificial disc replacement, interspinous process devices & spinal fusion). Funding at network or non- network providers up to 100% of the Remedi Rate. *Sub-limit may be increased, subject to approval of Remedi's Medical Advisory Committee. Funding of temporary and permanent Sacral nerve stimulators is specifically excluded.

Storm Remodi Rules 1 January 2022 Classic Option

	BENEFIT	RATE	L	MITS	COMMENT
	REGISTERED BY ME ON ashio Leboho 12/2021 13:23,0543TC+02:00 beboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES		Artificial limbs (below Artificial Limbs (above Artificial eyes (prosthe apparatus) All other internal prost devices	R28 800 e knee) R52 600 esis plus R26 900	** Negotiated reference price list is applicable. *** Hip and Knee Arthroplasty Procedures: The Scheme is contracted with Mediclinic as Designated Service Provider ("DSP") for these procedures. A R2 500.00 co-payment for voluntary non-DSP use will apply. The aforementioned co-payment will be waived for members who reside outside a thirty (30) kilometre radius from a Mediclinic hospital
14.	External prostheses and appliances (Including the external components of external prosthesis, incontinence products, etc.)	100% of the Remedi Rate	Subject to Overall Annu limits: Colostomy equipment Hearing aids Wheelchairs Oxygen appliances (includes oxygen) All other appliances	al Limit with following sub- R27 600 per beneficiary per annum R25 450 per beneficiary per annum R15 950 per beneficiary per annum R2 075 per beneficiary per month * R6 000 per beneficiary per annum	Colostomy equipment can be obtained via Cancer Society. Oxygen benefit subject to registration for the use of oxygen on the Chronic Illness Benefit Programme managed by Discovery Health as contracted. Funding of Mirena contraceptive device payable from all other appliances, subject to pre-approval in line with Scheme clinical protocols and guidelines and provided inserted in gynaecologists' rooms. *Sub-limit may be increased, subject to approval of the Scheme's Medical Advisory Committee. CPAP devices funded from the "all other appliances" limit as available, where deemed clinically appropriate and limited to the agreed/negotiated rates with preferred providers.

Stota A Remedi Rules 1 January 2022 Classic Option

	BENEFIT	RATE	LIMITS	COMMENT
	REGISTERED BY ME ON Mashilo Leboho 24/12/2025 11/212/24/UTC+02:00) Signed by Mashilo Leboho, m.leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES			Point-of-care devices for point-of-care testing are funded from the "all other appliances" limit as available, where deemed clinically appropriate. With effect from 1 May 2021, Continuous Glucose Monitors ("CGM"), where deemed clinically appropriate are funded from the "all other appliances" limit up to the agreed/negotiated rates with preferred providers.
15.	Paramedical services Ambulance	100% of the Remedi Rate	Subject to utilisation of Preferred Provider, viz. ER24 Emergency Response Service.	Transfers for same event subject to medical justification. Pre-authorisation required with Preferred Provider. If emergency transportation is obtained by a service provider other than ER24, the latter provider must be notified within 24 hours by contacting their call centre.
16.	<b>Psychiatric benefit</b> (Including the treatment of alcoholism and drug dependency. In hospital and in lieu of hospitalisation)	100% of the Remedi Rate	Subject to overall annual limit, limited to 21 days per annum in hospital or 15 days in an out-of- hospital setting or a combination of in- and out-of hospital as prescribed in terms of Prescribed Minimum Benefits.	Subject to pre-authorisation and the management of clinical risk by Discovery Health as contracted and the requirements prescribed for PMBs. Benefits may be granted for out-of-hospital consultations and/or treatment in lieu of hospitalisation only. Services and treatment for PMB conditions to be obtained from a DSP (Mental Health Network provider) contracted with the Scheme and funding per Annexure D will be applicable. Benefit may be increased, subject to approval of Remedi's
17.	Organ Transplants (Including harvesting of organs, consultations/visits and post-operative anti- rejection medicines required by recipient)	PMB will be paid at 100% of Cost. Non-PMB is paid at 100% of the Remedi Rate	PMB unlimited at the DSP. Non-PMB will be subject to the Overall Annual Limit.	Medical Advisory Committee. Subject to pre-authorisation and the management of clinical risk by Discovery Health as contracted. Provisions of Annexures B and D is applicable.
18.	Renal Failure & Dialysis (Including all services and materials associated with the cost of acute and chronic renal dialysis including consultations/visits and medicine)	100% of the Remedi Rate	Subject to Overall Annual Limit and the requirements prescribed for PMB's	Subject to pre-authorisation and the management of clinical risk by Discovery Health as contracted. Provisions of Annexures B and D is applicable.
19.	Other Health Care Services Chinese medicine & acupuncture, therapeutic aromatherapy, ayurveda, chiropody/podiatry, chiropractics (including x-rays), dietetics, homeopathy, iridology, naturopathy, orthoptics, osteopathy, therapeutic reflexology, therapeutic massage therapy, phytotherapy and traditional healing		Nil Benefit	

Remedi Rules 1 January 2022 Classic Option

CDL	Chronic Disease List
DSP	A Designated Service Provider for the Prescribed Minimum Benefits - "PMBs" - selected by Remedi, being the contracted private hospitals, Clicks Pharmacies and Dis- Chem Pharmacies, Discovery Health Pharmacy Network, as well as specialists contracted by Discovery Health under Direct Payment Arrangements, General Practitioners in the GP Network, Dental Risk Company (DRC), Preferred Provider Negotiators (PPN) and the following providers for alcohol and drug dependency – The South African National Council on Alcohol and Drug Dependence (SANCA), SANCA's nominated providers and the Ramot Centre for Alcohol and Drug Dependency, as well as any other providers selected by Remedi from time to time
Direct Payment	Are the specialist arrangements concluded between Discovery Health and specialist providers who agree to charge at or below a set rate for consultations and procedures
Arrangements "DPAs"	and by reason thereof have also agreed that such rates shall be applicable to Remedi.
GP Network	The network of General Practitioners contracted to and through Discovery Health to provide relevant health care services to Remedi at the Remedi Rate
CDA	Chronic Drug Amount (CDA) is an amount of money that has been allocated for each medicine category each month for a specific condition.
Μ	Member without dependants
M+	Member plus dependants
Pb/pa	per beneficiary per annum
Pf/pa	per family per annum
PMB/PMB`s	the Prescribed Minimum Benefit(s)
Pre-authorisation	the approval which has been given by the Scheme, or the Scheme's contracted Managed Healthcare provider for relevant health services, as defined in the Act, to be provided to a beneficiary, in accordance with the protocols/treatment guidelines, accepted or determined by the Scheme.
Preferred Provider	a health care provider or group providers selected by the Scheme to provide diagnosis, treatment and care in respect of PMB or non-PMB conditions. For Chronic medicine any pharmacy charging not more than the SEP and the dispensing fee equal to that charged by the DSPs.
SAOA	South African Optometric Association
Remedi Rate	is the tariff fee / rate for the payment of relevant health services equal to the Discovery Health Rate / DH rate, as prescribed in the Guide to the Discovery Health Rate, or, the fee / rate as determined by Board of Trustees in terms of any agreement between Remedi and any service provider or group of service providers
SEP	Single Exit Price
PMB Hospital Network	A Mediclinic hospital contracted to or nominated by the Scheme established for the provision of services that relates to Prescribed Minimum Benefit (PMB) conditions. See also DSP.
Mental Health Network	A defined list of Psychologists and/or Social Workers contracted or nominated by the Scheme for purposes of providing treatment to members relating to mental health conditions. See also DSP
In-Hospital GP Network	A defined list of GP and specialist authorised by the Scheme to provide in-hospital services to members as part of the Scheme's Premier Practice, Remedi Standard GP Network and Classic DPA Specialist Networks.
Hip and Knee Arthroplasty Network	Mediclinic Private Hospital Facilities as contracted for Designated Service Provider ("DSP") purposes

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Remedi Rules 1 January 2022 Classic Option



**ANNEXURE C** 

## REMEDI MEDICAL AID SCHEME

## **EXCLUSIONS AND LIMITATIONS**

## **APPLICABLE TO ALL BENEFIT OPTIONS**

#### **EXCLUSIONS**

Subject to the provisions of regulation 8 of the Act, any benefit option that is offered by a medical scheme must pay in full, without co-payment or the use of deductibles, the diagnosis, treatment and care costs of the prescribed minimum benefit conditions, provided that services are obtained from a designated service provider in respect of that condition as set out in regulation 8 (2) of the Act. A co-payment or deductible, as set out in the rules and annexures to the rules, may be imposed on a member if that member or his or her dependant obtains such services from a provider other than a designated service provider, provided that no co-payment or deductible is payable by a member if the service was involuntarily obtained from a provider other than a designated service for the treatment of a prescribed minimum benefit condition suffered by a beneficiary and that beneficiary knowingly declines the formulary drug and opts to use another drug instead, the Scheme may impose a co-payment on the relevant member as set out in regulation 8 (5) of the Act.

- 1. Therefore, unless benefits are to be afforded to members as prescribed minimum benefits, or unless otherwise provided for, or decided by the Board, expenses incurred in connection with any of the following will not be paid by the Scheme:
  - 1.1 The member is, entitled to such benefits as provided for in the rules and annexures of the Scheme, however, will be liable to the Scheme for valid claims recovered from any other third party, where the Scheme made payment on behalf of the member for treatment of sickness conditions or injuries sustained by a member or a dependant and
    - 1.1.1 the member and/or the member's duly authorized representative, administrator or executor, as soon as may be reasonably possible after the incident giving rise to such claim immediately sign and deliver to the Scheme and /or the Scheme's administrators a written undertaking, issued by the Scheme or the Scheme's administrators that
      - 1.1.1.1 on receipt of any payment arising from any claim for medical expenses, the member, and/or such duly authorized representative, administrator or executor will

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immediately reimburse the Scheme for costs incurred by the Scheme in respect of this benefit,

the member, and/or duly authorised representative, administrator or executor shall diligently and expeditiously pursue such claim for the recovery of any benefit paid by the Scheme and to keep the Scheme and/or the Scheme's administrators reasonably and properly informed of progress.

the member, such duly authorized representative, administrator or executor shall bear all costs arising from the pursuit of any claim or action against such third party, unless otherwise agreed to in writing by the duly authorized representative of the Scheme.

- 1.2 All costs in respect of injuries arising from professional sport, speed contests and speed trials, unless PMB.
- 1.3 All costs for operations, medicines, treatment and procedures for cosmetic purposes.
- 1.4 All costs for Mammoplastics, i.e. Breast Reductions, unless medically necessary.
- 1.5 All costs for the treatment of infertility, except for PMB's.
- 1.6 The artificial insemination of a person as defined in the Human Tissue Act, 1983 (Act of 1983).
- 1.7 Holidays for recuperative purposes.
- 1.8 Purchase of:
  - Medicines not registered with the Medicines Control Council and proprietary preparations;
  - Applicators, toiletries, beauty preparations, soaps, shampoos and other topical applications;
  - Cosmetics, emollients and moisturizers, including sun-tan lotions namely; sunscreens and tanning agents;
  - Bandages, cotton wool, dressings and other consumable items;
  - Food /nutritional supplements and patented foods, including baby foods;
  - Tonics, slimming preparations used to treat or prevent obesity and drugs as advertised to the public; and
  - Household and biochemical remedies.
  - Diagnostic agents
  - Aphrodisiacs;
  - Anabolic steroids;
  - Household remedies or preparations of the type advertised to the public;

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- 1.9 The purchase of medicines not included in a prescription from a person legally entitled to prescribe medicine.
- 1.10 Unless PMB, all costs that are more than the benefit to which a member is entitled in terms of these rules, unless otherwise agreed to by the Board.
- 1.11 Charges for appointments which a member or dependant of a member fails to keep.
- 1.12 Costs for services rendered by -
  - 1.12.1 persons not registered with a recognised professional body constituted in terms of any law; or
  - 1.12.2 any organisation, clinic, institution, nursing home or similar institution except a state or provincial hospital not registered in terms of any law.
- 1.13 All costs related to the treatment of erectile dysfunction, unless approved by the Scheme.
- 1.14 All costs related to gender re-alignment for personal reasons and not directly caused by or related to illness, accident or disorder.
- 1.15 Section 21 medicines not approved and registered with the South African Medicines Control Council.
- All costs for use of gold in dentures or the cost of fold as an alternative to 1.16 non-precious metal in crowns, inlays and bridges.
- 1.17 All optical devices which are not regarded by the South African Optometric Association as clinically essential or clinically desirable, including sunglasses and spectacle cases or solution kits for contact lenses.
- 1.18 No claim shall be payable by the Scheme if, in the opinion of the Medical Advisory Committee, the health care service in respect of which such claim is made, is not appropriate and necessary for the symptoms, diagnosis or treatment of the medical condition at an acceptable level of service. The decision of the Medical Advisory Committee will also take into consideration the current practice, evidence based medicine, cost effectiveness and affordability.
- 1.19 Appliances: the purchase or hire of special beds, chairs, cushions, commodes, sheepskin, waterproof sheets for beds, bedpans, special toilet seats or repairs of or adjustments to sick room or convalescing equipment, with the exception of the hire of oxygen cylinders and provided where oxygen cylinders and provided where the Scheme has provided prior written approval



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for the purchase of these and other appliances unless provided for in Annexure B or a PMB.

- 1.20 Motherhood: charges for ante-and post-natal exercise classes, mothercraft or breastfeeding instructions.
- 1.21 War: injury or disablement fur to war, invasion or civil war, except for PMB's.

#### 2 LIMITATIONS

- 2.1 The maximum benefits to which a member and his dependants are entitled in any Financial year are limited as set out in Annexure B.
- 2.2 Members admitted during the course of a financial year are entitled to the benefits set out in the schedules appended hereto, with the maximum benefits being adjusted in proportion to the period of membership calculated from the date of admission to the end of the particular financial year.
- 2.3 Unless otherwise decided by the Board, benefits in respect of medicines obtained on a prescription are limited to one month's supply or nearest unbroken pack for every such prescription or repeat thereof.
- 2.4 In cases of illness of a protracted nature the Board may insist that a member or a dependant must consult a particular specialist that the Board may nominate in consultation with the attending practitioner. If such specialist's advice is not acted upon, no further benefits will be allowed for that particular illness. Subject to evidence based managed care protocol/ formularies, as provided for in regulation 15.

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#### PREAMBLE

The benefits and services in respect of the Prescribed Minimum Benefits (PMB) conditions are funded as set out in this Annexure.

The Scheme has established the following Designated Service Providers (DSP) and Networks:

- SANCA, RAMOT or Nishtara for drug and alcohol, detoxification and rehabilitation;
- Remedi Standard Option GP Network;
- Classic Direct Specialist Direct Payment Arrangements;
- Premier Specialist/GP Direct Payment Arrangements;
- KeyCare Specialist Direct Payment Arrangements;
- A list of pharmacies that entered into preferred provider arrangements with the Scheme (See Annexure B);
- Optical Network (Preferred Provider Negotiators PPN);
- A list of private hospitals that entered into tariff arrangements with the Scheme;
- Dental management through the Dental Risk Company as a preferred provider for members on the Standard Option;
- ER24 as a preferred provider for emergency services;
- A list of hospitals to obtain services for Prescribed Minimum Benefits known as the PMB Hospital Network;
- An In-hospital GP and Specialist Network for services related to PMB;
- A Mental Health Network to obtain out-of-hospital services from a list of Psychiatrists and Social Workers who has entered into a preferred provider arrangement with the Scheme.

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A Beneficiary will be deemed to have involuntarily obtained a service from a provider other than the abovementioned contracted network providers or DSP, if -

(i) the service was not available from the DSP or would not be provided without unreasonable delay;

(ii) immediate medical or surgical Treatment for a PMB benefit condition was required under circumstances or at locations which reasonably precluded the Beneficiary from obtaining such treatment from a DSP; or

(iii) if there was no DSP within reasonable proximity to the Beneficiary's ordinary place of business or personal residence.

The below tables set out the manner in which the Scheme will fund PMB conditions if

- a) a Beneficiary use the DSP or involuntarily uses a non-DSP or
- b) a Beneficiary voluntarily does not use the DSP.

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4/12/2021202:02:02:06)UTC+02:00) igned by Mashilo Leboho,

m.leboho@medicalschemes.cq.za REGISTRAR OF MEDICAL SCHEMES

	2022		
Туре	Designated Service Provider ("DSP")	a) Reimbursement Rate if the Beneficiary uses the DSP or involuntarily uses a non-DSP	b) Reimbursement Rate if the Beneficiary voluntarily does not use a DSP /uses a non-DSP
Chronic Disease List ("CDL") and Diagnostic Treatment Pairs Prescribed Minimum Benefits ("DTPMB") : – Out-of-Hospital Consultations REGISTERED BY ME ON Mashilo Leboho, Mashilo Leboho, Mashilo Leboho, Juleboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES	<b>Specialists:</b> Any specialist participating in the KeyCare or Premier Rate Specialist Network.	The Scheme shall pay the costs of PMB in full for involuntary use of a non-DSP. The Scheme shall pay the costs of PMB at 100% of the agreed rate for services obtained from a DSP.	The Scheme shall pay the costs of PMB up to a maximum of 100% of the Scheme Rate. The co-payment, which the member is liable for is any amount the provider charges above Scheme Rate.
	<b>GPs:</b> Any GP participating in the Scheme's GP Network or GP Premier Rate arrangements.	The Scheme shall pay the costs of PMB in full for involuntary use of a non-DSP. The Scheme shall pay the costs of PMB at 100% of the agreed rate for services obtained from a DSP.	The Scheme shall pay the costs of PMB up to a maximum of 100% of the Scheme Rate. The co-payment, which the member is liable for is any amount the provider charges above Scheme Rate.
CDL and DTPMB: Out-of-Hospital Diagnosis	Specialists: Any specialist participating in the KeyCare or Premier Rate Specialist Network. GPs: Any GP participating in the Scheme's GP Network GP Premier Rate arrangements.	The Scheme shall pay the costs of PMB in full, subject to the Scheme's diagnostic Basket of Care and the member making application to the Scheme for CDL and/or DTPMB cover.	The Scheme shall pay the costs of PMB up to a maximum of 100% of the Scheme Rate, subject to the Scheme's diagnostic Basket of Care and the member making application to the Scheme for CDL and/or DTPMB cover.

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	2022				
	Туре	Designated Service Provider ("DSP")	a) Reimbursement Rate if the Beneficiary involuntarily uses a non-DSP	b) Reimbursement Rate if the Beneficiary voluntarily does not use a DSP /uses a non-DSP	
Mashi 24/12/ Signeo	CDL: Out-of-Hospital Medicine REGISTERED BY ME ON Control of the second Control of the	The DSP is a defined list of contracted pharmacies and/or providers.	The Scheme shall pay the costs of PMB medication in full, subject to the Scheme's Formulary. If the medication is not listed on the Scheme's Formulary, the Scheme will pay up to the maximum of the chronic drug amount ("CDA") or Therapeutic Reference Price ("TRP") as specified per the Option the patient is registered on and subject to the Scheme's Medication Rate. This is subject to Regulations 15 H (c) and 15 I (c).	The Scheme shall pay the costs of PMB medication up to the Scheme Medication Rate or Therapeutic Reference Price (TRP) for medication obtained voluntarily from a non- DSP, subject to the Scheme's Formulary. This is subject to Regulations 15 H (c) and 15 I (c). If the medication is not listed on the Scheme's Formulary, the Scheme will pay up to CDA or TRP. Where the pharmacy and/or provider charges more than the Scheme Medication Rate or Therapeutic Reference Price, an additional co- payment may apply.	

2022				
Туре	Designated Service Provider ("DSP")	a) Reimbursement Rate if the Beneficiary involuntarily uses a non-DSP	b) Reimbursement Rate if the Beneficiary voluntarily does not use a DSP /uses a non-DSP	
DTPMB: Out-of-Hospital Medicine Mashilo Leboho 24/12/2021 11:22:34(UTC+02:00) Signed by Mashilo 24/2000, m.leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES	The DSP is a defined list of contracted pharmacies and/or providers.	The Scheme shall pay the costs of PMB medication in full, subject to the Scheme's Formulary. If the medication is not listed on the Scheme's Formulary, the Scheme will pay up to the maximum of the chronic drug amount (CDA) or Therapeutic Reference Price (TRP)as specified per the Option the patient is registered on and subject to the Scheme's Medication Rate. This is subject to Regulations 15 H (c) and 15 I (c).	The Scheme shall pay the costs of PMB medication up to the Scheme Medication Rate or Therapeutic Reference Price (TRP) for medication obtained voluntarily from a non- DSP, subject to the Scheme's Formulary. If the medication is not listed on the Scheme's Formulary, the Scheme will pay up to the maximum of CDA or TRP.	
CDL and DTPMB: Out-of-Hospital Pathology	Any provider that the Scheme has an agreement with for Pathology services.	The Scheme shall pay the costs of PMB in full for involuntary use of a non-DSP. The Scheme shall pay 100% of the agreed rate for services obtained from a DSP.	The Scheme shall pay the costs of PMB up to a maximum of 100% of the Scheme Rate for voluntary use of a non- DSP. The co-payment, which the member is liable for is any amount the provider charges above Scheme Rate.	
CDL and DTPMB: Out-of-Hospital Radiology	Any provider charging the Scheme Rate for Radiology services.	The Scheme shall pay the costs of PMB in full for involuntary use of a non-DSP. The Scheme shall pay 100% of the Costs or the agreed rate for services obtained from a DSP.	The Scheme shall pay the costs of PMB in full for voluntary use of a non-DSP. The Scheme shall pay 100% of the Costs or the agreed rate for services obtained from a DSP.	

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2022				
Туре	Designated Service Provider ("DSP")	a) Reimbursement Rate if the Beneficiary involuntarily uses a non-DSP	b) Reimbursement Rate if the Beneficiary voluntarily does not use a DSP /uses a non-DSP	
DTPMB: In-hospital admissions	Any PMB Network Hospital facility as contracted with the Scheme. Subject to Regulation 8 (3) (a) and (b).	The Scheme shall pay the costs of PMB in full for involuntary use of a non-DSP and up to the agreed rate for services obtained from a DSP.	The Scheme shall pay the costs of PMB up to a maximum of 100% of the Scheme Rate for voluntary use of a non- DSP.	
REGISTERED BY ME ON Mashilo Leboho 24/12/2022/021/22/264(UTC+02:00 Signed by Mashilo Leboho, m.leboho@medicalschemes.co.z REGISTRAR OF MEDICAL SCHEMES	aSIGNIFLOW.COM		The co-payment, which the member is liable for is equal to any amount the provider charges above the Scheme Rate.	
DTPMB:	Specialists:	The Scheme shall pay	The Scheme shall pay	
In-Hospital Consultations	Any specialist participating in the KeyCare or Premier Rate Specialist Network.	the costs of PMB in full for involuntary use of a non-DSP and up to the agreed rate for services obtained from a DSP.	the costs of PMB up to a maximum of 100% of the Scheme Rate for voluntary use of a non-DSP.	
	<b>GPs:</b> Any GP participating in the Scheme's GP Network and practicing in a PMB Network Hospital facility. Subject to Regulation 8 (3) (a) and (b).		The co-payment, which the member is liable for is equal to any amount the provider charges above the Scheme Rate.	
DTPMB:	Drug and Alcohol	The Scheme shall pay	The Scheme shall pay	
Mental IIIness	abuse facilities: Any facility and/or provider contracted with the Scheme.	the costs of PMB in full for involuntary use of non-DSP and up to the agreed rate for services obtained from a DSP up to a maximum of 21 days in-hospital.	the costs of PMB up to a maximum of 100% of the Scheme Rate for voluntary use of a non- DSP, subject to a maximum of 21 days.	
			The co-payment, which the member is liable for is equal to any amount the provider charges above the Scheme Rate.	

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2022				
Туре	Designated Service Provider ("DSP")	a) Reimbursement Rate if the Beneficiary involuntarily uses a non-DSP	b) Reimbursement Rate if the Beneficiary voluntarily does not use a DSP /uses a non-DSP	
REGISTERED BY ME ON Mashilo Lebshog 12/23 24/12/2021 11:22:55 (UTC+02:00) Signed by Mashilo Leboho, m.leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES	All other conditions: Any provider contracted with the Scheme and/or a defined list of hospitals with a psychiatric ward as contracted with the Scheme. Subject to the condition meeting clinical entry criteria and the Scheme's Baskets of Care.	The Scheme shall pay the costs of PMB in full, subject to the rate contracted with the hospital for a psychiatric ward/facility. Payment will be equivalent of up to a maximum of 21 days in- hospital, or 12 or 15 days out-of-hospital consultations for conditions as defined in Annexure A of the Regulations.	The Scheme shall pay the costs of PMB up to a maximum of 100% of the Scheme Rate for voluntary use of a non- DSP. The co-payment, which the member is liable for is equal to any amount the provider charges above the Scheme Rate.	
DTPMB: Terminal Care facilities	Hospice and any other compassionate care facility.	The Scheme shall pay the costs of PMB in full for involuntary use of a non-DSP and up to the agreed rate for services obtained from a DSP.	The Scheme shall pay the costs of PMB up to a maximum of 100% of the Scheme Rate for voluntary use of a non- DSP. The co-payment, which the member is liable for is equal to any amount the provider charges above the Scheme	
Oncology/Cancer: Out-of-Hospital Treatment	Specialists: Any Oncologist who has agreed to charge the Premier Rate and/or any specialist contracted with the Scheme. Subject to Regulation 8 (3) (a) and (b).	The Scheme shall pay the costs of PMB in full for involuntary use of a non-DSP and up to the agreed rate for services obtained from a DSP.	Rate. The Scheme shall pay the costs of PMB up to a maximum of 100% of the Scheme Rate or Cost for voluntary use of a non-DSP.	
	<b>GPs:</b> Any GP on the Scheme's GP Network who is a SAOC member;	The Scheme shall pay the costs of PMB in full for involuntary use of a non-DSP and up to the agreed rate for services obtained from a DSP.	The Scheme shall pay the costs of PMB up to a maximum of 100% of the Scheme Rate or Cost for voluntary use of a non-DSP.	

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2022				
Designated Service Provider ("DSP")	a) Reimbursement Rate if the Beneficiary involuntarily uses a non-DSP	b) Reimbursement Rate if the Beneficiary voluntarily does not use a DSP /uses a non-DSP		
	The Scheme shall pay the costs of PMB in full for involuntary use of a non-DSP and up to the agreed rate for services obtained from a DSP.	The Scheme shall pay the costs of PMB up to a maximum of 100% of the Scheme Rate or Cost for voluntary use of a non-DSP.		
Any provider that the Scheme has an agreement with for Pathology services;	The Scheme shall pay the costs of PMB in full for involuntary use of a non-DSP and up to the agreed rate for services obtained from a DSP.	The Scheme shall pay the costs of PMB up to a maximum of 100% of the Scheme Rate or Cost for voluntary use of a non-DSP.		
Any provider charging the Scheme Rate for Radiology services;	The Scheme shall pay the costs of PMB in full for involuntary use of a non-DSP and up to the agreed rate for services obtained from a DSP.	The Scheme shall pay the costs of PMB in full for voluntary use of a non-DSP and up to the agreed rate for services obtained from a DSP.		
<b>Specialists:</b> Any specialist participating in the KeyCare or all specialists who have agreed to charge the Premier Rate.	The Scheme shall pay the costs of PMB in full for involuntary use of a non-DSP and up to the agreed rate for services obtained from a DSP.	The Scheme shall pay the costs of PMB up to a maximum of 100% of the Scheme Rate for voluntary use of a non- DSP.		
GPs: Any Premier Plus or Remedi Standard GP who has contracted with the Scheme.	The Scheme shall pay the costs of PMB in full for involuntary use of a non-DSP and up to the agreed rate for services obtained from a DSP.	The Scheme shall pay the costs of PMB up to a maximum of 100% of the Scheme Rate for voluntary use of a non- DSP.		
	Designated Service Provider ("DSP")         Provider ("DSP")         Any provider that the Scheme has an agreement with for Pathology services;         Any provider charging the Scheme Rate for Radiology services;         Any provider charging the Scheme Rate for Radiology services;         Specialists: Any specialist participating in the KeyCare or all specialists who have agreed to charge the Premier Rate.         GPs:         Any Premier Plus or Remedi Standard GP who has contracted with	Designated Service Provider ("DSP")a) Reimbursement Rate if the Beneficiary involuntarily uses a non-DSPImage: Construct of the service of the		

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2022				
Туре	Designated Service Provider ("DSP")	a) Reimbursement Rate if the Beneficiary involuntarily uses a non-DSP	b) Reimbursement Rate if the Beneficiary voluntarily does not use a DSP /uses a non-DSP	
HIV: Pathology	Any provider that the Scheme has an agreement with for Pathology services.	The Scheme shall pay the costs of PMB in full for involuntary use of a non-DSP and up to the agreed rate for services obtained from a DSP.	The Scheme shall pay the costs of PMB up to a maximum of 100% of the Scheme Rate for voluntary use of a non- DSP.	
HIV: Radiology REGISTERED BY ME ON Mashilo Leboho 4/12/2021 11:23:13(UTC+02:00) Signed by Mashilo-Leboho, Mashilo Leboho Mashilo Leboho	Any provider charging the Scheme Rate for Radiology services.	The Scheme shall pay the costs of PMB in full for involuntary use of a non-DSP and up to the agreed rate for services obtained from a DSP.	The Scheme shall pay the costs of PMB in full for voluntary use of a non-DSP and up to the agreed rate for services obtained from a DSP	
HIV: Medicine	The DSP is a defined list of contracted pharmacies and providers.	The Scheme shall pay the costs of PMB medication in full for involuntary use of a non- DSP, subject to the Scheme's Formulary. If the medication is not listed on the Scheme's Formulary, the Scheme will pay up to maximum of the chronic drug amount (CDA) or Therapeutic Reference Price (TRP) as specified per the Option the patient is registered on and subject to the Scheme's Medication Rate. This is subject to Regulations 15 H (c) and 15 I (c).	The Scheme shall pay the costs of PMB medication up to the Scheme Medication Rate or TRP for medication obtained voluntarily from a non- DSP, subject to the Scheme's Formulary. If the medication is not listed on the Scheme's Formulary, the Scheme will pay up to CDA or TRP.	

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2022			
Туре	Designated Service Provider ("DSP")	a) Reimbursement Rate if the Beneficiary involuntarily uses a non-DSP	b) Reimbursement Rate if the Beneficiary voluntarily does not use a DSP /uses a non-DSP
HIV:	Any vendor that has contracted with the	The Scheme shall pay the costs of PMB in full	The Scheme shall pay up to a maximum of
Voluntary Counselling and Testing (VCT)	Scheme.	for involuntary use of a non-DSP and up to the agreed rate for services obtained from a DSP.	100% of the Scheme Rate for voluntary use of a non-DSP.
RENAL:	Contracted provider, applicable to Member's	The Scheme shall pay the costs of PMB in full	The Scheme shall pay up to 100% of the
Specifically as regard to Chronic Renal Dialysis, Pathology and Drugs REGISTERED BY ME ON	chosen Option, in respect of the Scheme's chronic renal dialysis network.	for involuntary use of a non-DSP and up to the agreed rate for services obtained from a DSP.	Scheme Rate for voluntary use of a non- DSP.
Mashilo Leb@@1/12/23 24/12/2021 11:23:23(UTC+02:00) Signed by Mashilo Leboho, m.leboho@medicalschemes.co.za	w.com		The co-payment, which the member is liable for is any amount the provider charges above Scheme Rate.

#### Notes:

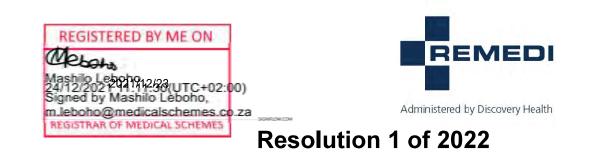
- 1. For approved PMB conditions, all treatment codes and procedure codes must accord with the Scheme's Baskets of Care. The Scheme may have regard to Regulations 15H(c) and 15I(c).
- 2. "SAOC" means the South African Oncology Consortium.
- 3. In accordance with what is stated in the main body to these Rules, no healthcare costs associated with a PMB will be paid if such costs are voluntarily incurred outside of the territory of the Republic of South Africa and other territories within the Rand Monetary Area.
- 4. Where claims are paid in full, Beneficiaries will not be required to make any payments not reimbursable by the Scheme.
- 5. CDA (Chronic Drug Amount) is the reference price applied by the Scheme to all off-formulary medication claims.
- TRP (Therapeutic Reference Price) is the reference price model applicable to all fixed NAPPI formularies, such as the Chronic Disease List ("CDL"), Out of Hospital Diagnostic Treatment Pairs Prescribed Minimum Benefits ("OHDTPMB"), HIV and Oncology medicines, ensuring reimbursement of non-formulary products that link to the formulary drug classes on a generic and therapeutic level.

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## Annexure D

- 7. Baskets of Care, is a list of consultations, investigations and other procedures that pertain to the care of a CDL condition (Chronic Disease List condition as per the Medical Schemes Act and its relevant regulations and amendments for Prescribed Minimum Benefits), over a period of time which may be adaptable to the patient's specific needs through a process of interaction and consultation with the Scheme's contracted Managed Care Organisation and/or medical advisors and which will be associated, where applicable, with the drugs as listed in the PMB CDL Algorithms for the specific CDL conditions.
- 8. PMB services will accumulate to insured limits where these limits exist. Once depleted, the remaining PMB entitlement will apply.
- 9. In accordance with what is stated in the Scheme's main body of the rules, the Beneficiary must authorise all voluntary DTPMB hospital admissions, which admissions include, but are not limited to, Mental Illness admissions, HIV and Oncology admissions, within 48 hours of the required elective procedure/treatment. Failure to so will entitle the Scheme to apply a co-payment of R1 000.
- 10. This Annexure to be read in conjunction with Annexure B.





Certified as having been adopted in terms of the Rules, at a meeting of the **Board of Trustees held on 22 April 2021 and 22 September 2021** that the following changes to the Annexures of the Remedi Medical Aid Scheme ("the Scheme") <u>will take</u> <u>effect 1 January 2022 or as specified in this Resolution</u>:

1. Contribution amounts to increase with effect from 1 July 2022 as follows:

Increase of 7.9% on all Options.

The amended contribution table amounts are included with this Certificate for registration by the Council for Medical Schemes ("CMS") with effect from 1 July 2022.

- 2. Amendments to the Benefit Annexures of the Rules and benefit limits for 2022 are set out below and <u>will take effect</u> <u>1 January 2022</u>:
- 2.1 Inflationary increase assumptions of 4.5% on average in respect of benefit limits, as well as medicine increases was approved, except where agreed not to be increased, such as the specialized medicine benefit limit;
- 2.2 Amendments to Annexure A1, A2 and A3 contains the monetary value adjustments;
- 2.3 Amendments to Annexure B to be read in conjunction with Annexure D that sets out the funding guidelines for Prescribed Minimum Benefits are enclosed in tracked changes to identify the benefit and managed healthcare initiative changes as approved by the Board of Trustees. These changes are also reflected in Annexures B1, B2 and B3 with tracked changes as part of the submission and includes the following benefit and managed healthcare initiative changes, where "x" indicates that the change is applicable:

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Description of change	Standard	Classic	Comprehensive	Summary of Rules impacted and Reasons if
				no Rule amendments incorporated
Spinal Care	x	X	х	New Paragraph 11.3 in Annexure B has
Programme				reference. At an Option level Spinal benefits was updated to make provision for funding at network and non-network providers at 100% of the Remedi Rate in Annexures B1 Rule 14, B2 Rule 15 and B3 Rule 13.
Mental Health relapse prevention programme	Х	Х	x	No impact on Rules as enhancements form part of the Patient Management Programme referenced in Annexure B Paragraph 11.1, which makes provision for funding from a "basket of care".
Point of Care ("POC") Testing	Х	X	x	The following is added to all the Options' Rules where pathology testing is referenced: "Point-of-care pathology testing is subject to meeting the Scheme's treatment guidelines and Managed Health Care criteria." This change was incorporated into Annexures B1, B2 and B3, Rule 6.
				For clarity purposes funding for the point-of- care devices from the existing external

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		Mashilo Leboho 2412/2021 2021 2021 2021 Signed by Mashilo Leboho m.leboho@medicalsc REGISTRAR OF MEDICAL	UTC+02:00) boho, hemes.co.za	prostheses Annexure B1 Rule 15, Annexure B2 16 and Annexure B3 14 was incorporated as well.
Readmission Prevention Benefit	x	x	x	Annexure B1, B2 and B3, Rule 1 were updated to make provision for this enhancement ito funding for treatment post hospital treatment in a home care environment.
Oncology Advanced Illness Benefit ("AIB") Enhancements	x	X	x	Annexure B, paragraph 11.2.1 was updated to remove the requirement that a treating doctor register the patient onto the programme as these enhancements don't require the registration to be done by the treating doctor anymore.
Member Care Programme	x	x	Х	New Paragraph 11.4 in Annexure B has reference
Funding of CPAPs from external prostheses limits	X	x	Х	The funding of CPAP devices from the "all other appliances" limits were clarified in the Rules through the insertion of a paragraph in Annexures B1 Rule 15, B2 Rule 16 and B3 Rule 14.
Long COVID-19 programme	х	x	x	Current WHO out-of-hospital benefit was updated in all Rules 6 of Annexures B1, B2 and B3 to make provision for funding of Long COVID.

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Therapeutic Reference Pricing ("TRP")	X			The introduction of this reference price impacts Standard Option only and references to formularies and where funding of medicine is mentioned, was amended to include the provision for funding up to a "Therapeutic Reference Price" in Annexures B, paragraph 10.5.3, Annexure B1 Rule 3 (as well as including a definition in Annexure B1) and Annexure D.
Continuous Glucose Monitoring (CGM) REGISTERED BY ME O	02:00)	X	X	The funding of these appliances are only permitted on the Classic and Comprehensive Options. To ensure this funding differentiation is correctly reflected in the Benefit Rules, Annexures B2 and B3 was updated to include reference of funding of CGMs from the "other external appliances" benefit. Annexure B2 Rule 16 and B3 Rule 14 was updated.

Note: Where grammatical and spacing corrections were made, it will reflect in the tracked change documents provided with the submission. Those amendments are not detailed below.

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# REGISTERED BY ME ON Deboto Mashilo Le2021012/23 24/12/2021 11:11:57(UTC+02:00) Signed by Mashilo Leboho, m.leboho@medicalschemes.co.za

Paragraph number	Change	Reason for change
10.5.3	Insertion of the words ",the Scheme will	To provide for funding of chronic medicine up to
	fund the medicine up to a Therapeutic	the Chronic Drug Amount or the Therapeutic
	Reference Price ("TRP") or" and deletion	Reference Price List as approved by the Board of
	of the words "for any amount in excess	Trustees.
	of" after the words " use another	
	medicine instead".	
	The words ", shall be payable by such	
	Beneficiary." is also deleted to correct the	
	structure of the sentence.	
Amendment of par 10. 11	The insertion of the header "Managed	These programmes do not form part of the
and subsequent	Care Programmes" as new paragraph 11 in	Prescribed Minimum Benefits paragraph 10 and
paragraphs to par 11.	Annexure B.	was incorrectly numbered in the document.
11.2	Deletion of the word "Remedi" and	The Scheme is contracted with Discovery for these
	replacement with the word "Discovery".	services and not with itself and therefore the
		reference to "Remedi" was incorrectly reflected in
		the document.
11.2.1	The deletion of the words: "Members	Registration would no longer be considered only in
	need to be registered on the programme	cases where the treating doctor makes application
	by their treating doctor and" in the last	to register the patient on the programme, but
	sentence.	members will be proactively registered on the

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11.3	Image: spinal surgery component for membersprogramme as part of the managed h services to the Scheme and its members.New paragraph "Spinal Care" is added with the following insertion: "The Spinal Care Programme offers a spinal surgery component for members needing spinal surgery, and a conservativeTo make provision for the Spinal Care Pro as approved by the Board of Trustees.REGISTERED BY ME ON recomponent for members needing spinal surgery, and a conservativeREGISTERED BY ME ON recomponent for members	
	care programme for those with severe back pain, but where surgery can be prevented through out-of-hospital care. If spinal surgery is the only option to	
	manage the back pain, members can access a facility within the Remedi Spinal Care Surgery Network. Members are covered for conservative back pain management, which includes consultations with physiotherapists or chiropractors who specialise in the management of back pain and are part of the conservative care network."	
11.4	New paragraph "Member CareTo make provision for the MemberProgramme" is added with the following insertion: "This customised, outpatient programme helps members who have complex medical needs. The programme facilitates high-quality, planned, person-centred careTo make provision for the Member Programme as approved by the Board of To Programme as approved by the Board of To 	

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and chronic condition management to achieve improved outcomes. Members that qualify for the programme are identified via a risk intelligence tool and the member care team. The team will contact members proactively to offer voluntary enrolment if they meet the clinical criteria."	REGISTERED BY ME ON Mashilo Leb2021/12/23 24/12/2021 11:12:10(UTC+02:00) Signed by Mashilo Leboho, m Jeboho@medicalschemes.co.za
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Rule number	Change	Reason for change
1 - 21	Amendment of Rules to reflect the revised	Increases as approved by the Board and set out in
	benefit limit amounts for 2022.	the enclosed limit sheet in Excel format
1 – 21 where necessary	The deletion of the word "DiscoveryCare"	The reference to "DiscoveryCare" is outdated and
	and insertion of the words "Discovery	required to be corrected in these Annexures.
	Health as contracted".	
1. New paragraph:	Insertion of the following paragraph in the	To make provision for the readmission benefit as
"Readmission	Benefit column:	approved by the Board of Trustees.
Prevention	"Homecare by a healthcare provider	
Benefit"	and/or qualified nurse for patients	
	considered at high risk of readmission,	
	when discharged from acute care"	

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	Insertion of the following words in the Rate column: "100% of the Remedi Rate" Insertion of the following words in the Limits column: "Subject to overall annual limit" Insertion of the following words in the Comments column:	REGISTERED BY ME ON Ashilo Leboho 4/12/2021 1202 9/10/19 TC+02:00) Signed by Mashilo Leboho, Lleboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES
2. Hospitalisation in public hospitals as well as surgery and medical procedures performed by public sector practitioners	"Basket of care as approved by Remedi" Deletion of the words "the Remedi Rate" and insertion of the word "Cost"	The Scheme is not contracted with the public hospitals and cannot pay these claims at an agreed "Remedi Rate" and the correction was requested by the Council for Medical Schemes ("CMS") for submission and correction.
3. Medicines	Insertion of the words "/Therapeutic Reference Price ("TRP")" in the Rate column Subsequent insertion of the abbreviation "TRP" in the Limits column, where necessary, as well as the insertion of the following paragraph in the Limits column:	To allow for funding of chronic medicines up to the newly approved Therapeutic Reference Price List introduced for the Scheme as approved by the Board of Trustees. As agreed with the Board of Trustees, to correctly reflect the funding of flu vaccines in the benefit rules of the Scheme.

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		"One influenza vaccine per beneficiary per year payable and subject to the OTC limit, where a member consult with a network provider." The insertion of the following paragraph in the Comments column: "Influenza vaccines for high risk members and members > 65 years and/or members who are pregnant are funded from the Prevention and Screening Benefit. Clinical entry criteria is applicable."	REGISTERED BY ME ON Mashilo Lebol 921/12/23 24/12/2021 12/22/24/07 C+02:00) Signed by Mashilo Leboho, m.eboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES
6.	Out-of-hospital benefit "pathology"	The insertion of the following words in the Limits column after the words "pathology tests as limited by agreement: ", including point-of-care testing as authorised; "	To make provision for the funding of point-of-care testing as approved by the Board of Trustees.
		The insertion of the following paragraph in the Comments column: "Point-of-care pathology testing is subject to meeting the Scheme's treatment guidelines and Managed Health Care criteria."	
6.	Out of hospital benefit	The insertion of the following in the Benefit column: "- Vaccines and the administration of the vaccines;	As approved by the Board of Trustees, to update the funding of COVID-19 to align with the requirements of Prescribed Minimum Benefits ("PMB") and to remove the provision of funding in

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"World Health	- Home-based care in lieu of	isolation facilities which are no longer part of the
"World Health Organisation (WHO)"	<ul> <li>Home-based care in lieu of hospitalisation</li> <li>Treatment of complications and rehabilitation for Long Covid"</li> <li>And the deletion of the following sentence in the Benefit column:         <ul> <li>Accommodation in accredited isolation facilities"</li> </ul> </li> <li>The insertion of the following in the Limits column:         <ul> <li>"Unlimited home-based care in lieu of hospitalisation"</li> </ul> </li> <li>And the deletion of the following sentence in the Limits column:         <ul> <li>"Up to a maximum of R400 per day for accommodation in an accredited isolation facility up to a maximum of 14 days'</li> </ul> </li> </ul>	isolation facilities which are no longer part of the prescribed benefits for COVID-19.
	maximum of 14 days' accommodation per person per year." The insertion of the following words in the Comments column in the current second sentence following the words: " protocols and":	

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	"the condition and treatment meeting the Scheme's" and the insertion of the following sentence thereafter: "Long Covid activation of the benefit and basket of care provided by the Scheme for a period of 6 months from the date of diagnosis by the treating healthcare provider."	REGISTERED BY ME ON Mashilo Leboho 24/12/2021202:1122/28/UTC+02:00) Signed by Mashilo Leboho, m.leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES
9. Optical	The insertion of the following words in the first sentence in the Limits column: "a glaucoma screening, and Artificial intelligence for the detection of diabetic retinopathy" before and after the words " visual field screening", as well as the deletion of "tonometry and" in this sentence. As well as the insertion of the words " at Preferred Providers only.", where necessary.	Alignment of the benefit offering with the agreed benefits of the preferred provider.
13. "Preventative and Screening Benefit" is amended to read "Prevention and Screening Benefit"	end of the first sentence in the Benefit column: "members who are pregnant and	As agreed with the Board of Trustees, to clarify the co-hort for whom the flu vaccine is paid from the Prevention and Screening Benefit.

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14. Internal Prostheses and Devices	<ul> <li>The insertion of the following sentence in the Comments column under the "Spinal benefit limit" section:</li> <li>"Funding at network or nonnetwork providers up to 100% of the Remedi Rate"</li> </ul>	To make provision for the funding of spinal care treatment at network and non-network providers up to 100% of the Remedi Rate as approved by the Board of Trustees.
15. External Prostheses and Appliances	The insertion of the following sentences in the Comments column: "CPAP devices funded from the "all other appliances" limit as available, where deemed clinically appropriate and limited to the agreed/negotiated rates with preferred providers. Point-of-care devices for point-of-care testing are funded from the "all other appliances" limit as available, where deemed clinically appropriate."	To make provision for the funding Point-of-care devices from the external prostheses and appliances benefits, to allow for point-of-care testing and to allow funding of CPAP machines as approved by the Board of Trustees.
17. Psychiatric benefit in hospital and in lieu of hospitalisation		To clarify the funding in alignment with the Prescribed Minimum Benefits ("PMB") to be provided by the Scheme.

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Glossery/Explanatory	The insertion	of the following additional	The introduction of a definition for Therapeutic
Notes:	explanatory no	otes: A reference price model	Reference Pricing as approved by the Board of Trustees.
	Reference Price ("TRP")	applicable to all fixed NAPPI formularies, such as the Chronic Disease List ("CDL"), Out of Hospital Diagnostic Treatment Pairs Prescribed Minimum Benefits ("OHDTPMB"), HIV and Oncology medicines, ensuring reimbursement of non- formulary products that link to the formulary drug classes on a generic and therapeutic level	REGISTERED BY ME ON Mashilo Leboho 24,12/2021202:1122528(UTC+02:00) Signed by Mashilo Leboho, m.leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES

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Rule number	Change	Reason for change
1 - 25	Amendment of Rules to reflect the revised benefit limit amounts for 2022.	Increases as approved by the Board and set out in the enclosed limit sheet in Excel format
1 – 25 where necessary	The deletion of the word "Discovery <i>Care</i> " and insertion of the words "Discovery Health as contracted".	The reference to "Discovery <i>Care</i> " is outdated and required to be corrected in these Annexures.
<ol> <li>New paragraph: "Readmission Prevention Benefit"         </li> </ol>	Insertion of the following paragraph in the Benefit column: "Homecare by a healthcare provider and/or qualified nurse for patients considered at high risk of readmission, when discharged from acute care" Insertion of the following words in the Rate column: "100% of the Remedi Rate" Insertion of the following words in the Limits column: "Subject to overall annual limit"	To make provision for the readmission benefit as approved by the Board of Trustees.

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<ol> <li>Hospitalisation in public hospitals as well as surgery and medical procedures performed by public sector practitioners</li> </ol>	Deletion of the words "the Remedi Rate" and insertion of the word "Cost"	The Scheme is not contracted with the public hospitals and cannot pay these claims at an agreed "Remedi Rate" and the correction was requested by the Council for Medical Schemes ("CMS") for submission and correction.
6. Insured Out-of- hospital benefit	The insertion of the following words in the Benefit column after the words " pathology outside hospital,"	To make provision for the funding of point-of-care testing as approved by the Board of Trustees.
	", point-of-care testing as authorised; " The insertion of the following paragraphs in the Comments column: "For members who are not high risk and who are < 65 years or who are not pregnant, one influenza vaccine per beneficiary per year is payable from the IOH limit. Influenza vaccines for high risk members and members > 65 years and/or	As agreed with the Board of Trustees, to correctly reflect the funding of flu vaccines in the benefit rules of the Scheme. REGISTERED BY ME ON Mashilo Leboho 24, 12/2021, 2023; 1082; TC+02:00) Signed by Mashilo Leboho, m leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES
	members who are pregnant are funded from the Prevention and Screening Benefit. Clinical entry criteria are applicable." "Point-of-care pathology testing is subject to meeting the Scheme's treatment	

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	guidelines and Managed Health Care criteria."	
<ol> <li>Insured Out-of- hospital benefit "World Health Organisation (WHO)"</li> </ol>	<ul> <li>The insertion of the following in the Benefit column: <ul> <li>Vaccines and the administration of the vaccines;</li> <li>Home-based care in lieu of hospitalisation</li> <li>Treatment of complications and rehabilitation for Long Covid"</li> </ul> </li> <li>And the deletion of the following sentence in the Benefit column: <ul> <li>Accommodation in accredited isolation facilities"</li> </ul> </li> <li>The insertion of the following in the Limits column: <ul> <li>"Unlimited home-based care in lieu of hospitalisation"</li> </ul> </li> <li>And the deletion of the following sentence in the Limits column: <ul> <li>"Unlimited nome-based care in lieu of hospitalisation"</li> </ul> </li> <li>And the deletion of the following sentence in the Limits column: <ul> <li>"Up to a maximum of R400 per day for accommodation in an accredited isolation facility up to a maximum of 14 days' accommodation per person per year."</li> </ul></li></ul>	As approved by the Board of Trustees, to update the funding of COVID-19 to align with the requirements of Prescribed Minimum Benefits ("PMB") and to remove the provision of funding in isolation facilities which are no longer part of the prescribed benefits for COVID-19.

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	The insertion of the following words in the Comments column in the current second sentence following the words: " protocols and": "the condition and treatment meeting the Scheme's" and the insertion of the following sentence thereafter: "Long Covid activation of the benefit and basket of care provided by the Scheme for a period of 6 months from the date of diagnosis by the treating healthcare provider."	REGISTERED BY ME ON Mashilo Leboh(0)21/12/23 4/12/2021 11-13-23[UTC+02:00) Signed by Mashilo Leboho, m.leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES
8. Maternity	The insertion of the words " as deemed clinically appropriate;" in the Limits column and the deletion of the numeric values as reflected in the following limits: - "HIV Elisa, Rubella, RPR and TPHA and bHCG tests" and "RH antigen, Haemoglobin, A B and O antigens"	The correction of the Rules to allow for more than 1 or two tests where deemed clinically appropriate and as per standard baskets of care.
10. Optical	The insertion of the following words in the first sentence in the Limits column: "a glaucoma screening, and Artificial intelligence for the detection of diabetic retinopathy" before and after the words " visual field screening", where necessary , as well as the deletion of "tonometry and" in this sentence.	Alignment of the benefit offering with the agreed benefits of the preferred provider.

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	G M S S	REGISTERED BY ME ON ashilo Leb2021/12/23 4/12/2021 11:3:30(UTC+02:00) igned by Mashilo Leboho, Leboho@medicalschemes.co:za REGISTRAR OF MEDICAL SCHEMES
14. "Preventative and Screening Benefit" is amended to read "Prevention and Screening Benefit"	end of the first sentence in the Benefit	As agreed with the Board of Trustees, to clarify the co-hort for whom the flu vaccine is paid from the Prevention and Screening Benefit.
15. Internal Prostheses and Devices	<ul> <li>The insertion of the following sentence in the Comments column under the "Spinal benefit limit" section:</li> <li>"Funding at network or nonnetwork providers up to 100% of the Remedi Rate"</li> </ul>	To make provision for the funding of spinal care treatment at network and non-network providers up to 100% of the Remedi Rate as approved by the Board of Trustees.
16. External Prostheses and Appliances	The insertion of the following sentences in the Comments column: "CPAP devices funded from the "all other appliances" limit as available, where deemed clinically appropriate and limited to the agreed/negotiated rates with preferred providers.	To make provision for the funding Point-of-care devices from the external prostheses and appliances benefits, to allow for point-of-care testing and to allow funding of CPAP machines as approved by the Board of Trustees at the September 2021 meeting. To clarify the funding of Continuous Glucose
	Point-of-care devices for point-of-care testing are funded from the "all other appliances" limit as available, where deemed clinically appropriate.	Monitors from the other appliances limit, following the approval of CGMs at a Board of Trustees meeting held on 22 April 2021. The benefit funding took effect 1 May 2021.

	With effect from 1 May 2021, Continuous Glucose Monitors ("CGM"), where deemed clinically appropriate are funded from the "all other appliances" limit up to the agreed/negotiated rates with preferred providers."	REGISTERED BY ME ON Mashilo Le8021612/23 24/12/2021 11:13:37(UTC+02:00) Signed by Mashilo Leboho, m Jeboho@medicalschemes.co.za
18. Psychiatric benefit in hospital and in lieu of hospitalisation	The insertion of the following words in the Limits column: "in hospital or 15 days in an out-of- hospital setting or a combination of in- and out-of-hospital as prescribed in terms of Prescribed Minimum Benefits"	To clarify the funding in alignment with the Prescribed Minimum Benefits ("PMB") to be provided by the Scheme.

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Rule number	Change	Reason for change
1 - 19	Amendment of Rules to reflect the revised	Increases as approved by the Board and set out in
	benefit limit amounts for 2022.	the enclosed limit sheet in Excel format
1 – 19 where necessary	The deletion of the word "DiscoveryCare"	The reference to "Discovery <i>Care</i> " is outdated and
	and insertion of the words "Discovery	required to be corrected in these Annexures.
	Health as contracted".	
1. New paragraph:	Insertion of the following paragraph in the	To make provision for the readmission benefit as
"Readmission	Benefit column:	approved by the Board of Trustees.
Prevention	"Homecare by a healthcare provider	
Benefit"	and/or qualified nurse for patients	
	considered at high risk of readmission,	
	when discharged from acute care"	
	Insertion of the following words in the	
	Rate column:	
	"100% of the Remedi Rate"	
	Insertion of the following words in the	
	Limits column:	
	"Subject to overall annual limit"	
	Insertion of the following words in the	
	Comments column:	
	"Basket of care as approved by Remedi"	

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<ol> <li>Hospitalisation in public hospitals as well as surgery and medical procedures performed by public sector practitioners</li> </ol>	Deletion of the words "the Remedi Rate" and insertion of the word "Cost"	The Scheme is not contracted with the public hospitals and cannot pay these claims at an agreed "Remedi Rate" and the correction was requested by the Council for Medical Schemes ("CMS") for submission and correction.
6. Insured Out-of- hospital benefit	The insertion of the following words in the Benefit column after the words " pathology outside hospital," ", point-of-care testing as authorised; "	To make provision for the funding of point-of-care testing as approved by the Board of Trustees. As agreed with the Board of Trustees, to correctly
	The insertion of the following paragraphs in the Comments column: "For members who are not high risk and who are < 65 years or who are not pregnant, one influenza vaccine per beneficiary per year is payable from the IOH limit. Influenza vaccines for high risk members and members > 65 years and/or members who are pregnant are funded from the Prevention and Screening Benefit. Clinical entry criteria are applicable."	reflect the funding of flu vaccines in the benefit rules of the Scheme.
	"Point-of-care pathology testing is subject to meeting the Scheme's treatment	

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	guidelines and Managed Health Care criteria."	
6. Insured Out-of- hospital benefit "World Health Organisation (WHO)"	<ul> <li>The insertion of the following in the Benefit column: <ul> <li>"- Vaccines and the administration of the vaccines;</li> <li>Home-based care in lieu of hospitalisation</li> <li>Treatment of complications and rehabilitation for Long Covid"</li> </ul> </li> <li>And the deletion of the following sentence in the Benefit column: <ul> <li>"- Accommodation in accredited isolation facilities"</li> </ul> </li> <li>The insertion of the following in the Limits column: <ul> <li>"Unlimited home-based care in lieu of hospitalisation"</li> </ul> </li> <li>And the deletion of the following sentence in the Limits column: <ul> <li>"Unlimited home-based care in lieu of hospitalisation"</li> </ul> </li> <li>And the deletion of the following sentence in the Limits column: <ul> <li>"Up to a maximum of R400 per day for accommodation in an accredited isolation facility up to a maximum of 14 days' accommodation per person per year."</li> </ul> </li> </ul>	As approved by the Board of Trustees, to update the funding of COVID-19 to align with the requirements of Prescribed Minimum Benefits ("PMB") and to remove the provision of funding in isolation facilities which are no longer part of the prescribed benefits for COVID-19. <b>REGISTERED BY ME ON</b> Mashio Leboho medical schemes.co.za REGISTRAR OF MEDICAL SCHEMES

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		The insertion of the following words in the Comments column in the current second sentence following the words: " protocols and": "the condition and treatment meeting the Scheme's" and the insertion of the following sentence thereafter: "Long Covid activation of the benefit and basket of care provided by the Scheme for a period of 6 months from the date of diagnosis by the treating healthcare provider."	REGISTERED BY ME ON Mashilo Leboho 24/12/2021 41-14-08-0 TC+02:00) Signed by Mashilo Leboho, m.leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES
7.	Optical	The insertion of the following words in the first sentence in the Limits column: "a glaucoma screening, and Artificial intelligence for the detection of diabetic retinopathy" before and after the words " visual field screening", where necessary, , as well as the deletion of "tonometry and" in this sentence.	Alignment of the benefit offering with the agreed benefits of the preferred provider.
8.	Maternity	The insertion of the words " as deemed clinically appropriate;" in the Limits column and the deletion of the numeric values as reflected in the following limits:	The correction of the Rules to allow for more than 1 or two tests where deemed clinically appropriate and as per standard baskets of care.

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	<ul> <li>"HIV Elisa, Rubella, RPR and TPHA and bHCG tests" and "RH antigen, Haemoglobin, A B and O antigens"</li> </ul>	
12. "Preventative and Screening Benefit" is amended to read "Prevention and Screening Benefit"	The insertion of the following words at the end of the first sentence in the Benefit column: "members who are pregnant and members above the age of 65"	As agreed with the Board of Trustees, to clarify the co-hort for whom the flu vaccine is paid from the Prevention and Screening Benefit.
13. Internal Prostheses and Devices	<ul> <li>The insertion of the following sentence in the Comments column under the "Spinal benefit limit" section:</li> <li>"Funding at network or nonnetwork providers up to 100% of the Remedi Rate"</li> </ul>	To make provision for the funding of spinal care treatment at network and non-network providers up to 100% of the Remedi Rate as approved by the Board of Trustees.
14. External Prostheses and Appliances REGISTERED BY ME ON Mashilo Leboho 24.12/2021/2021/12//38UTC+02:0 Signed by Mashilo Leboho,	The insertion of the following sentences in the Comments column: "CPAP devices funded from the "all other appliances" limit as available, where deemed clinically appropriate and limited to the agreed/negotiated rates with opreferred providers.	To make provision for the funding Point-of-care devices from the external prostheses and appliances benefits, to allow for point-of-care testing and to allow funding of CPAP machines as approved by the Board of Trustees at the September 2021 meeting.
n.leboho@medicalschemes.co REGISTRAR OF MEDICAL SCHEMES	za Point-of-care devices for point-of-care testing are funded from the "all other	To clarify the funding of Continuous Glucose Monitors from the other appliances limit, following the approval of CGMs at a Board of

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		Trustees meeting held on 22 April 2021. The benefit funding took effect 1 May 2021. REGISTERED BY ME ON Ashilo Leboho 4/12/2021 11202/202/23 C+02:00) igned by Mashilo Leboho .leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES
16. Psychiatric benefit in hospital	The insertion of the following words in the Limits column:	To clarify the funding in alignment with the Prescribed Minimum Benefits ("PMB") to be
and in lieu of	"in hospital or 15 days in an out-of-	provided by the Scheme.
hospitalisation	hospital setting or a combination of in-	
	and out-of-hospital as prescribed in terms	
	of Prescribed Minimum Benefits"	

2.4 Annexure C footnote amendments to reflect 2022 where necessary.

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2.5 Annexure D changes are set out in the below table:

Type and Header	Change	Reason for change
CDL: Out-of-Hospital Medicine and DTPMB: Out-of-Hospital Medicine	Insertion of the following words in the "a) Reimbursement Rate if the Beneficiary involuntarily uses a non-DSP" column: " or Therapeutice Reference Price ("TRP")" after the words "chronic drug amount ("CDA") in the second sentence. And insertion of the following words in the "b) Reimbursement Rate if the Beneficiary voluntarily does not use a DSP / uses a non- DSP" column: "Therapeutic" and "or TRP" where necessary with the deletion of the word "List" to correct the framing of the	To allow for funding up to the approved Therapeutic Reference Price List. REGISTERED BY ME ON Mashilo Leboho 412/2021202:142/28 UTC+02:00) Signed by Mashilo Leboho m leboho@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES
Under Notes:	sentences in this column. The insertion of a new sub-note number 6 to read: "TRP (Therapeutic Reference Price) is the reference price model applicable to all fixed NAPPI formularies, such as the Chronic Disease List ("CDL"), Out of Hospital Diagnostic Treatment Pairs	To define Therapeutic Reference Price as referenced in the Annexure.

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Prescribed Minimum Benefits	REGISTERED BY ME ON
("OHDTPMB"), HIV and Oncology	Mashilo Lebolo/12/23
medicines, ensuring reimbursement of	24.12/2021 11:14:34(UTC+02:00)
non-formulary products that link to the	Signed by Mashilo Leboho,
formulary drug classes on a generic and	m.leboho@medicalschemes.co.za
therapeutic level."	REGISTRAR OF MEDICAL SCHEMES

2.6 In all instances header and footers were amended to read "2022" and "1 January 2022" as applicable.

The Rule amendments were approved by the Board of Trustees at a Board of Trustees meeting that took place on 22 September 2021 and is submitted herewith for review and registration.

The amended pages are attached and hereby certified for registration.

Chairperson	Atomy	_ (Mr JJ Du Plessis)
	(0. v)	
Trustee	J. Fotha	(Mrs S Botha)
	had	
Principal Officer		_ (Mr J Janse van Vuuren)
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Date: 29 September 2021