



ANGLOVAAL
GROUP MEDICAL SCHEME

Administered by
Discovery
Health



Chronic Illness Benefit medicine list (formulary)

2013

Anglovaal Chronic Illness Benefit 2013

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Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these.

The Chronic Illness Benefit (CIB) is governed by the Anglovaal Medical Scheme Rules. The utilisation of the benefits and programmes associated with the CIB are subject to specific conditions and rules. Members must ensure that they are familiar with these rules and conditions.

Any instructions or advice on medicines and the management of the member's condition are intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

Anglovaal Medical Scheme reserves the right to change the benefit at any time.

Explanation of terms

Benefit year

A benefit year refers to the benefits a member is entitled to during a calendar year, ie 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2013 only.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The CDA includes VAT and the dispensing fee.

Prescribed Minimum Benefit conditions (PMB conditions)

These are conditions that the Council for Medical Schemes has determined for coverage by all medical schemes, in any setting, according to clinical guidelines.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Medicine class

This describes medicines that have similar chemical structures or similar therapeutic effects.

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

Chronic Illness Benefit 2013

The Prescribed Minimum Benefits (PMB) medicine list

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R140	Systemic corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R105	Systemic corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R135	Adrenergics: Long acting - Formoterol	Formoterol	Foratec dp-caps 12mcg
	R360	Adrenergics: Long acting - Salmeterol		Foratec hfa 120dose 12mcg/1dose
	R320	Adrenergics: Salmeterol combinations	Salmeterol and other drugs for obstructive airway diseases	Serevent accuhaler 60 dose 50mcg
	R30	Adrenergics: Short acting - Salbutamol		Serevent CFC-free 120 dose 25mcg
	R120	Anti-asthmatics: Systemic xanthines		Foxair 25/50; 25/125; 25/250 120 dose
	R185	Inhaled anticholinergics: Ipratropium bromide		Foxair accuhaler 50/100; 50/250; 50/500 60 dose
	R315	Inhaled Glucocorticoids	Budesonide	Sereflo hfa 25/50; 25/125; 25/250 120 dose
	R350	Surgical item		Venteze cfc free 200 dose 100mcg
	R10	Systemic corticosteroids: Prednisone		Sandoz Theophylline anhydrous 200mg; 300mg
				Atrovent HFA 200dose 20mcg
				Ipivent HFA 200 dose 40mcg/1dose
				Beclate 200 dose 100mcg; 200mcg
				Budeflam dp-caps 200mcg
				Budeflam hfa 300dose 100mcg; 200mcg
				Inflammide novolizer complete 200 dose 200mcg
				Inflammide novolizer complete 100 dose 400mcg
				Inflammide novolizer refill 200 dose 200mcg
				Inflammide novolizer refill 100 dose 400mcg
				Pulmicort turbuhaler 200dose 100mcg
				Pulmicort turbuhaler 200dose 200mcg
				Pulmicort turbuhaler 100dose 400mcg
				Dp haler device
				Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolie 5mg

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R315	Antidepressants: SSRIs	Citalopram	Adco-Talomil 20mg
				Arrow Citalopram 20mg; 40mg
				Auro-Citalopram 20mg
				Austell-Citalopram 40mg
				Cilate 20mg
				Citalohexal 20mg
				Citalopram Actor 20mg
				Citalopram-Winthrop 20mg
			Escitalopram	Aspen Escitalopram 10mg
				Citraz 10mg; 20mg
				Escitalopram Be-tabs 10mg; 20mg
				Zytomil 10mg; 20mg
			Fluoxetine	A-Lennon Fluoxetine 20mg
				Fluoxetine Actor 20mg
				Ranflocs 20mg
				Rezak 20mg
				Trizac 20mg
			Paroxetine	Zydus Fluoxetine 20mg
				Adco-Paroxetine 20mg
				Serrapress 20mg
			Sertraline	Austell-Sertraline 50mg; 100mg
				Serdep 50mg; 100mg
				Zylin 50mg
	R330	Antiepileptics: Carboxamide derivatives	Carbamazepine	Sandoz Carbamazepine 200mg
	Sandoz Carbamazepine CR 200mg; 400mg			
	Valproic acid	Convulex 150mg; 300mg; 500mg		
		Convulex syrup 250mg/5ml		
		Epilim CR 200mg; 300mg; 500mg		
		Epilim crushable 100mg		
		Epilim sugar-free syrup 200mg/5ml		
	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg		
		Lamidus 50mg; 100mg; 200mg		
		Lamitor 50mg; 100mg; 200mg		
R90	Antipsychotics: Butyrophenone derivatives	Haloperidol	Sandoz Haloperidol	1.5mg; 5mg
R980		Clozapine		Aspen Clozapine 25mg; 100mg
R295	Antipsychotics: Lithium	Lithium	Camcolit	250mg; 400mg
R580		Olanzapine		Quilonum retard 450mg
R330	Antipsychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Loleanz	5mg; 10mg
			Olexar	5mg; 10mg
			Redilanz	5mg; 10mg
			Largactil	25mg; 50mg; 100mg

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R475	Antipsychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg Mylan Quetiapine 25mg; 100mg; 200mg; 300mg Quetoser 25mg; 100mg; 200mg; 300mg
				Serez 25mg; 100mg; 200mg; 300mg
				Fluanxol 0.5mg; 1mg Fluanxol depot 1ml 20mg Fluanxol depot 2ml 40mg
	R620	Antipsychotics: Thioxanthene derivatives	Flupenthixol	Aspen Risperidone 4mg DRL-Risperidone 0.5mg; 1mg; 2mg Perizal 0.5mg; 1mg; 2mg; 3mg Rispacor 4mg Risperidone Hexal 3mg Rutra 3mg; 4mg Schizorol 0.5mg; 1mg; 2mg Zoxadon 0.5mg; 1mg; 2mg
Bronchiectasis	R30	Adrenergics: Short acting - Salbutamol	Salbutamol	Venteze cfc free 200 dose 100mcg
	R185	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200dose 20mcg
				Ipvent HFA 200 dose 40mcg/1dose
	R10	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg Panafcort 5mg Trolie 5mg
Cardiac failure	R110	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg Pharmapress co 20/12.5mg
				Adco-Zetomax co 10/12.5mg; 20/12.5mg Auro-Lisinopril co 10/12.5mg; 20/12.5mg Hexal-Lisinopril co 10/12.5mg; 20/12.5mg Lisinopril co Unicorn 10/12.5mg; 20/12.5mg Lisoretic 10/12.5mg; 20/12.5mg Lisozide 20/12.5mg
			Lisinopril and diuretics	Adco-Captomax 25mg; 50mg Bio-Captopril 25mg Mylan Captopril 25mg; 50mg
				Alapren 5mg; 10mg; 20mg Enap 5mg; 10mg; 20mg Envias 5mg; 10mg Hr-Enalapril 5mg; 10mg; 20mg
			Captopril	Austell-Lisinopril 10mg; 20mg Lysin 5mg; 20mg Simayla Lisinopril 10mg; 20mg Sinopren 5mg; 10mg; 20mg
			Enalapril	Acti-Prex 4mg Auro Perindopril 4mg Cipla-Perindopril 8mg
	R100	ACE inhibitors, plain	Lisinopril	Ciplasyl 4mg; 8mg Pearinda 4mg; 8mg Ran-Perindopril 4mg
			Perindopril	Accumax 10mg; 20mg
				Quinagen 40mg

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R220	Alpha and Beta blocking agents	Carvedilol	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
	Carvetrend 6.25mg; 12.5mg; 25mg			
	Vediblok 6.25mg; 12.5mg; 25mg			
	R115	Angiotensin II antagonists, Combinations: Losartan and diuretics	Losartan and diuretics	Ciplazar co 100/25mg
				Hytenza co 50/12.5mg
				Lohype Forte Plus 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losacar co 50/12.5mg
				Netrasol co 50/12.5mg
				Sartoc 100/25mg
				Zartan co 50/12.5mg
	R115	Angiotensin II antagonists: plain	Losartan	Ciplazar 100mg
				Hytenza 100mg
				Spec-Losartan 100mg
				Zartan 100mg
	R75	Arteriolar smooth muscle agents: Hydrazino-phthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R75	Beta blocking agents: selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Bilocor 5mg; 10mg
				Biohexal 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Ziapro 5mg; 10mg
	R15	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paed syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Beurises 40mg
				Dino-Retic 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R20	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg
				Daptril 2.5mg
				Merck-Indapamide 2.5mg
	R90	Potassium sparing agents	Spironolactone	Aldactone 25mg
				Sandoz Spironolactone 25mg
				Spiractin 25mg
	R80	Potassium supplements	Potassium chloride	Plenish K 600mg
				Sandoz K-600 600mg
	R160	Vasodilators in cardiac disease: Organic nitrates	Glyceryl trinitrate	Angised 0.5mg
			Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg; 30mg
			Isosorbide mononitrate	Elantan 20mg
				Elantan LA 50mg
				Monicor SR 60mg

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R65	Influenza vaccines	Influenza, inactivated, whole virus	Fluarix prefilled syringe 0.5ml
				X-flu pre-filled 0,5ml syringe
	R135	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen conjugated	Imovax pneumo 23
Cardiomyopathy	R110	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg Pharmapress co 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg Auro-Lisinopril co 10/12.5mg; 20/12.5mg Hexal-Lisinopril co 10/12.5mg; 20/12.5mg Lisinopril co Unicorn 10/12.5mg; 20/12.5mg Lisoretic 10/12.5mg; 20/12.5mg Lisozide 20/12.5mg
	R100		Captopril	Adco-Captomax 25mg; 50mg Bio-Captopril 25mg Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg Enap 5mg; 10mg; 20mg Envias 5mg; 10mg Hr-Enalapril 5mg; 10mg; 20mg
			Lisinopril	Astell-Lisinopril 10mg; 20mg Lysin 5mg; 20mg Simayla Lisinopril 10mg; 20mg Sinopren 5mg; 10mg; 20mg
			Perindopril	Acti-Prex 4mg Auro Perindopril 4mg Cipla-Perindopril 8mg Ciplasyl 4mg; 8mg Pearinda 4mg; 8mg Ran-Perindopril 4mg
			Quinapril	Accumax 10mg; 20mg Quinagen 40mg
	R220	Alpha and Beta blocking agents	Carvedilol	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg Carvetrend 6.25mg; 12.5mg; 25mg Vediblok 6.25mg; 12.5mg; 25mg
	R115			Ciplazar co 100/25mg Hytenza co 50/12.5mg Lohype Forte Plus 100/25mg Losaar Plus 50/12.5mg; 100/25mg Losacar co 50/12.5mg Netrasol co 50/12.5mg Sartoc 100/25mg Zartan co 50/12.5mg

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R115	Angiotensin II antagonists: plain	Losartan	Ciplazar 100mg
				Hytenza 100mg
				Spec-Losartan 100mg
				Zartan 100mg
	R70	Antithrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R75	Arteriolar smooth muscle agents: Hydrazino-phthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R20	Aspirin	Acetylsalicylic acid	Aspirin 300mg
				Be-Tabs Aspirin (white) 300mg
				Gulf Aspirin 300mg
	R75	Beta blocking agents: selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisohexal 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Zapro 5mg; 10mg
	R15	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paed syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Beurises 40mg
				Dino-Retic 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R20	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg
				Daptril 2.5mg
				Merck-Indapamide 2.5mg
	R90	Potassium sparing agents	Spironolactone	Aldactone 25mg
				Sandoz Spironolactone 25mg
				Spiractin 25mg
	R80	Potassium supplements	Potassium chloride	Plenish K 600mg
				Sandoz K-600 600mg
	R160	Vasodilators in cardiac disease: Organic nitrates	Glyceryl trinitrate	Angised 0.5mg
			Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg; 30mg
			Isosorbide mononitrate	Elantan 20mg
				Elantan LA 50mg
				Monicor SR 60mg

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R65	Influenza vaccines	Influenza, inactivated, whole virus	Fluarix prefilled syringe 0.5ml X-flu prefilled 0,5ml syringe
	R135	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen conjugated	Imovax pneumo 23
Chronic obstructive pulmonary disease (COPD)	R30	Adrenergics: Short acting - Salbutamol	Salbutamol	Venteze cfc free 200 dose 100mcg
	R120	Anti-asthmatics: Systemic xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R185	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200dose 20mcg Ipvent HFA 200 dose 40mcg/1dose
	R650	Surgical item: Oxygen concentrator	Oxygen	Oxygen concentrator
	R10	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg Panafcort 5mg Trolic 5mg
	R65	Influenza vaccines	Influenza, inactivated, whole virus	Fluarix prefilled syringe 0.5ml X-flu prefilled 0,5ml syringe
Chronic renal disease	R110	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg Pharmapress co 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg Auro-Lisinopril co 10/12.5mg; 20/12.5mg Hexal-Lisinopril co 10/12.5mg; 20/12.5mg Lisinopril co Unicorn 10/12.5mg; 20/12.5mg Lisoretic 10/12.5mg; 20/12.5mg Lisozide 20/12.5mg
			Captopril	Adco-Captomax 25mg; 50mg Bio-Captopril 25mg Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg Enap 5mg; 10mg; 20mg Envas 5mg; 10mg Hr-Enalapril 5mg; 10mg; 20mg
			Lisinopril	Astell-Lisinopril 10mg; 20mg Lysin 5mg; 20mg Simayla Lisinopril 10mg; 20mg Sinopren 5mg; 10mg; 20mg
			Perindopril	Acti-Prex 4mg Auro Perindopril 4mg Cipla-Perindopril 8mg Ciplasyl 4mg; 8mg Pearinda 4mg; 8mg Ran-Perindopril 4mg
			Quinapril	Accumax 10mg; 20mg Quinagen 40mg

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R115	Angiotensin II antagonists, Combinations: Losartan and diuretics	Losartan and diuretics	Ciplazar co 100/25mg
				Hytenza co 50/12.5mg
				Lohype Forte Plus 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losacar co 50/12.5mg
				Netrasol co 50/12.5mg
				Sartoc 100/25mg
	R115	Angiotensin II antagonists: plain	Losartan	Zartan co 50/12.5mg
				Ciplazar 100mg
				Hytenza 100mg
	R230	Calcium supplements	Calcium carbonate	Spec-Losartan 100mg
				Zartan 100mg
				Titralac
	R5	Folic acid and derivatives	Folic acid	Aha Folic acid 5mg
				Be-Tabs Folic acid 5mg
				Folic acid 0.5mg
	R65	Iron in combination with folic acid	Ferrous fumarate	Pregamal
	R580	Iron trivalent, parenteral preparations	Ferricoxidedextrancomplex	Cosmofer ampoule 50mg/1ml
			Saccharated iron oxide	Venofer 20mg/1ml
	R4 000	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp prefilled syringe 0.4ml 10mcg/0.4ml
				Aranesp prefilled syringe 0.5ml 20mcg/0.5ml
				Aranesp prefilled syringe 0.3ml 30mcg/0.3ml
				Aranesp prefilled syringe 0.4ml 40mcg/0.4ml
				Aranesp prefilled syringe 0.5ml 50mcg/0.5ml
				Aranesp prefilled syringe 0.3ml 60mcg/0.3ml
			Erythropoietin	Eprex prefill 2000U/0.5ml
				Eprex prefill 4000U/0.4ml
				Recormon 500U/0.3ml
				Recormon 2000U pre-filled syringe
			Methoxy polyethylene glycol-epoetin beta	Recormon 4000U/0.3ml
				Repotin 1ml 2000IU
				Repotin 1ml 4000IU
				Mircera prefilled syringe 0.3ml 30mcg/0.3ml
				Mircera prefilled syringe 0.3ml 50mcg/0.3ml
				Mircera prefilled syringe 0.3ml 75mcg/0.3ml
				Mircera prefilled syringe 0.3ml 100mcg/0.3ml
				Mircera prefilled syringe 0.3ml 120mcg/0.3ml
				Mircera prefilled syringe 0.3ml 150mcg/0.3ml
				Mircera prefilled syringe 0.3ml 200mcg/0.3ml
				Mircera prefilled syringe 0.3ml 250mcg/0.3ml
	R335	Vitamin D and analogues	Alfacalcidol	One alpha 0.25mcg; 1mcg

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Coronary artery disease	R20	Aspirin	Acetylsalicylic acid	Aspirin 300mg	
				Be-Tabs Aspirin (white) 300mg	
				Gulf Aspirin 300mg	
	R170	Beta blocking agents: non-selective	Propranolol	Indoblok 10mg; 40mg	
				Prodorol 10mg; 40mg	
				Purbloka 10mg; 40mg	
	R75	Beta blocking agents: selective	Atenolol	B-Block 50mg; 100mg	
				Bio-Atenolol 50mg; 100mg	
				Gulf Atenolol 50mg; 100mg	
				Sandoz Atenolol 50mg; 100mg	
R240	Selective calcium channel blockers with direct cardiac effects		Diltiazem	Tenopress 100mg	
				Adco-Zildem 60mg	
				Adco-Zildem SR 180mg; 240mg	
	R170	Selective calcium channel blockers with mainly vascular effects	Verapamil	Vasomil 40mg; 80mg	
				Verahexal SR 240mg	
			Amlodipine	Almadin 5mg; 10mg	
				Corvadil 5mg; 10mg	
				Gulf Amlodipine 5mg; 10mg	
				Indo Amlodipine 5mg	
				Klodip 5mg	
				Lomanor 5mg; 10mg	
R160	Vasodilators in cardiac disease: Organic nitrates		Glyceryl trinitrate	Pharma Dynamics Amlodipine besylate 5mg; 10mg	
			Isosorbide dinitrate	Felodipine-Hexal 5mg; 10mg	
			Isosorbide mononitrate	Adco-Vascard SR 20mg	
				Cipalat Retard 20mg	
				Nifedipine SR 20mg	
	Crohn's disease		Glyceryl trinitrate	Angised 0.5mg	
			Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg; 30mg	
			Isosorbide mononitrate	Elantan 20mg	
				Elantan LA 50mg	
				Monicor SR 60mg	
R5	Folic acid and derivatives		Folic acid	Aha Folic acid 5mg	
				Be-Tabs Folic acid 5mg	
				Folic acid 0.5mg	
	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents		Mesalazine	Asacol 400mg; 500mg; 800mg	
				Pentasa 500mg; 1000mg	
				Salofalk 500mg; 1000mg	
			Olsalazine	Dipentum 250mg	
				Sulfasalazine 500mg	
				Salazopyrin EN 500mg	
R2 165	Intestinal anti-inflammatories: Corticosteroids		Budesonide	Entocord enema	
	R565	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine pch 50mg	
			Methotrexate	Abitrexate 2.5mg	
R60	Other immuno-suppressive agents: Methotrexate			Methotrexate 2.5mg	
	R10	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes insipidus	R1 520	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg
				Ddavp nasal spray 5ml 0.1mg/1ml
Diabetes mellitus Type 1	R720	Anti-diabetic agents: Insulins and analogues	Insulin	Actraphane hm(ge) - vial 10ml
				Apidra - solostar disposable pens 3ml
				Biosulin 30-70 cartridge 3ml
				Biosulin l cartridge 3ml
				Biosulin n cartridge 3ml
				Biosulin r cartridge 3ml
				Humalog cartridge 3ml
				Humalog kwikpen (was mirio pen) - penset 3ml
				Humalog mix 25 kwikpen (was mirio pen) - penset 3ml
				Humalog mix 25 - cartridge 3ml; vial 10ml
R280	R280	Blood glucose monitoring agents	Glucose strips	Humalog mix 50 - cartridge 3ml
				Humulin 30/70 - cartridge 3ml; disposable pens 3ml; vial 10ml
				Humulin n - disposable pen 3ml; vial 10ml
				Humulin r - disposable pen 3ml ; vial 10ml
				Insuman comb 30/70 - cartridge 3ml
				Novomix 30 - flexpen 3ml; penfill 3ml
				Novorapid - penfill 3ml
				Accu-chek active strips
				Caresens ii/pop test strip 29g
				Caresens n test strips 29g
R350	R350	Surgical item	Lancets	Glucocheck strips 50s
			Needles	Glucoplus
				Glucoplus provider strips
				Glucose test strips free style optium
				On-call plus ez strips (all sizes)
				Lancets glucoplus 66 x 44 x 78mm
				Needle novofine
				Needle pen bd microfine 30g 8mm

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R60	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg
				Bigsens 500mg; 850mg; 1000mg
				Diaformin 500mg
	R720			Diamin 500mg; 850mg
	Gluconorm 500mg			
	Mengen 1000mg			
	Metforal 500mg; 850mg			
	Metored 500mg; 850mg; 1000mg			
	Mylan Metformin 500mg; 850mg			
	Sandoz Metformin 500mg			
	Sandoz Metformin FCT 500mg			
	Anti-diabetic agents: Insulins and analogues	Insulin	Actraphane hm(ge) - vial 10ml	
			Apidra - solostar disposable pens 3ml	
			Biosulin 30-70 cartridge 3ml	
			Biosulin I cartridge 3ml	
			Biosulin n cartridge 3ml	
			Biosulin r cartridge 3ml	
			Humalog cartridge 3ml	
			Humalog kwikpen (was mirio pen) - penset 3ml	
			Humalog mix 25 kwikpen (was mirio pen) - penset 3ml	
			Humalog mix 25 - cartridge 3ml; vial 10ml	
			Humalog mix 50 - cartridge 3ml	
			Humulin 30/70 - cartridge 3ml; disposable pens 3ml; vial 10ml	
			Humulin n - disposable pen 3ml; vial 10ml	
			Humulin r - disposable pen 3ml; vial 10ml	
			Insuman comb 30/70 - cartridge 3ml	
			Novomix 30 - flexpen 3ml; penfill 3ml	
			Novorapid - penfill 3ml	
	Anti-diabetic agents: Sulfonamides, urea derivatives	Glibenclamide	Bio-Glibenclamide 5mg	
			Diacare 5mg	
			Glycomin 5mg	
			Sandoz Glibenclamide 5mg	
		Gliclazide	Adco-Glucomed 80mg	
			Arrow Gliclazide 80mg	
			Austell-Gliclazide 80mg	
			Diaglude 80mg	
			Diaran MR 30mg	
			Dyna Gliclazide SR 30mg	
			Glygard 80mg	
			Sandoz Gliclazide 80mg	
	R175	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R280	Blood glucose monitoring agents	Glucose strips	Accu-chek active strips
				Caresens ii/pop test strip 29g
				Caresens n test strips 29g
				Glucocard strips 50s
	R350	Surgical item	Lancets	Glucoplus
			Lancets	Glucoplus provider strips
			Needles	Glucose test strips free style optium
			Needles	On-call plus ez strips (all sizes)
Dysrhythmias	R605	Antiarrhythmics: class Ic	Flecainide	Tambocor 100mg
			Propafenone	Rythmol 150mg; 300mg
	R360	Antiarrhythmics: class III - Amiodarone	Amiodarone	Arycor 100mg; 200mg
				Bio-Amiodarone 200mg
				Hexarone 100mg; 200mg
	R70	Antithrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R20	Aspirin	Acetylsalicylic acid	Aspirin 300mg
				Be-Tabs Aspirin (white) 300mg
				Gulf Aspirin 300mg
	R170	Beta blocking agents: non-selective	Propranolol	Indoblok 10mg; 40mg
				Prodorol 10mg; 40mg
				Purbloka 10mg; 40mg
				Sotalol 80mg; 160mg
	R75	Beta blocking agents: selective	Atenolol	B-Block 50mg; 100mg
				Bio-Atenolol 50mg; 100mg
				Gulf Atenolol 50mg; 100mg
				Sandoz Atenolol 50mg; 100mg
				Tenopress 100mg
	R15	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paed syrup 0.05mg/1ml
	R240	Selective calcium channel blockers with direct cardiac effects	Verapamil	Vasomil 40mg; 80mg
				Verahexal SR 240mg
Epilepsy	R250	Antiepileptics: Benzodiazepine derivatives	Clonazepam	Rivotril 0.5mg; 2mg
	R330	Antiepileptics: Carboxamide derivatives	Carbamazepine	Sandoz Carbamazepine 200mg
				Sandoz Carbamazepine CR 200mg; 400mg
	R495	Antiepileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg; 500mg
				Convulex syrup 250mg/5ml
				Epilim CR 200mg; 300mg; 500mg
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Epilepsy	R60	Antiepileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R400	Antiepileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Lamidus 50mg; 100mg; 200mg
			Topiramate	Lamitor 50mg; 100mg; 200mg
				Adco-Topiramate 25mg; 50mg; 100mg
				Epitoz 25mg; 50mg; 100mg
	R25	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Lethyl 30mg
				Sedabarb 30mg
Glaucoma	R165	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Trusopt - 5ml owi 2%
	R210	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 3ml 0.01%; 0.03%
			Latanoprost	Ocuprost 3ml 50mcg/1ml
	R235	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite - 5ml 1.5mg/1ml
	R80	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Glaucosan - 5ml 0.5%
	R230	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Combigan - 5ml 2mg/5mg
				Cosopt - 5ml 0.5%
				Ganfort 3ml
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol 500mg
	Adco-Pro lief 500mg			
	R190	Antifibrinolytics: Amino acids	Tranexamic acid	Tranexamic acid medwich 500mg
				Tranic 500mg
	R36 200	Blood coagulation factors	Coagulation factor IX	Haemosolvex IX 500U
			Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
	R1 520	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg
				Ddavp nasal spray 5ml 0.1mg/1ml
Hyperlipidaemia	R235	Lipid modifying agents: Fibrates	Bezafibrate	Dyna-Bezafibrate SR 400mg
	Sandoz Bezafibrate 400mg			
	R105	Lipid modifying agents: Statins	Atorvastatin	Atolip 10mg; 20mg; 40mg; 80mg
				Atorvastatin Unicorn 10mg; 20mg; 40mg
				Atorvastatin-Winthrop 10mg; 20mg; 40mg
				Lipogen 10mg; 20mg; 40mg; 80mg

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hyperlipidaemia	R105	Lipid modifying agents: Statins	Simvastatin	Adco-Simvastatin 10mg; 20mg Adco-Simvastatin 40mg Austell-Simvastatin 10mg; 20mg Cipla-Simvastatin 10mg; 20mg; 80mg Michol 80mg Redicor 10mg; 20mg Redicor 40mg Simvacor 10mg; 20mg Simvacor 40mg Simvotin 10mg; 20mg Simzor 10mg; 20mg Simzor 40mg Zysim 10mg; 20mg; 40mg; 80mg
Hypertension	R110	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg Pharmapress co 20/12.5mg Lisinopril and diuretics
			Lisinopril	Adco-Zetomax co 10/12.5mg; 20/12.5mg Auro-Lisinopril co 10/12.5mg; 20/12.5mg Hexal-Lisinopril co 10/12.5mg; 20/12.5mg Lisinopril co Unicorn 10/12.5mg; 20/12.5mg Lisoletic 10/12.5mg; 20/12.5mg Lisozide 20/12.5mg
	R100	ACE inhibitors: plain	Captopril	Adco-Captomax 25mg; 50mg Bio-Captopril 25mg Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg Enap 5mg; 10mg; 20mg Envas 5mg; 10mg Hr-Enalapril 5mg; 10mg; 20mg
			Lisinopril	Austell-Lisinopril 10mg; 20mg Lysin 5mg; 20mg Simayla Lisinopril 10mg; 20mg Sinopren 5mg; 10mg; 20mg
			Perindopril	Acti-Prex 4mg Auro perindopril 4mg Cipla-Perindopril 8mg Ciplasyl 4mg; 8mg Pearinda 4mg; 8mg Ran-Perindopril 4mg
			Quinapril	Accumax 10mg; 20mg Quinagen 40mg
	R220	Alpha and Beta blocking agents	Carvedilol	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg Carvetrend 6.25mg; 12.5mg; 25mg Vediblok 6.25mg; 12.5mg; 25mg

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R115	Angiotensin II antagonists, Combinations: Losartan and diuretics	Losartan and diuretics	Ciplazar co 100/25mg
				Hytenza co 50/12.5mg
				Lohype Forte Plus 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losacar co 50/12.5mg
				Netrasol co 50/12.5mg
				Sartoc 100/25mg
	R115	Angiotensin II antagonists: Plain	Losartan	Zartan co 50/12.5mg
				Ciplazar 100mg
				Hytenza 100mg
				Spec-Losartan 100mg
	R125	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Zartan 100mg
				Adco-Doxazosin 1mg; 4mg
				Cardugen 1mg; 4mg
	R120	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
				Mylan Methyldopa 250mg
				Sandoz Methyldopa 250mg
	R25	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R75	Arteriolar smooth muscle agents: Hydrazino-phthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R170	Beta blocking agents: non-selective	Propranolol	Indoblok 10mg; 40mg
				Prodotol 10mg; 40mg
				Purbloka 10mg; 40mg
	R75	Beta blocking agents: selective	Atenolol	B-Block 50mg; 100mg
				Bio-Atenolol 50mg; 100mg
				Gulf Atenolol 50mg; 100mg
				Sandoz Atenolol 50mg; 100mg
				Tenopress 100mg
	R40	High-ceiling diuretics	Furosemide	Beurises 40mg
				Dino-Retic 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R20	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg
				Daptril 2.5mg
				Merck-Indapamide 2.5mg
	R90	Potassium sparing agents	Spironolactone	Aldactone 25mg
				Sandoz Spironolactone 25mg
				Spiractin 25mg
	R80	Potassium supplements	Potassium chloride	Plenish K 600mg
				Sandoz K-600 600mg
	R240	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg
				Adco-Zildem SR 180mg; 240mg
			Verapamil	Vasomil 40mg; 80mg
				Verahexal SR 240mg

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R170	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Almadin 5mg; 10mg
				Corvadil 5mg; 10mg
				Gulf Amlodipine 5mg; 10mg
				Indo Amlodipine 5mg
				Klodip 5mg
				Lomanor 5mg; 10mg
				Pharma Dynamics Amlodipine besylate 5mg; 10mg
				Felodipine Felodipine-Hexal 5mg; 10mg
				Nifedipine Adco-Vascard SR 20mg
				Cipalat Retard 20mg
				Nifedalat SR 20mg
Hypothyroidism	R35	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg
				Synthroid 50mcg; 88mcg; 100mcg; 112mcg
Multiple sclerosis	R65	Antidepressants: Tricyclics	Amitriptyline	Sandoz Amitriptyline 25mg
				Trepiline 10mg
				Interferon beta-1a Avonex pre-filled syringe 30mcg
	R9 900	Interferons	Interferon beta-1a	Rebif 22 pre-filled syringe 0.5ml 44mcg/1ml
				Rebif 44 pre-filled syringe 0.5ml 88mcg/1ml
				Interferon beta-1b Betaferon pre-filled syringe 1ml 9600000u/1ml
	R980	Muscle relaxants: Other centrally acting agents	Baclofen	Bio-Baclofen 10mg
				Teva Baclofen 10mg
	R10	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
Parkinson's disease	R225	Urinary antispasmodics	Oxybutynin	Trolic 5mg
				Lenditro 5mg
	R290	Anti-cholinergic agents: Tertiary Amines	Biperiden	Mylan Oxybutynin 5mg
				Akineton 2mg
	R635	Dopamine agonists	Ropinirole	Resure 0.25mg; 0.5mg; 1mg; 2mg; 5mg
				Parkilyne 5mg
	R580	Dopaminergic agents: Monoamine oxidase B inhibitors: Selegiline	Selegiline	Symadin 100mg
				Carbilev 25/100mg; 25/250mg
	R280	Dopaminergic agents: Adamantane derivatives	Adamantane derivatives	Sinemet 25/100mg; 25/250mg
				Teva Carbi-Levo 25/100mg; 25/250mg
Rheumatoid arthritis	R50	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg
				Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
				Sandoz Diclofenac 25mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
				Methocaps 25mg

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R50	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 7.5mg; 15mg
				Arrow Meloxicam 7.5mg
				Flexocam 7.5mg
			Piroxicam	Pyrocaps 20mg Roxifen 20mg
	R25	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Betaprofen FC 400mg
				Bren 400mg
				Ibu 200mg
				Ibucine 200mg; 400mg
				IBunate 200mg
	R80	Anti-rheumatic agents: Chloroquine	Chloroquine	Ranfen 400mg
				Plasmoquine 200mg
Schizophrenia	R315	Antidepressants: SSRIs	Citalopram	Aha Folic acid 5mg
				Be-Tabs Folic acid 5mg
				Folic acid 0.5mg
				Salazopyrin 500mg
				Salazopyrin EN 500mg
				Azamun 50mg
				Azathioprine pch 50mg
				Abitrexate 2.5mg
			Methotrexate	Methotrexate 2.5mg
				Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
			Escitalopram	Adco-Talomil 20mg
				Arrow Citalopram 20mg; 40mg
				Auro-Citalopram 20mg
				Austell-Citalopram 40mg
				Cilate 20mg
				Citalohexal 20mg
				Citalopram Actor 20mg
				Citalopram-Winthrop 20mg
			Fluoxetine	Aspen Escitalopram 10mg
				Citraz 10mg; 20mg
				Escitalopram Be-tabs 10mg; 20mg
				Zyтомил 10mg; 20mg
				A-Lennon Fluoxetine 20mg
				Fluoxetine Actor 20mg

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R315	Antidepressants: SSRIs	Paroxetine	Adco-Paroxetine 20mg
				Serrapress 20mg
			Sertraline	Austell-Sertraline 50mg; 100mg
				Serdep 50mg; 100mg
	R330	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Zylin 50mg
				Sandoz Carbamazepine 200mg
				Sandoz Carbamazepine CR 200mg; 400mg
	R90	Antipsychotics: Butyrophenone derivatives	Haloperidol	Sandoz Haloperidol 1.5mg; 5mg
	R980	Antipsychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
				Cloment 25mg; 100mg
	R580	Antipsychotics: Olanzapine	Olanzapine	Oleanz 5mg; 10mg
				Olexar 5mg; 10mg
				Redilanz 5mg; 10mg
	R330	Antipsychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R475	Antipsychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Quetoser 25mg; 100mg; 200mg; 300mg
				Serez 25mg; 100mg; 200mg; 300mg
	R620	Antipsychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
				Fluanxol depot 2ml 40mg
	R970	Other antipsychotics	Risperidone	Aspen Risperidone 4mg
	DRL-Risperidone 0,5mg; 1mg; 2mg			
	Perizal 0,5mg; 1mg; 2mg; 3mg			
	Rispacor 4mg			
	Risperidone Hexal 3mg			
	Rutra 3mg; 4mg			
	Schizorol 0.5mg; 1mg; 2mg			
	Zoxadon 0.5mg; 1mg; 2mg			
Systemic lupus erythematosus (SLE)	R50	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg
				Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
				Sandoz Diclofenac 25mg
	R50	Anti-inflammatory agents: Oxicams	Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
				Methocaps 25mg
			Meloxicam	Adco-Meloxicam 7.5mg; 15mg
				Arrow Meloxicam 7.5mg
	R25	Anti-inflammatory agents: Propionic acid derivatives		Flexocam 7.5mg
		Piroxicam	Pyrocaps 20mg	
			Roxifen 20mg	
		Ibuprofen	Betaprofen 200mg	
			Betaprofen FC 400mg	
			Bren 400mg	
			Ibu 200mg	
			Ibucine 200mg; 400mg	
			Ibunate 200mg	
			Ranfen 400mg	

Prescribed Minimum Benefit condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R80	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R70	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R20	Aspirin	Acetylsalicylic acid	Aspirin 300mg
				Be-Tabs Aspirin (white) 300mg
				Gulf Aspirin 300mg
	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	R5	Folic acid and derivatives	Folic acid	Aha Folic acid 5mg
				Be-Tabs Folic acid 5mg
				Folic acid 0.5mg
	R565	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine pch 50mg
Ulcerative colitis	R60	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
				Methotrexate 2.5mg
				Be-Tabs Prednisone 5mg
	R10	Systemic corticosteroids: Prednisone	Prednisone	Panafcort 5mg
				Trolic 5mg
				Repivate cream 0.1%
	R25	Topical corticosteroids: Group III	Betamethasone	Topivate cream 0.1%
				Vari-Betamethasone cream 0.1%
				Aha Folic acid 5mg
	R650	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Be-Tabs Folic acid 5mg
				Folic acid 0.5mg
				Asacol 400mg; 500mg; 800mg
			Olsalazine	Pentasa 500mg; 1000mg
				Salofalk 500mg; 1000mg
	R2 165	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Dipentum 250mg
				Salazopyrin 500mg
				Salazopyrin EN 500mg
	R565	Other immuno-suppressive agents: Azathioprine	Azathioprine	Entocord enema
				Azamun 50mg
				Azathioprine pch 50mg
	R60	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
				Methotrexate 2.5mg
				Be-Tabs Prednisone 5mg
	R10	Systemic corticosteroids: Prednisone	Prednisone	Panafcort 5mg
				Trolic 5mg