

CONTRIBUTION INCREASE 2026

All contribution and benefit changes are subject to approval by the Council for Medical Schemes.

COMPREHENSIVE OPTION

BENEFIT OPTION	INCOME	MAIN MEMBER			ADULT DEPENDANT			CHILD DEPENDANT			WEIGHTED AVERAGE INCREASE
		2025	2026	Increase	2025	2026	Increase	2025	2026	Increase	
COMPREHENSIVE OPTION	R0 - R3 999	R3 873	R4 010	3,5%	R3 092	R3 234	4,6%	R1 042	R1 177	13%	4,9%
	R4 000 - R5 499	R4 089	R4 234		R3 302	R3 454		R1 110	R1 254		
	R5 500 - R6 999	R4 320	R4 473		R3 518	R3 680		R1 214	R1 372		
	R7 000 - R7 999	R4 545	R4 706		R3 617	R3 783		R1 324	R1 496		
	R8 000 - R8 999	R4 781	R4 950		R3 819	R3 995		R1 384	R1 564		
	R9 000 - R9 999	R5 046	R5 225		R4 001	R4 185		R1 454	R1 643		
	R10 000 - R10 999	R5 296	R5 483		R4 203	R4 396		R1 583	R1 789		
	R11 000+	R5 582	R5 780		R4 431	R4 635		R1 670	R1 887		

CLASSIC OPTION

BENEFIT OPTION	INCOME	MAIN MEMBER			ADULT DEPENDANT			CHILD DEPENDANT			WEIGHTED AVERAGE INCREASE
		2025	2026	Increase	2025	2026	Increase	2025	2026	Increase	
CLASSIC OPTION	R0 - R3 999	R3 009	R3 078	2,3%	R2 298	R2 463	7,2%	R840	R941	12%	4,9%
	R4 000 - R5 499	R3 184	R3 257		R2 464	R2 641		R934	R1 046		
	R5 500 - R6 999	R3 355	R3 432		R2 622	R2 811		R998	R1 118		
	R7 000 - R7 999	R3 529	R3 610		R2 690	R2 884		R1 092	R1 223		
	R8 000 - R8 999	R3 721	R3 807		R2 840	R3 044		R1 164	R1 304		
	R9 000 - R9 999	R3 912	R4 002		R2 984	R3 199		R1 211	R1 356		
	R10 000 - R10 999	R4 121	R4 216		R3 144	R3 370		R1 321	R1 480		
	R11 000+	R4 330	R4 430		R3 307	R3 545		R1 368	R1 532		

STANDARD OPTION

BENEFIT OPTION	INCOME	MAIN MEMBER			ADULT DEPENDANT			CHILD DEPENDANT			WEIGHTED AVERAGE INCREASE
		2025	2026	Increase	2025	2026	Increase	2025	2026	Increase	
STANDARD OPTION	R0 - 3 999	R1 891	R2 021	6,9%	R1 312	R1 403	6,9%	R431	R461	7,0%	6,9%
	R4 000 - 5 499	R1 980	R2 117		R1 382	R1 477		R486	R520	7,0%	
	R5 500 - 6 999	R2 076	R2 219		R1 549	R1 656		R601	R642	6,8%	
	R7 000 - 7 999	R2 233	R2 387		R1 856	R1 984		R778	R832	6,9%	
	R8 000 - 8 999	R2 233	R2 387		R1 856	R1 984		R778	R832	6,9%	
	R9 000 - 9 999	R2 233	R2 387		R1 856	R1 984		R778	R832	6,9%	
	R10 000 - 10 999	R2 233	R2 387		R1 856	R1 984		R778	R832	6,9%	
	R11 000+	R2 239	R2 393		R1 860	R1 988		R779	R833	6,9%	